

Code of Conduct 19-20

“A COMMITMENT TO EXCELLENCE”

Seahawk Tent – Homecoming 2019 October 11th



Concession Stand



Stencils



Softball – Under Lights



Follow on Instagram

▶ @cshboosterclub

“A Commitment to Excellence”

- ▶ Preparation + Hard Work = Success
- ▶ School, Athletics – Most Important Life

CSH Athletics



County
Champions



Long Island
Champions

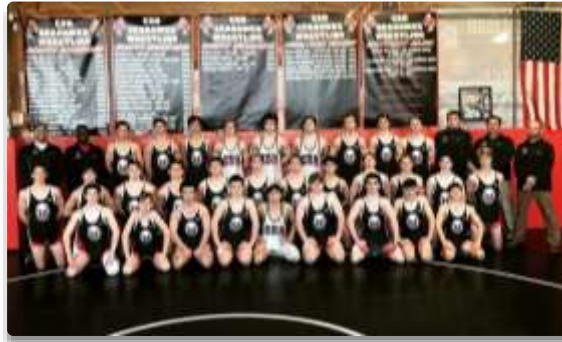


Teamwork at its
Best

Positive Culture



Amazing – Community Comes together



County Champions



State Champion

Dedication



County
Champions



County
Champions



Everyone has to
work together

Confidence



State
Championships



Earning a trip to
the States



County Champion

Preparation



Nassau County
Champions



Nassau County
Champions



NYS Back to Back
Champions

Scholar Athletes and Team Bonding



Meaning of Sportsmanship

All Stake Holders - Conduct

Respect for one's opponent, Officials, Fans etc...

Graciousness in winning or losing

Upholding the Integrity of the Game

Who Teaches Sportsmanship

- Parents
- Coaches
- Teachers
- Administrators
- Student-Athletes

Always Remember

- ▶ Watch your thoughts, for they become words.
- ▶ Watch your words, for they become actions.
- ▶ Watch your actions, for they become habits.
- ▶ Watch your habits, for they become character.
- ▶ Watch your character, for it becomes your destiny

Amazing Display of Sportsmanship

▶ <https://www.youtube.com/watch?v=5erBZrhYx94>

Respect

- ▶ Respect is having a regard for other people and their lives; it is showing those around us compassion and empathy. Children who show respect will find they are successful in all aspects of life.
- ▶ The sports environment is a great place to grow and establish respect. While involved in sports, your child will learn the importance of respecting their teammates, coaches, opponents and spectators.

Teammates and Coaches

- ▶ **Teammates:** Sports teach children sportsmanship and how to be happy for their peers. It's not all about them and their success; it's also about being positive and celebrating the accomplishments of others.
- ▶ **Coaches:** Reflective, ability to listen to others on staff, athlete leaders will lead to success. The ability to communicate and provide constructive criticism, demand accountability, and have a true passion for the game. Growth, improvement and success will follow.

Opponents and Spectators

- ▶ **Opponents:** Being kind to those who oppose you can be difficult. This is a skill taught through sports. You will learn how to lose graciously and win modestly. You will be taught how to be kind to others even when it's hard.
- ▶ **Spectators:** Must have the ability to respect opponents, officials and coaches. One of the most valuable things that we must role model is to be respectful even when others don't show the same respect.
- ▶ **We hold ourselves to a higher standard of excellence.**

Accepting Responsibility

- ▶ You cannot be successful at a sport without respect. In order to progress, an athlete must be open to the suggestions and criticism of his or her coach. Instead of coming up with excuses and tearing down teammates, a successful athlete takes ownership of his or her actions and learns from them. It is for this reason that athletes make amazing role models for children.

Expectations

- ▶ Behave in a manner that brings credit to the school, program, and/or team.
- ▶ **Set a positive example by living a healthy lifestyle that includes refraining from the use and/or possession of alcohol, tobacco/Vaping products and all forms of illegal drugs.**
- ▶ **Take steps to prevent and not participate in any type of hazing or related initiation ceremony.**
- ▶ Respect fellow teammates and others during the school day or at school-sponsored events whether on or off school property.

Accountability

- ▶ **If accountability is what helps a team achieve it's goal, then consequences for lack of accountability is where your season is won or lost.** Every action has a corresponding consequence. Good or bad, the athletes need to know the entire menu of consequences for their actions.
- ▶ Including: Academics, Behavior in and out of school, practice and games

Time Management

- ▶ Start your day with a clear focus
- ▶ Structure – all facets of your life
- ▶ Family
- ▶ School
- ▶ Athletics

We are ALL in this Together

- ▶ Family
- ▶ Teachers
- ▶ Counselors
- ▶ Administrators
- ▶ Coaches
- ▶ Teammates – opportunity to speak with other student-athletes

Essential Life Skills

- ▶ **Effort** - This is defined as giving it everything you have in both practice and games. Effort can overcome the lack of talent in many cases. A player who gives 100% effort is said to have heart. Life lesson: Give your best no matter what and you cannot question yourself in the end.
- ▶ **Hard work** - It is the preparation you put into becoming a better player before the game is played. This includes strength and endurance training, individual practice time, and film study. Life lesson: Preparation is the key to success. If you work hard to prepare, mistakes are less likely to occur.

Essential Life Skills Continued

- ▶ **Self-discipline** - It is the ability to maintain and carry out the role the coaches have determined within the game plan. This includes understanding your own individual strengths and weaknesses. Life lesson: Stay on task to get the job done no matter what distractions there may be.
- ▶ **Teamwork** - This is the ability to work with others to complete a goal successfully. A team will only be successful if each individual fulfills their role. Life lesson: Working with others is an essential part of being successful. Doing your own thing can be detrimental and lead to many problems.

Communication

- **Email Blasts through the School District**
- **Sportspak – Schedule information**
- **Schedule Star – Information on district website**
- **District Website – Weekly Schedule will be posted**
- **Social Media – Facebook, Twitter, and Instagram**
 - **@cshathletics**



“Sports do not build Character, they reveal it”

HAYWARD HALE BRAUN