



# Goosehill Primary School

Weekly Notes- October 18, 2013



Dear Parents,

One of the primary goals of instruction in kindergarten and first grade is to develop our students' literacy skills. The ability to read and express ideas in writing is integral to their success in all areas. The new NYS Common Core Learning Standards represent high expectations for achievement in K-12 English Language Arts and our teachers provide enriching instruction every day to ensure that our students achieve at high levels.

The teachers and I are committed to helping you support your child's efforts by providing you with as much information about his/her school experience as possible. Teachers send home examples of student work and information about the skills your child is learning. Information and tips for parents are posted on teacher websites and workshops for parents are offered regularly. We hope that you find our communication to be helpful. We welcome your ideas for additional ways we can support you.

Next Friday, I will be conducting a workshop for parents on ways to support your child's development as a reader. (Some of the ideas were presented at the last GPFA meeting, but we'll go into more depth and have time to share ideas next week.) Here are some of the ideas and tips that will be shared and discussed:

- Children need to develop the ability to hear and manipulate the sounds in spoken words in order to be able to read and write. Parents can support their children's ability to do this by reading **nursery rhymes and poetry** to them. Rhyming games and tongue twisters also help children hear the sounds in words.
- All children need to derive **pleasure** from reading. When a reader struggles over many words in a text, it becomes a chore to read. Readers need to read lots of "comfortable" books to develop their capacity to read fluently and with comprehension. Pushing readers to read "challenging" books may actually cause them to develop bad habits, such as focusing solely on getting the words right without understanding the story or information they're reading.
- Beginning readers are not able to "sound out" many of the words they encounter in grade level books. Kindergarten and first grade readers are *expected* to use the sounds of the first letter (or first few letters) along with the PICTURES to help them when they encounter an unknown word. Compliment your child for using the pictures and thinking about what word would make sense in the sentence. It is what s/he is SUPPOSED to do!
- When parents listen to their children read aloud, it is important for them NOT to jump in to correct their mistakes. Instead, parents should simply say, "***Did that sound right?***" or "***Did that make sense?***" In this way, parents will help children develop an important reading skill: the ability to self-monitor and self-correct.
- Finally, parents have the power to positively influence their children's development in reading by **reading aloud to them on a regular basis**. I will offer another workshop on comprehension strategies and getting the most out of reading aloud to your children in November.

I hope to see you on Friday, October 25<sup>th</sup> at 9:30 for a discussion of these ideas and more!

Warm regards,  
Lynn Herschlein

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(notices you can access at our website and read/print from home)

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### **Important Information about our new Parent Portal**

Beginning this year, report cards and student attendance records will be accessible to parents through the school district website. Please register for the portal by clicking on the link on the Quick Links section (left side) of the CSH School District home page. ([www.csh.k12.ny.us](http://www.csh.k12.ny.us)) Additional information can be found in the notice included in the Table of Contents above.

### **Email ListServ**

In order to be able to communicate with parents via email, it is important that all families register on the School District website. While you are registering for the portal, please register to receive these notes and other information via email! Click on Email SignUp in the Quick Links section and complete the registration form. Be sure to subscribe to the Goosehill Primary School ListServ.

### **Nutrition**

In recognition of *National Farm to School Month*, your child received a vegetable trading card courtesy of our Director of Food and Nutrition, Mrs. Tiger, and our Food Service Staff Members, Mrs. Colletta and Ms. Farriello. The cards are designed to provide interesting facts about fruits and vegetables to our students. Look for Fresh Long Island Produce on our school menu and in your local stores and please encourage your children to try new fruits and vegetables.

### **Information from the Health Office**

During the colder months, there can be an increase in the number of cases of head lice. In order to prevent this, please remind your child to avoid head-to-head contact and sharing hairbrushes, hats, helmets, scarves, ribbons, barrettes, or hair bands with other children.

### **School Hours**

If you need to drive your child to school, please be sure s/he arrives on time. Students are marked *tardy* if they arrive after 8:30 a.m.

### **School Safety**

When picking up students at 3:00 p.m., parents must park in the parking lot before entering the building. **For safety reasons**, please do not leave your car in the circle or in the bus lanes. These areas must be kept clear of traffic in order to allow the buses to travel in and out of the school safely.

### **Notes from the GPFA**

Save the date for the GPFA's Parents Night Out on November 14th at 7pm. Place and details to follow soon.

Thanks to all who attended the FOCUS meeting on Thursday.

A reminder that lunch duty sign-up is up and running thanks to Regina Schneider and Chrissie Tuohy. If you missed Mrs. Herschlein's lunch duty meeting, there will be another one on Monday, October 21<sup>st</sup> at 9:30 am.

Please keep collecting box tops. Our goal is for each child to bring in 50 box tops by February.



Cold Spring Harbor Schools

# Parent Portal Now Available For All Grades

***The portal is the only place to see NYS Grade 3-8 Test Results***

Dear Parent or Guardian:

The Cold Spring Harbor school district has extended access to our electronic parent portal to parents of all students.

## **What information will I have access to?**

Different grade levels have access to different information.

**Grades K through 3** – Report cards and attendance

**Grades 4 through 6** – Report cards, attendance and results for prior year's New York State standardized tests in ELA and Math, as well as Science (last year's grade 4)

**Grades 7 and 8** – Student schedules, attendance, progress reports, report cards, teacher grade books and results for prior year's New York State standardized tests in ELA and Math

**Grades 9 through 12** – same as 7 and 8, and unofficial transcripts.

## **How can I apply for access to the portal?**

Note that if you already have an account (because you have a student in the Jr/Sr High) there is no need to create another. You can see all your children's information from your existing account.

You can apply for an account online by visiting our website at

[www.csh.k12.ny.us](http://www.csh.k12.ny.us) and selecting Parent Portal on the left.

When applying online, you will need to have the following information handy:

- Parent/Guardian Name (apply using one parent's name only; you can create separate accounts for each parent if you like)
- Student Name
- Student ID Number (can be found on schedule/progress report/report card – this is the same as your child's lunch ID number)
- Student Grade Level
- School

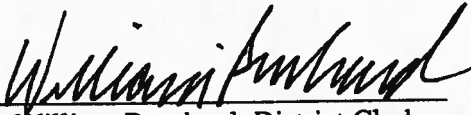
We hope you find this system helpful in staying informed of your child's progress.

**COLD SPRING HARBOR CENTRAL SCHOOL DISTRICT**  
*75 Goose Hill Road, Cold Spring Harbor, NY 11724*

**\*\* PLEASE POST \*\***

Please be advised that a special meeting of the Board of Education will take place on October 29, 2013, at 6:00 p.m. at the Francis Roberts Community Center, at which time the Board of Education may consider a motion to adjourn to Executive Session to discuss matters appropriate for Executive Session. If no such motion is adopted, the meeting will recess until 7:30 p.m.

At 7:30 p.m. the Board of Education will reconvene its public meeting and workshop to discuss Board Agenda items appropriate for Public Session, pursuant to the Open Meetings Law.

  
William Bernhard, District Clerk

# From the Cold Spring Harbor Library Children's Dept

## Create Your Own Video Game Workshops

Session 1: Tuesday, October 15

Session 2: Thursday, October 24th

For children in grades 5-8

4:30 p.m. - 6:00 p.m.

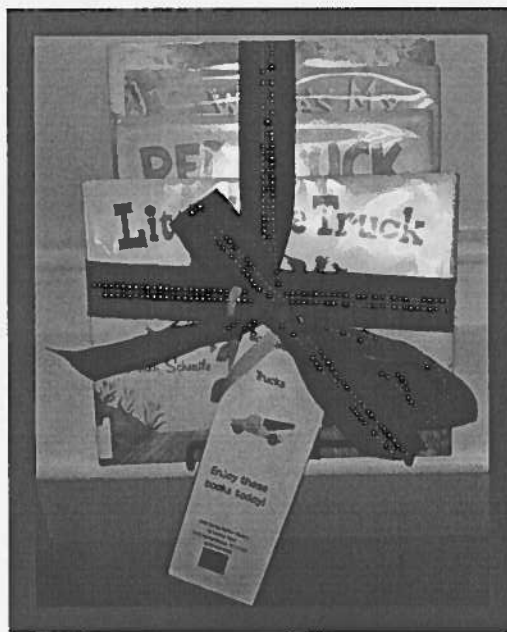


**Learn the language of the computer in these programming workshops. Attend one or both sessions! Create a video game that you can actually play. Registration is required and space is limited. Reserve your spot today!**

Cold Spring Harbor Library  
95 Harbor Road  
Cold Spring Harbor, NY 11724  
[www.cshlibrary.org](http://www.cshlibrary.org)  
631-692-6820

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# *CHECK OUT OUR NEW BOOK BUNDLES!*



Book Bundles are preselected titles on fun and exciting topics for your preschooler to enjoy.

The bookmark is yours to keep!

Cold Spring Harbor Library  
95 Harbor Road  
Cold Spring Harbor, NY 11724  
[www.cshlibrary.org](http://www.cshlibrary.org) 631-692-6820



# The Flu:

## A Guide For Parents

### FLU INFORMATION

#### What is the flu?

Influenza (the flu) is an infection of the nose, throat, and lungs caused by influenza viruses. There are many different influenza viruses that are constantly changing. They cause illness, hospital stays and deaths in the United States each year.

The flu can be very dangerous for children. Each year about 20,000 children younger than 5 years old are hospitalized from flu complications, like pneumonia.

#### How serious is the flu?

Flu illness can vary from mild to severe. While the flu can be serious even in people who are otherwise healthy, it can be especially dangerous for young children and children of any age who have certain long term health conditions, including asthma (even mild or controlled), neurological and neurodevelopmental

conditions, chronic lung disease, heart disease, blood disorders, endocrine disorders (such as diabetes), kidney, liver, and metabolic disorders, and weakened immune systems due to disease or medication. Children with these conditions and children who are receiving long-term aspirin therapy can have more severe illness from the flu.

#### How does the flu spread?

Most experts believe that flu viruses spread mainly by droplets made when people with the flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might get the flu by touching something that has flu virus on it and then touching their own mouth, eyes or nose.

#### What are the symptoms of the flu?

Symptoms of the flu can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue and sometimes vomiting and diarrhea. Some people with the flu will not have a fever.

#### How long can a sick person spread the flu to others?

People with the flu may be able to infect others by shedding virus from 1 day before getting sick to 5 to 7 days after. However, children and people with weakened immune systems can shed virus for longer, and might be still contagious past 5 to 7 days of being sick, especially if they still have symptoms.

### PROTECT YOUR CHILD

#### How can I protect my child against the flu?

To protect against the flu, the first and most important thing you can do is to get a flu vaccine for yourself and your child.

- ▶ Vaccination is recommended for everyone 6 months and older.
- ▶ It's especially important that young children and children with long term health conditions get vaccinated. (See list of conditions under "How Serious is the Flu?")
- ▶ Caregivers of children with health conditions or of children younger than 6 months old should get vaccinated. (Babies younger than 6 months are too young to be vaccinated themselves.)
- ▶ Another way to protect babies is to vaccinate pregnant women because research shows that this gives some protection to the baby both while the woman is pregnant and for a few months after the baby is born.

A new flu vaccine is made each year to protect against the flu viruses that research indicates are most likely to cause illness during the next flu season. Flu vaccines are made using strict safety and production measures. Over the years, millions of flu vaccines have been given in the United States with a very good safety record.



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention



## Is there a medicine to treat the flu?

Antiviral drugs can treat flu illness. They can make people feel better and get better sooner and may prevent serious flu complications, like pneumonia, for example, that can lead to hospitalization and even death. These drugs are different from antibiotics, but they also need to be prescribed by a doctor. They work best when started during the first 2 days of illness. It's very important that antiviral drugs be used early to treat the flu in people who are very sick (for example people who are in the hospital) or people who are at greater risk of having serious flu complications. Other people with flu illness may also benefit from taking antiviral drugs. These drugs can be given to children and pregnant women.

## What are some of the other ways I can protect my child against the flu?

In addition to getting vaccinated, take – and encourage your child to take – everyday steps that can help prevent the spread of germs.

This includes:

- ▶ Stay away from people who are sick.
- ▶ If your child is sick with flu-like illness, try to keep him or her in a separate room from others in the household, if possible.
- ▶ CDC recommends that your sick child stay home for at least 24 hours after his or her fever is gone except to get medical care or for other necessities. The fever should be gone without the use of a fever-reducing medicine.
- ▶ Cover coughs and sneezes with a tissue. Throw the tissue in the trash after it has been used.
- ▶ Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- ▶ Avoid touching your eyes, nose and mouth. Germs spread this way.
- ▶ Keep surfaces like bedside tables, surfaces in the bathroom, kitchen counters and toys for children clean by wiping them down with a household disinfectant according to directions on the product label.



These everyday steps are a good way to reduce your chances of getting all sorts of illnesses, but a yearly flu vaccine is always the best way to specifically prevent the flu.

## IF YOUR CHILD IS SICK

### What can I do if my child gets sick?

**Talk to your doctor early if you are worried about your child's illness.**

If your child is 5 years and older and does not have other health problems and gets flu-like symptoms, including a fever and/or cough, consult your doctor as needed and make sure your child gets plenty of rest and drinks enough fluids.

If your child is younger than 5 years (and especially younger than 2 years) or of any age with a long term health condition (like asthma, a neurological condition, or diabetes, for example) and develops flu-like symptoms, they are at risk for serious complications from the flu. Ask a doctor if your child should be examined.

### What if my child seems *very* sick?

Even children who have always been healthy before or had the flu before can get very sick from the flu.

Call for emergency care or take your child to a doctor right away if your child of any age has any of the warning or emergency signs below:

- ▶ Fast breathing or trouble breathing
- ▶ Bluish or gray skin color
- ▶ Not drinking enough fluids (not going to the bathroom or not making as much urine as they normally do)
- ▶ Severe or persistent vomiting
- ▶ Not waking up or not interacting
- ▶ Being so irritable that the child does not want to be held
- ▶ Flu-like symptoms improve but then return with fever and worse cough
- ▶ Has other conditions (like heart or lung disease, diabetes, or asthma) and develops flu symptoms, including a fever and/or cough.

### Can my child go to school, day care or camp if he or she is sick?

No. Your child should stay home to rest and to avoid giving the flu to other children or caregivers.

### When can my child go back to school after having the flu?

Keep your child home from school, day care or camp for at least 24 hours after their fever is gone. (Fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C) or higher.

For more information, visit [www.cdc.gov/flu](http://www.cdc.gov/flu) or [www.flu.gov](http://www.flu.gov) or call 800-CDC-INFO



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*Residents and Their Furry Friends are Invited to the 2nd Annual*

# PAWS 2 LOVE PET ADOPTION FESTIVAL & BENEFIT



*In Loving Memory of Esther Samuels*

*Sponsored by:*

*Manetto Hill Animal Hospital  
& the Town of Oyster Bay*

## Sunday, October 27th 11am to 3pm

at the Manetto Hill Animal Hospital & Paw Seasons Hotel & Day Spa  
122 Manetto Hill Road, Plainview



- \*Live Musical Entertainment
- \*Vendors
- \*Children's Activities
- \*Pet Exhibitions
- \*Food
- \*Great Raffles

122 Manetto Hill Road  
Plainview, NY 11803

[WWW.MANETTOHILLANIMALHOSPITAL.COM](http://WWW.MANETTOHILLANIMALHOSPITAL.COM)  
[WWW.PAWSEASONSHOTEL.COM](http://WWW.PAWSEASONSHOTEL.COM)

Town Supervisor  
**JOHN VENDITTO**  
TOWN BOARD

Joseph D. Muscarella  
Chris J. Coschignano  
Rebecca M. Alesia  
Town Clerk  
James Altadonna Jr.



Anthony D. Macagnone  
Joseph G. Pinto  
Michele M. Johnson  
Receiver of Taxes  
James J. Stefanich

[www.oysterbaytown.com](http://www.oysterbaytown.com)

Sunday, October 27, 2013 · 3 - 7pm

Unitarian Universalist Fellowship of Huntington  
109 Browns Road, Huntington, NY



Vegan  
Halloween  
Costume Party  
& Art Auction

Live Music • Art Auction

Costume Contest • Vegan Goodies

Fun Games • Fabulous Prizes

**FREE Admission!**

Join Karuna For Animals for a howling good time at our Vegan Halloween Costume Party & Art Auction! This is our last fundraiser of the year, and a wonderful opportunity to have some fun while supporting a great cause. All artwork must go! Each piece will go to the highest bidder, or to the best offer made on any unclaimed piece. (Cash or check only, please.) Costume strongly encouraged - the more creative, the better! Admission to the event is FREE!

All proceeds benefit:



KARUNA for ANIMALS  
*compassion in action, inc.*

[www.karunaforanimals.com](http://www.karunaforanimals.com)



# Open House

**Cold Spring Harbor Fire Department**

**When: Sunday, October 20, 2013**

**Where: The park across from the firehouse**

**Time: 10:00 am—1:00 pm**

- Learn about fire safety
- Check out the fire trucks
- Watch a “Jaws of Life” demonstration!
- Grab some popcorn!!

# COLD SPRING HARBOR YOUTH LACROSSE



**REGISTRATION NOW OPEN  
FOR SPRING 2014**

**Boys 2<sup>nd</sup>-6<sup>th</sup> Grade Travel  
Girls 3<sup>rd</sup>-6<sup>th</sup> Grade Travel**

**\*Registration Closing  
OCTOBER 31<sup>st</sup>**

**Register TODAY!!**

**Go to [cshlax.com](http://cshlax.com)**

**\*All late registrants for travel will be charged \$100 late fee.  
K-1 Boys and K-2 Girls non-travel registration will remain open.**