

# The Friday Notes

Our 226<sup>th</sup> Season  
June 17, 2016

## Principal's Corner

While the school year is winding down, this week felt anything but slow. Our week began with a field trip to Stony Brook University. Members of our Journalism Club met with members of their Journalism Department for a news literacy presentation. Thank you to Ms. Kleiner and Dr. Ryan for making this trip happen. Sixth graders met up with their peers from Lloyd Harbor and the current seventh graders with their first official function at the junior high school, the Unity Dance. Special thanks to Mr. Monastero for setting up this opportunity for our kids. On Tuesday, our second graders performed in Symbols of America at the PAC. They taught audience members about the history of our country which included the Liberty Bell and Statue of Liberty. Thank you to all of our parents who came out in support of this event. An abbreviated encore presentation took place Thursday morning for the rest of our West Side family, the students. On Wednesday, members of our student council senior staff along with band and orchestra members took a trip to Atria Senior Living in Plainview. Students performed and also brought games for community members to play with their grandchildren when they visit. On Thursday, our sixth graders took a trip to the PAC to rehearse for their graduation ceremony which is Monday at 10:00 AM. They are looking forward to their final event as West Siders. Finally, third graders welcomed students and parents to their annual Poetry Café and our 5<sup>th</sup> graders read their speeches to students and faculty members on Friday. Congratulations to all! A celebration of reading and writing seems a fitting way to end the week!

## 6<sup>th</sup> Grade Graduation

Our 6<sup>th</sup> grade Moving-Up Ceremony will take place Monday, June 20<sup>th</sup> at 10:00 AM at the PAC. Students should arrive at 9:30 AM. Doors will open for seating at 9:30 AM.

## Awards Ceremony

Please note that our awards ceremony is scheduled for the morning of June 21<sup>st</sup>. This event is for staff and students only. Parents of students who will be receiving the Sandy Limmer Award (6<sup>th</sup> grade) will be notified in advance to attend. Thank you for our understanding.



## West Side Organic Garden

Our West Side Organic Garden is starting up this week. We are asking families to sign up for a week during the summer months to tend and water the garden. You will be able to take home and cook the veggies that are ready for picking and use the herbs from the garden for your cooking. Please consider signing up for a week. It is a wonderful bonding experience! It doesn't require much time but we do need families that are willing to come every day, especially if there is no rain in the forecast, so the garden can flourish and produce an abundant amount of veggies for every family who signs up to enjoy. You may share the responsibility with another family to ensure that the garden is being checked on every day. Please contact Suzi Berg [suzi@seattlebergs.com](mailto:suzi@seattlebergs.com)

Also, if you have time this week to help us get the garden started please reach out to Suzi as well. In order to continue this tradition we need volunteers and families to sign up. Please contact Suzi Berg today!

## Field Day

Field Day was a great success this year. Thank you to Mr. Yost for organizing the festivities and getting the fun obstacle course for the kids to enjoy. Many thanks to Ana Shammah, Mr. Marc L'Hommedieu, Mr. John Trotter and Annmarie Tighe for their help in setting up, cleaning up and GRILLING! Thank you to all the teachers and staff who helped make it a great event. Thank you also to the parent volunteers who helped out serving the lunch and donated waters, Katie Zarboutis, Michelle Rampi, Susan Goldstein, Jenean Ketterer, Melissa Thompson, Dana Lynch, Kristyn Mulada, Deborah Roberts, Maryann Lombardo, Julie Gray and Marilena DiScala.

### **School Supplies**

Buy Next Year's School Supplies! We have teamed up with A.Hartz Pack To School again to offer you online ordering of school supply packets for the 2016-2017 school year! This hassle-free program saves you time and money and guarantees that your child(ren) will have all the teacher-approved school supplies needed for the new school year. To order your packet(s), click on the link below to select your school district, school and grade(s) for next school year. It's that easy! Get your orders in by June 22nd!

**Be sure to buy your PTG dues when you order. You need to order 1 PTG dues per family, per school where you have children attending for your order to be processed. If all of your children attend the same school then only one dues payment is required per family.** <http://www.ahartzpacktoschool.com/>

Please feel free to call with any questions: Jill DeMarco, 917-912-5102, [jed1273@yahoo.com](mailto:jed1273@yahoo.com)

### **Yearbook**

Yearbooks are almost SOLD OUT! There are a few yearbooks remaining for purchase. If you are interested in purchasing a yearbook, please see Mrs. Buttacavoli at the main office with a check payable to WSS-PTG for \$30.

### **6<sup>th</sup> Grade Graduation**

Monday, June 20<sup>th</sup> @10am is the 6<sup>th</sup> grade graduation ceremony at the PAC. Following the ceremony will be the Graduation Party being held at the Harbor Club at Prime from 12-3pm!

### **Theater Arts – 5<sup>th</sup> and 6<sup>th</sup> Grade**

The West Side School Theater Association is so excited to announce our play for next school year: Fiddler on the Roof! Auditions for the play are open to all students who will be in 5<sup>th</sup> and 6<sup>th</sup> grade next September. **\*\*All students get a part!** We are also thrilled to have Eliana Lichtman (director) and Chris McKee (musical director) back for the fourth straight year! *Eliana will be getting the script shortly and cannot wait to start working on it! There will be a meeting at the beginning of the school year to formally introduce the WSSTA board members along with Eliana and Chris and sign up/registration sheets will go out to all students.* Auditions will take place in mid-September and rehearsals begin shortly after that on Tuesdays and Thursdays from approximately 3:30-5:30pm. The show will take place in the PAC at the High School on Dec 10<sup>th</sup> at 7pm and Dec 11<sup>th</sup> at 2pm. All other dates and times for the above will be announced at the beginning of the school year. Any questions PLEASE feel free to ask (my contact info is below.) Until then, we will continue the "tradition" in September! –Ellis Adler [oldandnewellis@aol.com](mailto:oldandnewellis@aol.com)

### **Upcoming Events**

<b>6<sup>th</sup> Grade Moving-Up Ceremony</b>	Monday, June 20 <sup>th</sup> at 10:00 AM at the PAC
<b>4<sup>th</sup> Grade Teaming Meeting</b>	Monday, June 20 <sup>th</sup> at 2:20 PM (For those who cannot attend on June 17 <sup>th</sup> )
<b>Noon Dismissal</b>	Tuesday, June 21 <sup>st</sup>
<b>Noon Dismissal</b>	Wednesday, June 22 <sup>nd</sup>
<b>Last Day of School – 10:30 Dismissal</b>	Thursday, June 23 <sup>rd</sup>
<b>Grades Available on Parent Portal</b>	Friday, June 24 <sup>th</sup> after 5:00 PM

### **Attachments from the School**

<b>Page 3</b>	Last Week of School Schedule	<b>Page 9</b>	Lasting Legacy Field Hockey
<b>Page 4</b>	Winter School Musical Flyer	<b>Page 10</b>	CSH BOE
<b>Page 5</b>	CSH Audit Committee	<b>Page 11</b>	PAL Kids Dek Hockey
<b>Page 6</b>	Summer Science	<b>Page 12</b>	Summer Reading Club
<b>Page 7</b>	Summer Science	<b>Pages 13 – 16</b>	Seahawks Sports Camp
<b>Page 8</b>	CSH Public Library		

## Schedule for Last Week of School

Mon, June 20<sup>th</sup> Full day of school for grades K – 6

Tues, June 21<sup>st</sup> Noon dismissal (No lunch served)

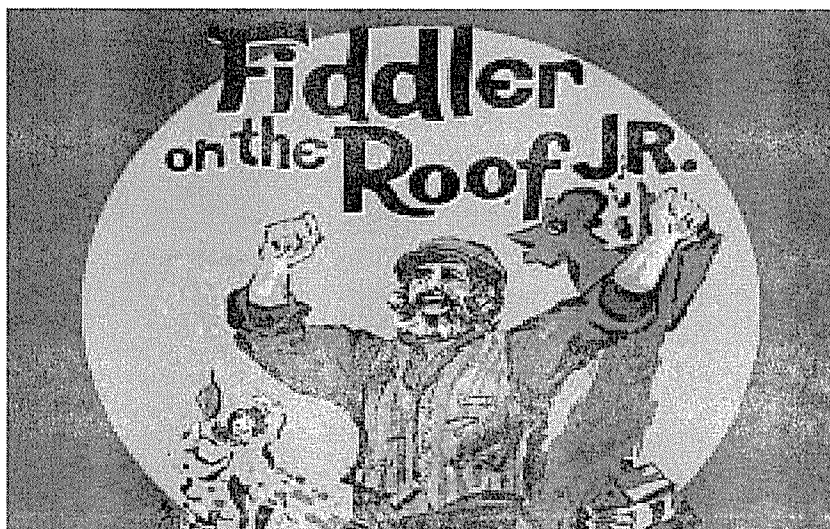
Wed, June 22<sup>nd</sup> Noon dismissal (No lunch served)

Thurs, June 23<sup>rd</sup> Last day of school – 10:30 dismissal  
(No lunch served)

# Fiddler on the Roof



**THE WSSTA IS PLEASED TO ANNOUNCE  
THAT WE WILL BE PRODUCING OUR ANNUAL  
MUSICAL DURING THE FALL SEASON NEXT  
YEAR! THE SHOW WILL BE:**



**ATTENTION ALL  
RISING 5<sup>TH</sup> AND  
6<sup>TH</sup> GRADERS AND  
THEIR PARENTS:**

**Performance  
Dates: December  
10<sup>th</sup> at 7pm and  
11<sup>th</sup> at 2pm, 2016.**

**Weekly rehearsals  
will be on  
TUESDAYS and  
THURSDAYS after  
school.**

**Registration and  
Auditions will be  
in SEPTEMBER.  
Ms. Eliana Lichtman  
will again be our  
fabulous director!**

The school musical is a great way to introduce your child to the magic of theater and enjoy time with their friends outside of the classroom. This show promises to be great fun for everyone!!!

**COLD SPRING HARBOR CENTRAL SCHOOL DISTRICT**  
*75 Goose Hill Road, Cold Spring Harbor, NY 11724*

**\*\* PLEASE POST \*\***

Please be advised that a meeting of the Cold Spring Harbor Audit Committee will take place on June 24, 2016, at 8:30 a.m. at The Francis Roberts Community Center.



William Bernhard, District Clerk

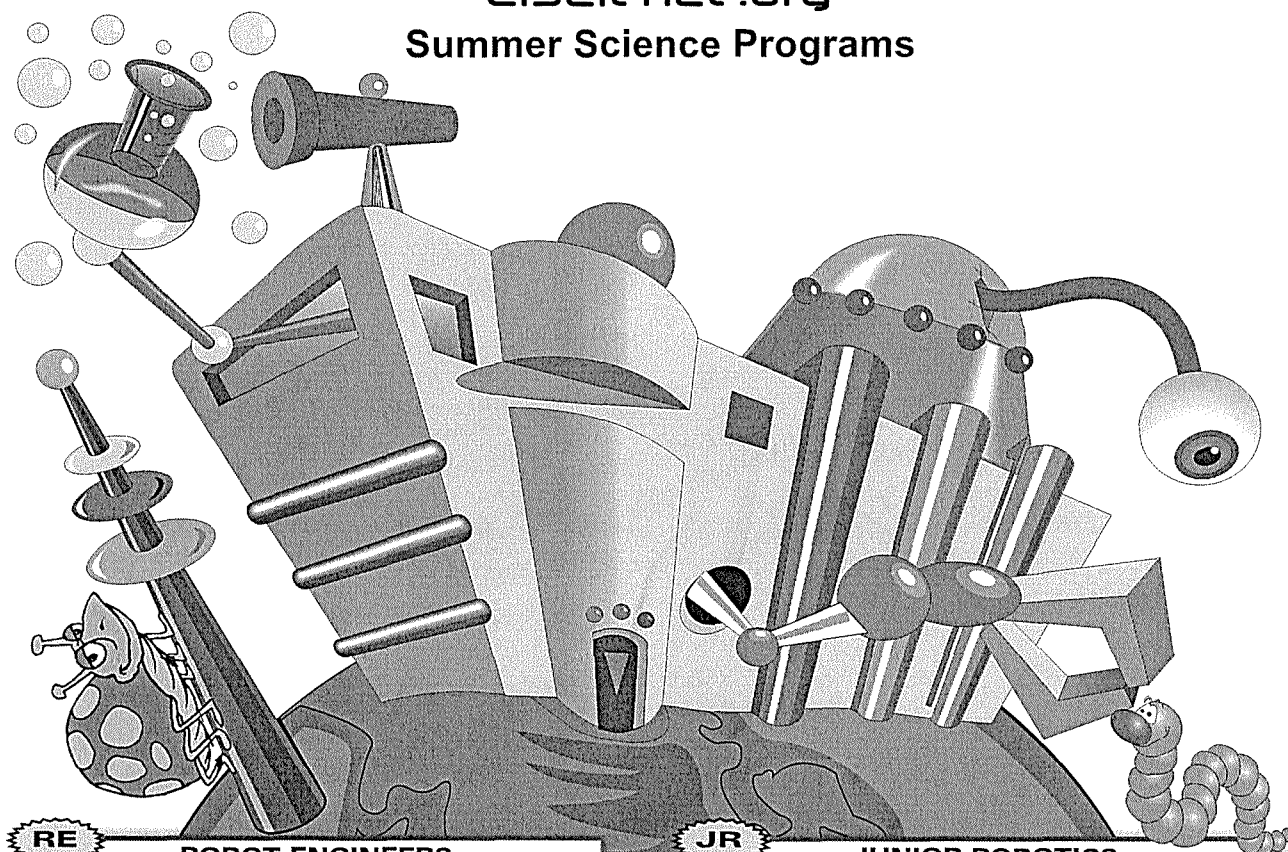


# SEO

Science Enhancement Opportunities

## LiScience.org

### Summer Science Programs



**RE**

#### ROBOT ENGINEERS

Discover the science of robots! Learn how different robots work and use their components to explore what is around them. Use your engineering skills to build a working robot to take home! (Children entering grades 3-6)

**JR**

#### JUNIOR ROBOTICS

This introduction to robotics explores basic circuitry, mechanical science, and robot building. Each camper works daily on a robot to bring home at the end of the week! (Children entering grades K-3)

**FS**

#### FORENSIC SCIENCE

Focus on the science of forensics in this hands-on look at crime scenes! Collect evidence, recreate a crime scene, and identify suspects as you learn the science of sleuthing. (Children entering grades 2-6)

**FA**

#### FLIGHT ACADEMY

Explore the aerodynamics of birds, kites and rockets! All week long you will build flying machines as you explore Newton's laws of motion. (Children entering grade K-4)

**DA**

#### DETECTIVE ACADEMY

Step into the shoes of a detective as you explore the tools detectives use to uncover crimes! Learn about spy equipment and discover the technological tools of detection. (Children entering grades 2-6)

**NASA**

#### NASA - SPACE EXPLORERS

Learn about the four forces of flight, the challenges of space travel, and participate in a rocket launch in this hands-on space exploration camp. (Children entering grades 2-6)

**SIM**

#### SCIENCE IN MOTION

Learn the science of engineering as we discover what machines and nature have in common. Build structures and discover how animals move and use simple machines as you run a crazy obstacle course. (Entering grades K-4)

**AR**

#### ADVANCED ROBOTICS

Learn about how different robots operate. Put your robotic knowledge to the test! Use your skills to build your very own Robotic Arm to take home! (Children entering grades 3-6)

**R&R**

#### ROBOTS & REACTIONS

Work with robots and create chemical reactions as we uncover the nuts and bolts of the universe. Each camper builds a working robot to take home! (Children entering grades 2-5)

**CCW**

#### CRAZY CHEMWORKS

Get your goggles ready to handle real lab equipment and experiment with chemical changes. Explore the microscopic world of molecules as we discover states of matter! (Children entering grades 2-6)

**BRIX**

#### BRIXOLOGY

Using LEGO® bricks children will build different engineering-themed projects every day. They will explore the mechanical, structural, aerospace, nautical, and bioengineering fields, and participate in collaborative engineering challenges to solve real-world problems. Each day they will take home an educational toy to reinforce each concept. (Children entering grades 2-6)

**NEW!**

For day-by-day descriptions  
and more information visit  
[www.LiScience.org](http://www.LiScience.org)  
516-300-1147

# SUMMER SCIENCE

Enroll for 1, 2 ... Up to 10 Weeks!  
For Children Entering Grades K to 6

HALF-DAY: 9:00am to 12:00pm

FULL-DAY: 9:00am to 3:00pm



NASSAU LOCATIONS		SUMMER 2016																			
		Week 1 6/27-7/1		Week 2 7/5-7/8		Week 3 7/11-7/15		Week 4 7/18-7/22		Week 5 7/25-7/29		Week 6 8/1-8/5		Week 7 8/8-8/12		Week 8 8/15-8/19		Week 9 8/22-8/26		Week 10 8/29-9/2	
	Duration	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
CARLE PLACE	Half-Day 9:00-12:00	BRIX		CCW		DA		R&R		NASA		JR		SIM		RE		FS		AR	
CARLE PLACE	Full-Day 9:00-3:00							R&R				JR				RE				AR	
FARMINGDALE	Half-Day 9:00-12:00	AR		NASA		CCW		RE		BRIX				JR				SIM			
GARDEN CITY	Half-Day 9:00-12:00	CCW				JR				DA		AR		RE		R&R		NASA		FS	
MASSAPEQUA	Half-Day 9:00-12:00	SIM		FS		AR		CCW		RE		DA		FS		AR		FA		BRIX	
MASSAPEQUA	Full-Day 9:00-3:00					AR				RE						AR					
MERRICK Temple Israel South Merrick	Half-Day 9:00-12:00	BRIX				SIM		AR		FS		NASA		FA		CCW		DA			
MINEOLA	Half-Day 12:30-3:30										BRIX	BRIX									
NEW HYDE PARK	Half-Day 9:00-12:00	R&R		FA		RE		BRIX		JR		SIM		AR		DA		R&R		RE	
NEW HYDE PARK	Full-Day 9:00-3:00			R&R				RE				JR				AR				R&R	RE
OLD BETHPAGE	Half-Day 9:00-12:00			R&R				JR				RE		BRIX		SIM		CCW		NASA	
OLD BETHPAGE	Full-Day 9:00-3:00					R&R		JR				RE									
PORT WASHINGTON Port Washington Jewish Ctr	Half-Day 9:00-12:00	R&R				DA		BRIX		JR		SIM		NASA		R&R		FS			
PORT WASHINGTON Port Washington Jewish Ctr	Full-Day 9:00-3:00			R&R						JR								R&R			
SYOSSET MATSS Kids Gym	Half-Day 9:00-12:00	RE		JR		FS		FA		SIM		CCW		R&R		NASA		BRIX		JR	
WANTAGH St. Francis De Chantal Church - Mosaic School	Half-Day 9:00-12:00	FA		SIM		R&R		NASA		AR						BRIX		RE		DA	
WANTAGH St. Francis De Chantal Church - Mosaic School	Full-Day 9:00-3:00					R&R				AR								RE			

PRICING (might be higher at some partner locations)			
	EARLY BIRD Before May 21st	REGULAR PRICE After May 20th	
HALF-DAY - 5 days	\$240	\$240	\$260
HALF-DAY (if only 4 days are offered)	\$195	\$210	\$210
FULL DAY - 5 days	\$340	\$365	\$365
FULL DAY (if only 4 days are offered)	\$280	\$300	\$300

ADDITIONAL fees for ROBOTS CAMPS (already included online)		
	HALF DAY	FULL DAY
JUNIOR ROBOTICS	\$20	\$30
ROBOTS & REACTIONS	\$25	\$35
ROBOT ENGINEERS	\$35	\$45
ADVANCED ROBOTICS	\$45	\$55

4 DAY CAMPS	
WEEK 2: All camps are 4 days this week due to the holiday (Tuesday to Friday)	
GARDEN CITY: All camp weeks are 4 days Mon-Thur (9am-12pm) NO EARLY BIRD AVAILABLE	
MILLER PLACE: All camp weeks are 4 days Mon-Thur (9am-12pm)	
SHOREHAM: All camp weeks are 4 days Monday-Thursday (9:30-12:30) or (9:30-3:30)	

CAMP THEME	ENTERING GRADE (as of Sept. 2016)
BRIX = Brixology	2-6
NASA = NASA Space Explorers	2-6
DA = Detective Academy	2-6
FS = Forensic Science	2-6
FA = Flight Academy	K-4
CCW = Crazy Chemworks	2-6
SIM = Science in Motion	K-4
R&R = Robots & Reactions	2-5
JR = Junior Robotics	K-3
RE = Robot Engineers	3-6
AR = Advanced Robotics	3-6

Non-profit #03-0550065. Not printed at district expense. This notice is distributed to students solely as a community service & courtesy by the school districts and is not considered to be an endorsement of approval by the district of either the sponsor or the activities of this organization. This activity is not sponsored or insured by the Oyster Bay East Norwich, Half Hollow Hills, Hauppauge, Smithtown or any other School Districts or the PTAs of any Schools nor do they accept any responsibility for these activities. Any participation is at the discretion of the parent. Limited amount of scholarships are available.



For details, other locations or to register go to

[www.LiScience.org](http://www.LiScience.org)

516-300-1147

**WEEKLY - Full & Half-Day Science Camps**



Camp Weeks Starting at

**\$195**

(Early Bird)

**Daily take home projects for all themes**

Visit our website for other locations and day-by-day camp descriptions

8

**For Kids & Teens! Programs from Cold Spring Harbor  
Library's Youth Services Department. Registration Required!**

**Father's Day Scribble Mugs**

Monday, June 13 @ 4:30 pm

For children in Grades 3 - 6

Decorate a special Father's Day Mug  
for your favorite grown up guy!



**Father's Day Mouse Pad**

Tuesday, June 14 @ 4:30 pm

For children in Grades K-2

Add some color and style to Dad's  
office by making a decorative mouse pad!



**Father's Day Cards**

Thursday, June 16 @ 11:00 am

For children in ages 2-5

Choose from a variety  
of supplies and create a unique  
card to give to Dad this year!

**Mix it up Mayhem**

Friday June 17 @ 3:30 pm

For children of all ages

Make some cool crafts you might  
have missed!

**Sensory Storytime**

Wednesday, June 15 @ 11:00 am

For children in ages 2-5 with adult

Join us in this inclusive program for a sensory enriching  
experience where we will read stories, sing songs dance with  
instruments and play with some sensory stations.

**Children's Summer Reading Club Kick off Carnival**

Thursday, June 23, from 5:00-7:00 Rain date: Friday, June 24)

**Children's Summer Reading Club**

Monday, June 27 - Friday, August 19 from 5:00-7:00 pm

Registration begins at the Summerfest Kickoff on p.m.

(and is ongoing throughout the summer.



Record reading time and book titles to win tokens to redeem for prizes. Going away  
this summer? Come in to register and pick up time sheets before you go. Return them  
by Friday, August 19 to receive tokens and prizes

**NEW!** All Stars Reading Club - for pre-readers ages 2 and up. Each week bring in your  
list of books that have been read to you to pick up the prize of the week.

For more information about any Kids Or Teen Programs, contact a Youth Services Librarian at the  
Cold Spring Harbor Library 631-692-6820



# ***Lasting Legacy Field Hockey Club***

## ***Cold Spring Harbor Junior Seahawks***

### ***Summer Program 2016***

***LEARN TO PLAY LIKE AN INTERNATIONAL PLAYER***



***GRADES 3 - 6***

***Tuesday Nights***

***July 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>      August 2<sup>nd</sup>, 9<sup>th</sup>***

***Cold Spring Harbor High School Upper Turf Field***  
***5:30pm - 7:00pm***



***The Summer Clinic Program is designed to teach players a variety of skills used by international field hockey players in a fun and nurturing environment.***

***Sessions include dribbling, passing and receiving, and shot selection. Players will be introduced to 1v1 offensive and defensive skills with a gradual buildup to small-sided games.***

***Players will be coached by Cold Spring Harbor players who are members of Lasting Legacy's Nationally Ranked #8 club team.***

***Website: [www.lastinglegacyfh.com](http://www.lastinglegacyfh.com)***

***Inquiries: [lastinglegacyfh@gmail.com](mailto:lastinglegacyfh@gmail.com)***

***Lasting Legacy Field Hockey Club 501(c)(3) Corporation***

**COLD SPRING HARBOR CENTRAL SCHOOL DISTRICT**  
*75 Goose Hill Road, Cold Spring Harbor, NY 11724*

**\*\* PLEASE POST \*\***

Please be advised that a special meeting of the Board of Education will take place on June 28, 2016, at 9:30 a.m. at the Francis Roberts Community Center. The Board of Education may consider a motion to adjourn to Executive Session to discuss legal and personnel matters appropriate for Executive Session.

  
\_\_\_\_\_  
William Bernhard, District Clerk

## WHAT IS DEKHOCKEY? NO SKATES!

It's like street hockey -- but without the traffic!  
Dekhockey is a running game similar to ice hockey,  
played on a large rink with a low-impact plastic  
surface. **NO BODY CHECKING ALLOWED.**

Ten-game season and team shirt for only \$150  
Schedules and player stats on [nsdekhockey.com](http://nsdekhockey.com)  
Hour-long games Sat/Sun 9 am-8 pm start times  
(and M-F 6-8 pm starts until school year begins)  
Season runs mid-July thru early September

Required equipment: Leg pads, elbow pads, gloves and hockey helmet with cage or a full shield

Discounted equipment packages available for \$150 if preordered

Registration for ages 5-7, 8-10 & 11-13 now through Sunday, June 26



A not-for-profit organization

## PAL KIDS DEKHOCKEY LEAGUES

AT

**Nassau-Suffolk**  
DEKHOCKEY  
115 Sherwood Avenue  
Farmingdale, NY 11735

(1 mile south of Adventureland off Route 110)

Leagues also available for 14-17, Adult Men and Women!



**REGISTER TODAY!**

(631)249-4412 or online at [www.nsdekhockey.com](http://www.nsdekhockey.com)

## DEKHOCKEY REGISTRATION

Child's name : \_\_\_\_\_ D.O.B. \_\_\_\_\_ Age \_\_\_\_\_ Goaltender? Only / Never /Want to try

Address: \_\_\_\_\_ Telephone# ( \_\_\_\_\_ )

E-mail: \_\_\_\_\_ Emergency contact/telephone#: \_\_\_\_\_ / ( \_\_\_\_\_ )

I/we, the parent(s) of the above named child, hereby give my/our consent for participation in the above activity and do claim that he/she is in perfect physical condition to participate in said activity. Furthermore, I/we, the parent(s) of the above named candidate for a position on a league team hereby give my/our approval to his/her participation in all league activities during the current season. I/we, assume all risks and hazards incidental to such participation including transportation to and from the activities; and I/we do hereby waive, release, absolve, indemnify and agree to hold harmless the Police Athletic League, Inc., associated organizations, the organizers, sponsors, supervisors, participants and persons transporting my/our child to or from activities, for any claim arising out of an injury to my/our child, except to the extent and in the amount covered by accident liability insurance.

The Suffolk County Police Athletic League has adopted a zero tolerance policy for violence. This includes physical acts of violence, threats of violence or threatening behavior. A violation committed by any participant (player, coach, referee) parent or fan, will result in immediate expulsion from the League and a fine to the organization to which he/she belongs.

Parent(s)/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Suffolk County PAL is a not-for-profit organization. This notice is distributed to students solely as a community service by the school district. Such distribution should not be considered an endorsement or approval by the district of either the sponsor or the activity.

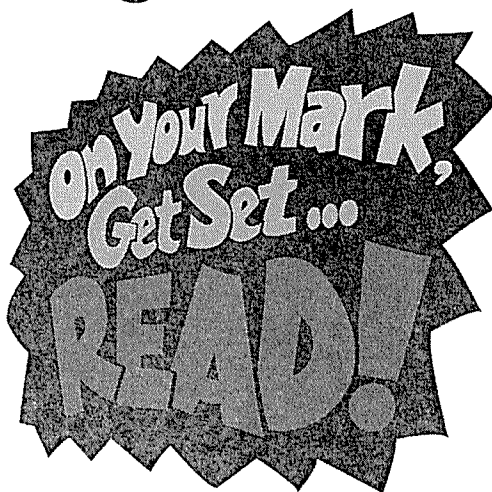
[www.nsdekhockey.com](http://www.nsdekhockey.com)  **631-249-4412**

12

# Children's Summer Reading Club Kickoff

petting zoo

Obstacle  
Course



popcorn

bouncer

THURSDAY, JUNE 23,  
5:00-7:00 P.M.

@ COLD SPRING HARBOR LIBRARY  
RAIN DATE: FRIDAY, JUNE 24

face painting



balloons

COTTON CANDY



JOIN THE 2016 SUMMER  
READING CLUB!



SIGNATURE EVENT



Cold Spring Harbor Library & Environmental Center  
95 Harbor Road  
Cold Spring Harbor, NY 11724  
[www.cshlibrary.org](http://www.cshlibrary.org) / 631.692.6820 / CSH Mobile App



# BASEBALL CAMP IS ALMOST

Make sure you slide into  
baseball camp safely!  
Sign up now and reserve  
your spot today!



## Camp Information

Dates: June 27<sup>th</sup> - July 1<sup>st</sup>

Time: 9am-12pm

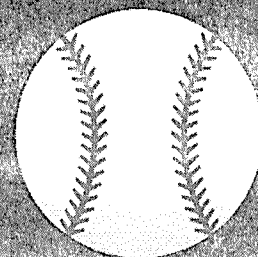
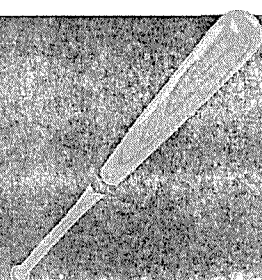
Grades: 2<sup>nd</sup>-12<sup>th</sup>

Register today by visiting  
[www.SeahawksSportsCamps.com](http://www.SeahawksSportsCamps.com)

For questions or concerns,  
please contact Steve Forbes  
at [sforbes@csh.k12.ny.us](mailto:sforbes@csh.k12.ny.us)

## About our camp

Staff will lead campers in individual and small group instruction that emphasizes proper technique in all facets of the game. Athletes will receive hitting, fielding, pitching, and situational strategies. Learn from the Varsity coaches and players in a great week of camp. Campers will also get to experience a slip and slide to practice sliding and our famous Hawaiian shaved ices.





# SPRINT INTO SUMMER WITH OUR TRACK AND FIELD CAMP

## About our Camp

CSH Track and Field camp will be a fun experience for all campers. During the week, campers will be exposed to a variety of Track and Field events. Campers will have an opportunity to jump over the hurdles, learn the proper technique of the triple jump, experience the steeplechase, and throw a discus and shot put. The camp is excellent for boys and girls of different skill levels in track and field. All the instruction and coaching will be done by our CSH Varsity Track and Field staff.

## Camp Information

Dates: June 27<sup>th</sup> to July 1<sup>st</sup>

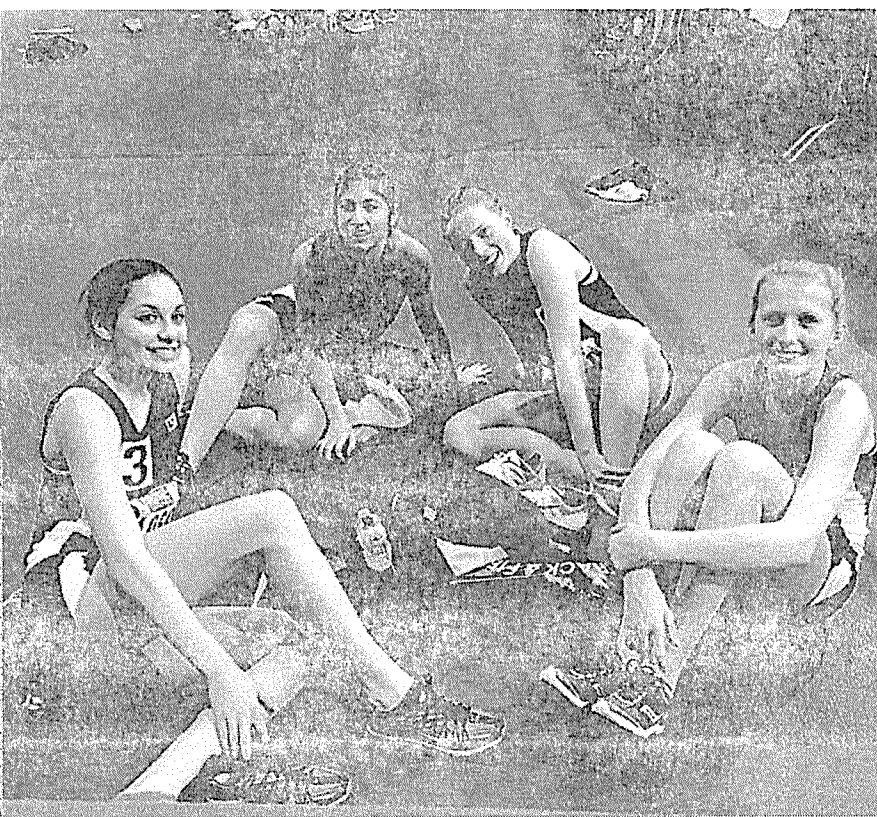
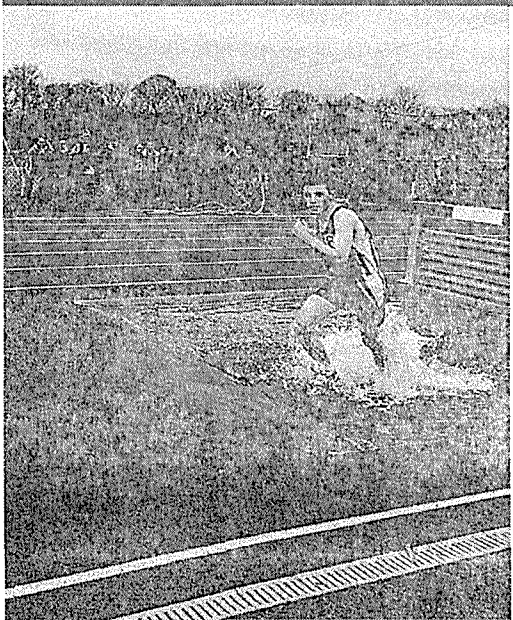
Time: 9am- 12pm

Grades: 2<sup>nd</sup>-12<sup>th</sup>

Sign up today at

[www.SeahawksSportsCamps.com](http://www.SeahawksSportsCamps.com)

Any questions or concerns,  
please contact Steve Forbes at  
[sforbes@csk.k12.ny.us](mailto:sforbes@csk.k12.ny.us)



# Vault into summer by joining our gymnastics camp!



## Camp Information

Dates: June 27<sup>th</sup> - July 1<sup>st</sup>

Times: 9am- 12pm

Grades: 2<sup>nd</sup>-12<sup>th</sup>

Sign up today at

[www.SeahawksSportsCamps.com](http://www.SeahawksSportsCamps.com)

For questions or concerns, please contact

Steve Forbes at

[sforbes@csh.k12.ny.us](mailto:sforbes@csh.k12.ny.us)

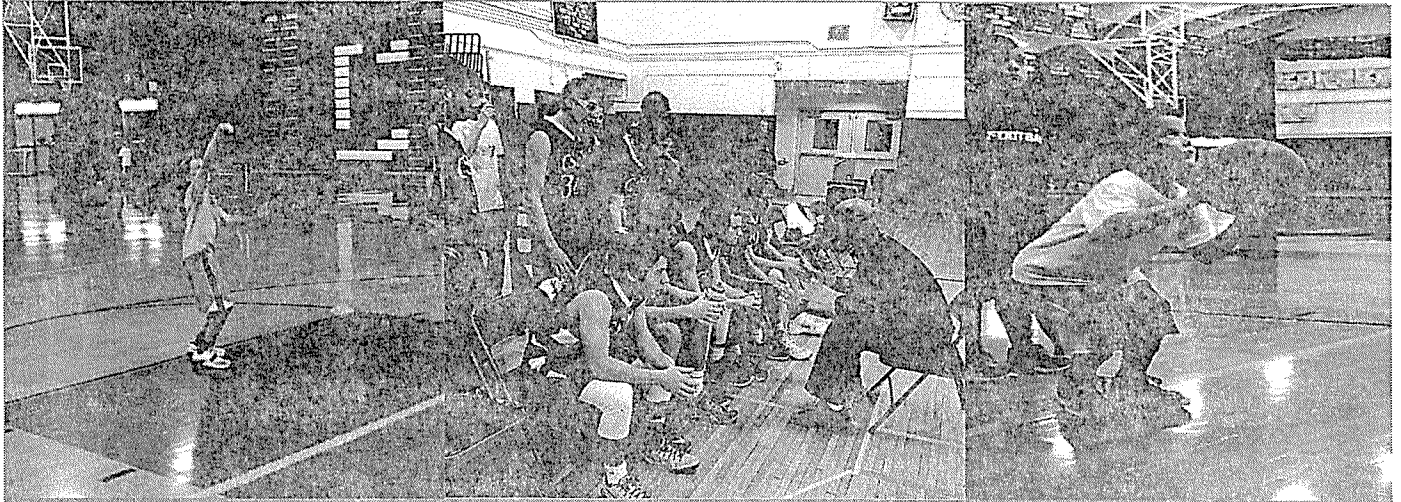


## About our camp

Our highly experienced staff will emphasize safety and individual skill development. Strengths will be identified and the staff will help the participants excel in fundamentals. Campers will have the opportunity to work on the vault, uneven bars, beam, and floor exercise. Individuals will be grouped by ability for the week; so all skill levels are welcome to join!

[www.SeahawksSportsCamps.com](http://www.SeahawksSportsCamps.com)





# THE CLOCK IS RUNNING OUT FOR BASKETBALL CAMP!

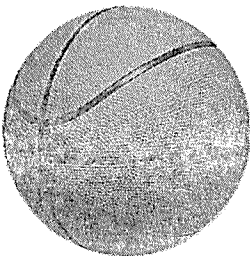
Don't miss your shot to join us for  
basketball camp this summer!

Register today at  
[www.SeahawksSportsCamps.com](http://www.SeahawksSportsCamps.com)

## About our camp

The CSH Varsity coaching staff will  
emphasize ball-handling, passing, shooting,  
and rebounding drills to improve upon  
campers' individual skills, conditioning, and

team play. Offensive and  
defensive skills will be  
reinforced through  
teaching stations and  
game-play competition.



## Camp Information

Dates: July 5<sup>th</sup> - 8<sup>th</sup>  
Times: 4:30pm-8:00pm  
Grades: 2<sup>nd</sup>-12<sup>th</sup>

Sign up today at

For questions or concerns, please  
contact Steve Forbes at  
[sforbes@csh.k12.ny.us](mailto:sforbes@csh.k12.ny.us)