

Goosehill Primary School

Weekly Notes- October 7, 2016



Dear Parents,

As Halloween approaches, I thought I'd share some ideas from the National Association for the Education of Young Children and CommonSenseMedia.org. about the potential effects of frightening images on children.



What is too scary for young children? Each child is different, so it's difficult to give hard and fast rules about what may be frightening for all children at different ages. However, it is important to know that there are developmental stages to consider. Children under the age of seven are the most vulnerable to scary images because they believe what they see. They are just developing the ability to distinguish fantasy from reality. Children at this age respond well to magical remedies and nightly rituals, such as cleaning the monsters out of the closet. Older children may be able to handle being scared –in fact, many love it! The most important thing parents can do is to know their own child and watch for reactions to potentially scary images and situations.

What else can parents do? One important job for parents is to monitor their children's exposure to media that includes frightening images. Newspaper, television, and video games that involve scary characters or violent events can cause distress in children. If children are exposed to such images, it is important for parents to talk about the experience. Try to avoid telling your child, "*There is nothing to be afraid of.*" Rather, explain that all people experience fear and have ways to cope. Some use self-talk; others replace a scary image with something pleasant. Share your strategies for coping with fear with your child. You could also invite your child to draw or use toys to act out a story in which a character is afraid of something and then figures out how to deal with it. Pretend play is children's way of making sense of their world. Through play, children can master fears and difficult experiences by reinventing them in a way that gives them a sense of control.

What about Halloween? While Halloween for some involves dressing up as frightening characters, parents should always try to avoid violent, gory costumes. Such costumes have the power to cause anxiety or fears about possible encounters for children. At school, we try to read lighthearted stories and poems with playful creatures and not-so-scary "frights." ("*Boo!*") Our school sing-along will include fun songs, such as "*Dem Bones,*" and "*Jack-o-Lantern is a Funny Fellow.*" When thinking about what your child will wear to school on Halloween, please avoid costumes that represent things that are frightening or gory. Remember, children at this age love to be superheroes, animals, and princesses!



Within warm, supportive relationships, children develop the ability to manage their emotional reactions to all kinds of images and situations that may have frightening elements. The most important thing we can do for children is to let them know that the adults in their lives will keep them safe.

If you have any questions, please don't hesitate to contact me. Enjoy the long weekend!

Warm regards,

Lynn Herschlein

TABLE OF CONTENTS

(notices you can access at our website and read/print from home)

<u>Item</u>	<u>Page #</u>
CSH Library Kids and Teens Autumn Programs	3
Operation E.D.I.T.H. Drill (Fire Safety) 10/19 at 7 p.m.	4-5
FOCUS Workshop on 10/23 9:00 a.m. Stress Management Techniques for Parents and Children.....	6
Town of Huntington Children's Costume Parade 10/31 4:15	7
CSH Youth Basketball Clinic Registration	8-9
Heckscher Museum Family Hour- November 6 th	10
CSH Whaling Museum Events	11
United Methodist Trunk or Treat	12
SEPTA- Rise of the Jack-O-Lanterns ticket information	13

Label Everything, Please!

Please label all of your child's outerwear so that it can be returned to you if your child leaves it on the playground, in the lunchroom, or in the classroom.

Halloween Sing Along and Parade- Monday, October 31st

I will provide additional details in the next week or so, but please note the following for now:

- ✓ We do not include or distribute food (including candy) in our school festivities.
- ✓ The children are invited to wear a simple costume to school on Halloween.
- ✓ Please avoid costumes that are frightening or gory, include a mask or large accessories (especially weapons), or involve face or hair paint. Safe footwear is required.
- ✓ We engage the children in a simple sing-along and parade which you are invited to attend. The start times will be at 9:30 (K) or 10:15 (gr. 1) and the event lasts about 45 minutes.

Important Dates

October 10th – No School- Columbus Day

October 12th- No School- Yom Kippur

October 13th – Spirit Day- Wear School Apparel or School Colors (red, white, blue)

October 20th- **Lunch-Recess Parent Volunteer Training** – second opportunity. One more will be offered on November 4th. All volunteers must attend one training session.

October 20th - End of Boxtop contest

October 26- FOCUS Stress Management Techniques Workshop at 9:00am in the District Community Room

November 7th- Parents' Night Out

GPFA Updates

Beautification Committee Thanks to Nancy Worden and the Beautification Committee for their work making the school look so nice for this Fall season!

GPFA Meeting The first GPFA meeting of the year was a success. Thank you to Mrs. Herschlein, Mrs. Schmid and Ms. Shlomo for their helpful and informative presentations. And thank you to all the GH parents who were able to attend.

Boxtops The current stats are in...two more weeks to get your Boxtops in. Send them in with your child's name and teacher's name on them. The class with the most wins! This contest ends October 21.



FOCUS FOCUS will be presenting a workshop on Stress Management Techniques for you and your children led by Dr. Jennifer Hartstein; psychological contributor for The Today Show and the Dr. Oz Show. Please join them on Wednesday, October 26, 2016 at 9:00am in the District Office Community Room for this special event!

For Kids & Teens! *Programs from Cold Spring Harbor Library's Youth Services Department. Registration Required!*

Spooky Sculptures

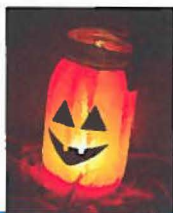
Monday, October 10th, 3 pm

For children of all ages

Stop by or stay the whole time.

Use Model Magic to sculpt a spooky creation.

Registration required.



**Glowing Halloween Lanterns
Thursday, October 27, 4:30 p.m.**

For children in grades 3-5

Make a glowing lantern to light up your window.

Edible Witch Hat &

Spider Treats

Wednesday, October 12, 4:30 p.m.

& Thursday, October 13, 4:30 p.m.

For children in grades K-6

Use delicious snack foods to make witch hats and spider treats to take home.

Registration required.



FOR STUDENTS IN GRADES 5-12

German Soft Pretzels

Monday, October 10, 2:00 p.m.

For kids in grades 5-12

Make delicious soft pretzels to take home and enjoy!

Registration is required for all programs. Call us at 631-692-6820 or visit us online at www.cshlibrary.org to register



For more information about any Kids or Teen Programs, contact a Youth Services Librarian at the Cold Spring Harbor Library - 631-692-6820

Programs and Services from the Information Services Department

SIGNATURE EVENTS

Cold Spring Harbor Library presents

Wild Ginger

Sunday, October 16 at 2pm



This three-woman a cappella vocal ensemble will give a captivating performance featuring a variety of African chants, European chansons, and American folk songs. Bring the whole family!

**Free and open to all.
Advance registration required.**



**95 Harbor Road, Cold Spring Harbor, NY 11724
631.692.6820 www.cshlibrary.org**

**Wild Ginger Concert
Sunday, October 16 at 2pm**

This three-woman a cappella vocal ensemble will give a captivating performance featuring a variety of African chants, European chansons, and American folk songs.

Entertainment for the whole family! .

This program is free and open to all.

Advance registration is requested.

For more information about any Adult Program, contact Information Services at the Cold Spring Harbor Library at 631-692-6820.

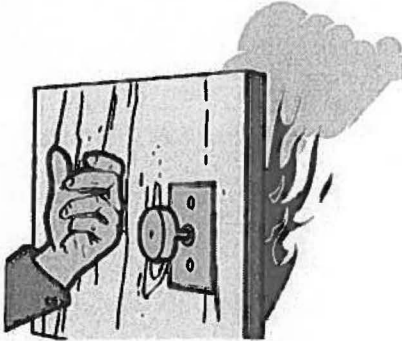
TOWN OF HUNTINGTON
TOWN BOARD

FRANK P. PETRONE
Supervisor

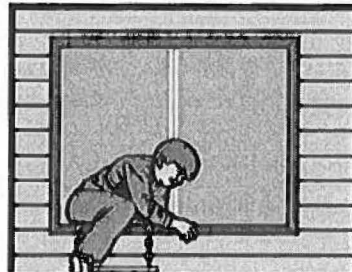
MARK CUTHBERTSON, Councilman
SUSAN A. BERLAND, Councilwoman
EUGENE COOK, Councilman
TRACEY A. EDWARDS, Councilwoman

4
October 19, 2016 7:00 P.M.

**TOWNWIDE
Operation E.D.I.T.H. Drill**

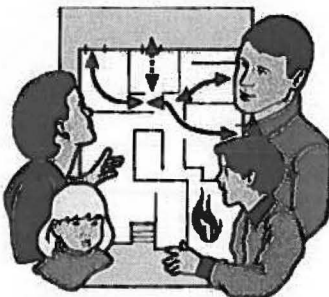


1. Feel the door to check if it's HOT!
If it's Not Hot open the door slowly,
bracing it with your knees and
shoulder. But be prepared to slam it
shut quickly if there's smoke and fire
on the other side.



2. If the door is blocked by smoke
or fire, leave through a window
or secondary emergency route.
3. Once out of the house go
directly to your meeting place,
such as a tree or mailbox on
your front lawn.

**Knowing How To
React In A Fire
Could Save Your
Life, Or The Lives
of your Children**



Coordinated through the efforts of
the Town of Huntington Office of the
Fire Marshal and in conjunction with
your local Volunteer Fire Departments.

**OFFICE OF THE FIRE MARSHAL
351-3138**

"E.D.I.T.H." Stands For... "Exit Drill In The Home"

SMOKE DETECTORS

Most fatal residential fires occur while the occupants are asleep. Installing smoke detectors outside bedroom areas will provide the extra minutes of warning needed to escape. The most recent figures available from the National Fire Incident Reporting System indicates that the installation of a Smoke Detector will double your chance of survival during a fire.

DEVELOPING THE PLAN

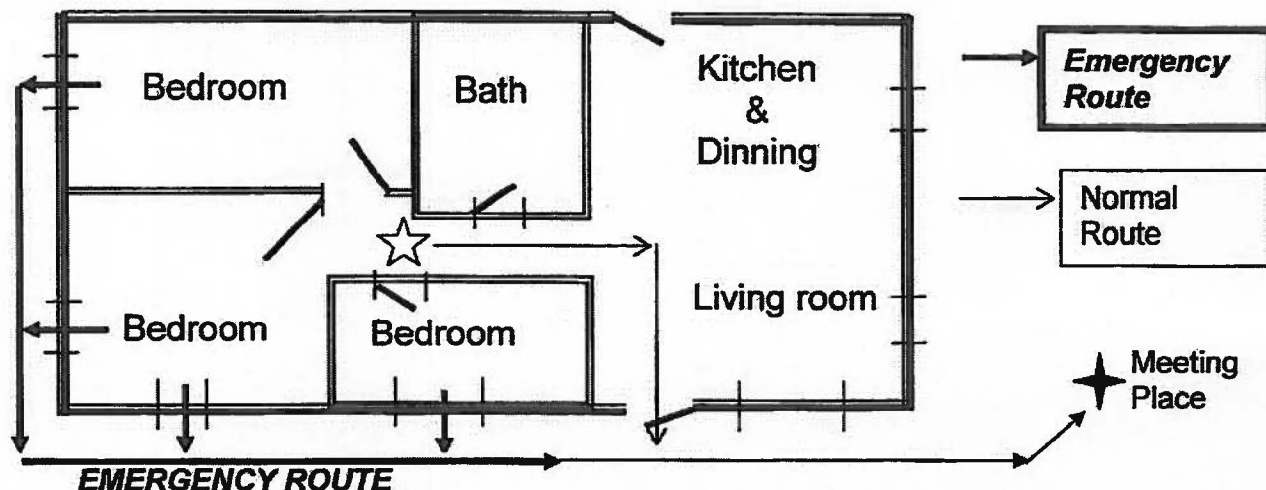
Members of the family should work together to draw a plan of each floor of your house where bedrooms are located.

Your plan should include:

- The location of Smoke Detectors.
- Two escape routes; one for normal and one for Emergency use.
- All doors, windows, stairways, fire escapes and adjacent buildings.
- A central meeting place outside your home.

If a window is designated as an Emergency Route, make sure the person who uses it is able to reach and unlock the window, remove the screen and / or the storm window, reach the ground safely.

Designate someone to call the fire department from a neighbor's house. Post a copy of your finished plan in a conspicuous place as a constant reminder.



PRACTICE YOUR PLAN ON A MONTHLY BASIS AND REMEMBER THESE IMPORTANT HINTS:

- Sleeping with bedroom doors closed can add valuable minutes of protection against flame, smoke and toxic gases.
- If you have a telephone in your room, have the Fire Department's number on it or nearby.
- Keeping a whistle, horn, or other such audible signal near your bed may prove valuable in waking other members of your family who may not hear the smoke detector. If family members use a different signal you will know who is awake without opening doors.

**MAKE
OPERATION E.D.I.T.H.
A MEMBER OF YOUR FAMILY!**

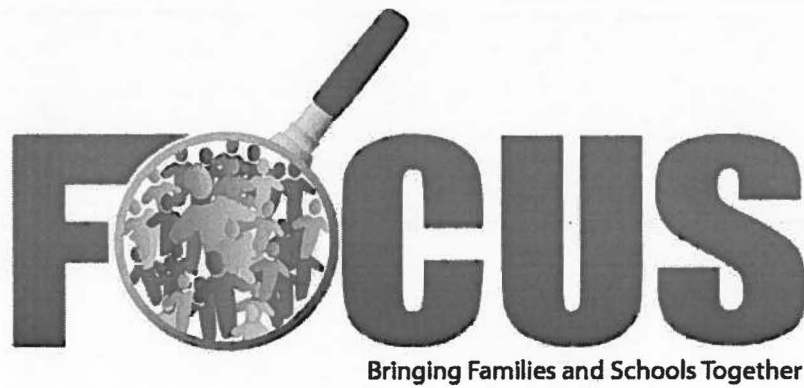
PUTTING THE PLAN INTO ACTION

If the smoke detector sounds or you smell smoke, wake your family with your signal. If you hear another signal answer with yours. Keep Calm. Roll out of bed and crawl to the door. Feel the door from bottom to top. If it is hot near the top do not open it. Proceed to your designated emergency exit.

If the top of the door is not hot, brace your foot and shoulder against it and open it carefully. If there is only light smoke, crawl to the normal exit. If the smoke is dense or the door is hot use the Emergency Exit. Report to the designated meeting place.

Notify the Fire Department from a neighbor's house. **DO NOT ALLOW ANYONE TO RE-ENTER THE BUILDING FOR ANY REASON.**

**TOWN OF HUNTINGTON
OFFICE OF THE FIRE MARSHAL
351-3138**



**Presents a Workshop on
Stress Management Techniques
For You & Your Children**

Led by:
Dr. Jennifer Hartstein



**Psychological Contributor for
NBC Today Show & The Dr. Oz Show**

**Wed, October 26, 2016, 9:00am
District Office Community Room
75 Goosehill Road**

Refreshments will be served



**COUNCILMAN MARK CUTHBERTSON,
SUPERVISOR FRANK P. PETRONE,
& THE TOWN OF HUNTINGTON
ARE PROUD TO SPONSOR A
CHILDREN'S COSTUME PARADE
ON HALLOWEEN IN HUNTINGTON VILLAGE**

The Town of Huntington will sponsor its Annual Children's Halloween Costume Parade in Huntington Village on Monday, October 31st at 4:15 p.m. Children of all ages (and their parents or guardians) are welcome to walk in the parade and participants should plan to meet in front of the Huntington Post Office on Gerard Street in Huntington Village at 4:00 p.m. Children will walk from Gerard Street to the intersection of Wall Street and Main Street (25A).

Village Merchants will pass out candy to trick-or-treaters for its "Safe Trick-or-Treat Program." Dress up and bring a goody bag to hold your candy!

For more information about the parade, please call 351-2877. *(In the event of inclement weather, the parade will be cancelled.)*



Frank P. Petrone
SUPERVISOR

Mark Cuthbertson
COUNCILMAN

Susan A. Berland
COUNCILWOMAN

Eugene Cook
COUNCILMAN

Tracey A. Edwards
COUNCILWOMAN



COLD SPRING HARBOR **YOUTH BASKETBALL CLINIC**

REGISTRATION FOR THE 2016 – 2017 SEASON

Please print out the application, fill it out completely & mail with your check, made out to “**CSH Youth Basketball League**” to:

Chris Northacker
1 Saw Mill Lane
Cold Spring Harbor, NY 11724

DEADLINE: Oct. 14, 2016

PLAYERS: All Boys and Girls in 1st and 2nd grade

FEE: \$100.00 (includes uniforms, basketballs, insurance, facilities use fees & trophies
Cash or check made out to “CSH Youth Basketball League”
LATE FEE - \$125.00

- * Separate clinic for boys and girls
- * Clinics to be held on Saturdays at Goosehill Primary School
- * Clinics run from December 2016 thru February 2017
- * 9 weeks of basketball
- * Trophies for every player

If you have any questions, please call Bridget Perlmutter at 631-367-1096

**PARENTS WE NEED VOLUNTEERS!! LET US KNOW ON THE APPLICATION
IF YOU ARE INTERESTED IN COACHING.**

COLD SPRING HARBOR YOUTH BASKETBALL LEAGUE

REGISTRATION FEE : \$100.00 (1st and 2nd grade players)

Make Check Payable to: **CSH YOUTH BASKETBALL LEAGUE**

LAST NAME _____ FIRST NAME _____

ADDRESS _____ CITY _____

STATE _____ ZIP CODE _____ DATE OF BIRTH _____

HOME PHONE _____ E-MAIL _____

SCHOOL _____ GRADE _____ BOY _____ GIRL _____

DID YOU PLAY IN THE CSH BASKETBALL LEAGUE LAST YEAR ? _____

WHO WAS YOUR COACH ? _____

MOTHER'S NAME _____ CELL # _____

FATHER'S NAME _____ CELL # _____

EMERGENCY CONTACT _____ PHONE # _____

DOCTOR'S NAME & PHONE # _____

MEDICAL CONDITIONS OR PROBLEMS _____

PARENTS SUPPORT: WE ASK FOR PARTICIPATION OF PARENTS IN OUR PROGRAM ! PLEASE CHECK THE APPROPRIATE BOXES

COACH _____ ASST. COACH _____

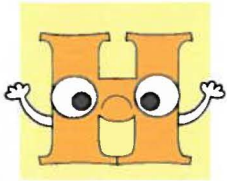
We expressly assume all risks & hazards, directly from, or incidental to, participation in the CSH Youth Basketball League and we do hereby hold harmless the organizers, supervisors, coaches & participants from any claim arising out of injury to our Son/Daughter except to the extent & in the amount covered by applicable accident or liability insurance. We as Parents/Guardians have medical insurance for our Son/Daughter in case of injury associated with the CSH Youth Basketball League & acknowledge that the CSH Youth Basketball League does not have any medical insurance.

SIGNATURE OF PARENT/GUARDIAN _____

Cash _____ Check # _____ Check Amount _____

The Heckscher Museum of Art

2 Prime Avenue, Huntington, NY 11743 | 631.351.3250 | Heckscher.org



HECKSCHER FAMILY HOUR Guided Tour & Activities

1:00 pm - 2:00 pm

Children ages 5 - 10 years

Sunday, November 6, 2016

Long Island Biennial 2016

Children and their families are invited to join museum educator Tami Wood for a family-friendly tour of the Museum's exhibitions. Experience the artwork through close looking, lively conversation, and hands-on gallery projects.

Registration is recommended. Space is limited.

**Members Free, Non-Members Museum Admission
(children free) + \$5 activity fee per child**



The Heckscher
Museum of Art

UPCOMING AT THE HECKSCHER MUSEUM

*Norman Rockwell and Friends: American Illustrations
from the Mort Künstler Collection*

On View December 10

Like & follow
@heckschermuseum



MORE OCTOBER EVENTS



COLUMBUS DAY COSPLAY

Mon, Oct 10 | 12-4 pm

Old & young alike in costume can enjoy half-off admission. Stop by our Create! Activity Stations, design a comic strip, and create a cosplay mask. Half-off admission. Members free.



HAUNTED WAL-ING BOO-SEUM & FESTIVAL

Sun, Oct 30 | 12-4 pm

Our biggest and best event of the year! Come visit our SpookTacular Zoo, try owl pellet dissections, themed crafts, slime-brewing, and see spooky exhibits coming to life! Activities for all ages. \$10 Child, \$5 Adults.

Members: Adults Free



LOTS MORE ONLINE!

**301 MAIN ST | COLD SPRING HARBOR, NY
(631) 367-3418 | CSHWHALINGMUSEUM.ORG**



COLD SPRING HARBOR
SEA | REFLECT | EXPLORE | PROTECT

WHEN:
OCTOBER 31, 2016

TIME:
4:30 - 6 P.M.

WHERE:
CHURCH PARKING LOT

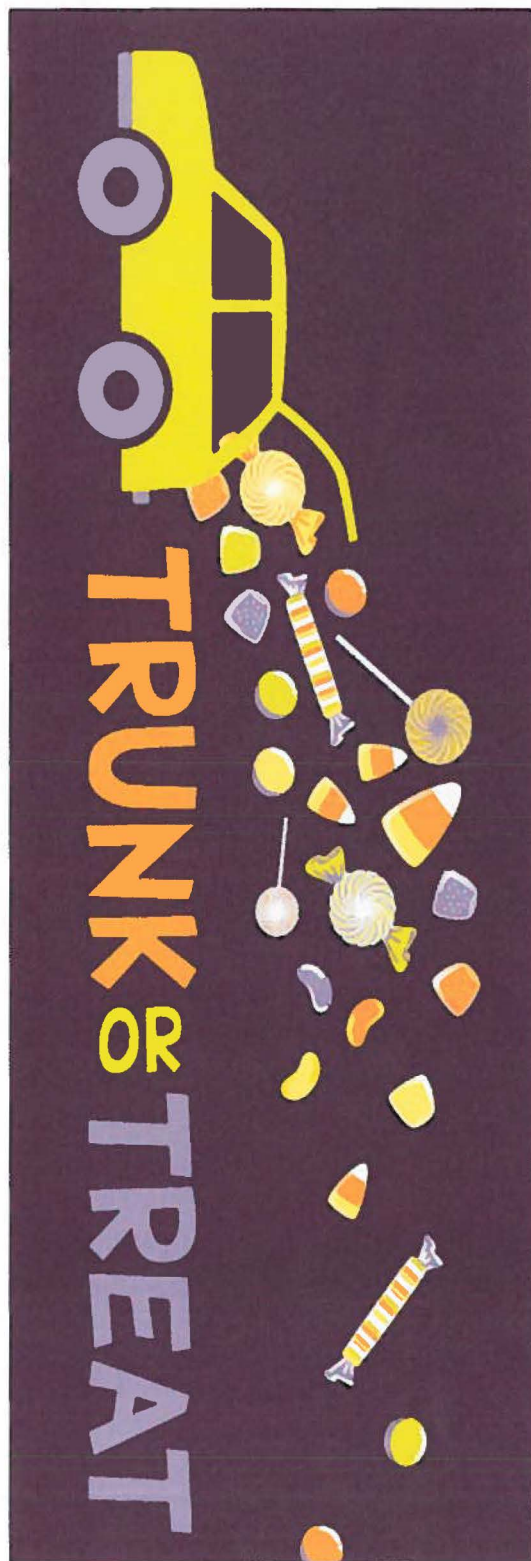
ADMISSION:
**A GENEROUS DONATION
TO SUPPORT THE UNICEF
(THE UNITED NATIONS CHILDREN'S FUND)**

**Come out and enjoy
a night of family fun for
all ages that includes
a lot of "Trunk or Treating"!
Plus, help us support
the UNICEF.**

**Please contact the office
if you would like to host by simply
reserving your spot now!
Please sign up:)
631-427-0326**

**THE UNITED METHODIST CHURCH OF
HUNTINGTON-COLD SPRING HARBOR**

**180 W NECK RD.
HUNTINGTON, NY 11743**



**Support Cold Spring Harbor Special Education PTA
by purchasing tickets to**

RISE OF THE JACK O' LANTERNS

*****All New for 2016!*****

Returning to New York and Los Angeles and debuting in New Jersey and Boston is the most iconic, truly unique family-friendly fall event, RISE of the Jack O'Lanterns! Come see thousands of hand-carved illuminated jack o'lanterns creatively arranged along a scenic walking path and set to a musical score designed to bring out the Halloween spirit in visitors of all ages! The various new and exciting themes created for 2016 are sure to impress both RISE newbies and returning RISE fans.

**Cold Spring Harbor Special Education PTA supporters can get UP TO
50% OFF RISE tickets AND Cold Spring Harbor Special Education PTA
earns back 10% of each RISE ticket sold!**

TO RECEIVE YOUR SPECIAL PROMOCODE, VISIT

www.therise.org/32855

BE SURE TO SHARE THIS WEBSITE WITH FRIENDS AND FAMILY!



RISE LOCATIONS

Los Angeles Convention Center: 1201 South Figueroa Street, Los Angeles, CA 90015
Fairplex, California: 1101 W. McKinley Ave., Pomona, CA 91768
Seaport Hotel and World Trade Center: 200 Seaport Boulevard, Boston, MA 02210
Meadowlands Exposition Center: 355 Plaza Drive, Secaucus, NJ 07094
Old Westbury Gardens: 71 Old Westbury Road, Old Westbury, NY 11590

RISE DATES

Evenings throughout the month of October
Visit www.TheRISE.org for a full schedule for each location