



The Friday Notes

Celebrating 227 Years!

April 28, 2017

Principal's Corner

On Wednesday of this week our students and staff welcomed our superintendent, Mr. Fenter, for his second Day in Residency. During this time, our students and teachers gave him a glimpse into their classrooms. Mr. Fenter participated in a second grade writing celebration, received feedback from third graders about eSpark, observed the early stages of research for International Day, and walked in on a game that utilized technology during FLES. In fourth grade, all of our students worked in book clubs to research the American Revolution, and our fifth graders participated in a discussion about fantasy fiction and explored Latin American culture through the use of materials shared with us from the Huntington Arts Council. Sixth graders continued their work on their biome documentaries. Thank you again to Mr. Fenter for his interest and support. Also this week, Ms. Arena and the School Improvement Team collaborated with Mr. Homer and student volunteers at the high school to continue the ongoing work of teaching our students the value of grit, resilience and perseverance. On Thursday these volunteers spent time with our fourth graders as they shared their experiences of hard work and the value of learning from failure. Stories ranged from robotics to math to martial arts. Down the hall, one of our parents, Dr. Sordella, who works at the Cold Spring Harbor Labs, spoke to our students with other researchers who make documentaries. This was timely as our sixth graders are currently editing their biome documentaries which will be shared with the community on June 1st. To end the week, our Student Council senior staff members welcomed Donna Moramarco from The Greenskeeper. Together they planted a Rainbow Pillar tree next to the West Side Run sign in honor of Arbor Day. Special thanks to CJ Reilly, Maxwell Franz, Blake Newman, and Tyler Gray.

Footwear

Please remember that proper footwear is expected at all times. Flip-flops and other beach shoes must not be worn to school. I would also like to bring to your attention that SLIPPERS are not appropriate. Students are expected to wear shoes that are safe and conducive to walking around the building, as well as participating in physical education and recess activities. Thank you for your cooperation.



West Side Kids Care

Helping Hands Rescue Mission is seeking NEW/gently used gift items for their Mother's Day Boutique. Stationery sets, household items, decor, collectibles, frames, lamps, pots & pans, small appliances, serve ware, and glass/crystal would be greatly appreciated. A collection box will be in the Airplane Wing until Tuesday, May 2nd. Thank you for your generosity! – Jordan Smith and Lauren Jasinski

Staff Appreciation Luncheon

Time to show the West Side School Staff just how much they are appreciated. Our annual Staff Luncheon will be held on Monday, May 1, 2017. An assortment of foods, desserts and beverages are needed. If you have not already signed up and would like to contribute, please contact Nicole Boutis at nboutis@msn.com (516-287-4382) or Jackie Loeffler at jackieloeffler26@gmail.com (516-662-7344). Your help is needed to make this an event to remember!

SAVE THE DATE: WEST SIDE RUN IS SUNDAY, MAY 21ST!!

Please get your sponsorships in for the West Side Run. The final deadline for Business Sponsors is Friday, April 28th. Our goal for the Run this year is to raise \$25,000. The money raised will go to a special outdoor play space that the PTG is planning. We need family sponsors to donate this year more than ever! Help us reach this goal - we have raised \$10,000 to date. The Run is Sunday, May 21st. Join us to celebrate the 25th Anniversary of the West Side Run!! See flyer below. Any questions, please reach out to Cat Bauer bauerfamilytoronto@gmail.com

Talent Show

Our annual West Side Talent Show will be held on Friday, May 12th @7pm (Doors open at 6:45PM) at the CSH High School Performing Arts Center (PAC). All performers must be at the PAC at 6PM that evening. Please bring your family to cheer on our West Side kids. There will be a PTG sponsored Ice Cream Social for all, immediately after the show in the high school cafe.

Keep Practicing... The Talent Show is almost here! **THE QUALITY OF THE SHOW IS UP TO ALL OF YOU.** The more you practice the better the show will be. Each performer was assigned a rehearsal date depending on their act. Act 1 is

rehearsing on Wednesday, May 3rd and Act 2 is rehearsing on Thursday, May 4th in the West Side Gym (right after school). **Please remember to send in a pick-up note.** Parents should pick up their children at 4:30pm in the circle. Dress rehearsal will be on Thursday, May 11th at the CSH High School Performing Arts Center (PAC). **Parents are responsible for getting their children to the PAC.**

Student Volunteers are not required to come to the 2 rehearsals at Westside, but are required to be there for the dress rehearsal at the PAC on 5/11. Any parents want to volunteer to help the day of the show please contact Kerri Albers kerrialbers@optonline.com

It is so exciting and the feeling in the air is electrified. Now it's up to you to make the show a success...I know you will!!
Talent Show 2017 Here we come!!!!

West Side and Lloyd Harbor 6th Grade Get Together

Join your future classmates for fun and games such as kickball, soccer, relay races, wiffleball, etc. on Sunday, May 7th from 5:00-7:00 PM at The Sports Hub, 165 Eileen Way, Syosset. Cost: \$20.00 check made payable to WSSPTG. Please see flyer below and send the filled out flyer and waiver with your check to the main office in an envelope marked: 6th Grade HUB Attn: Aviva Franz. Any questions please contact Aviva Franz avivasz1@yahoo.com

Yearbook

The WS yearbook is NOT ONLY for the 6th grade graduates... every child is represented in the yearbook. This is a beautiful keepsake for your child. There are various pictures of all the wonderful events that took place throughout the school year. Order your Yearbook TODAY!!!!Please click on the link below to order your children's yearbook.

<http://www.online-pay.memorybook.com/parent>

Use the pay code 82600

Online ordering had been extended. **Ordering will close May 8, 2017** but please do not wait!!! Please place your order ASAP!!!

Upcoming Events

Staff Appreciation Luncheon	Monday, May 1 st
NYS Math Assessments (grades 3 – 8)	May 2 – 4
Talent Show Rehearsal	May 3 and 4 in the gym directly after school
NYS Math Make-ups	May 5 – 10
Parent Leaders Brunch	Friday May 5 th at 9:30 AM at Lloyd Harbor School
PTG Thank You Breakfast	Monday, May 8 th at 9:30 AM in the Community Room
Board of Ed Meeting	Tuesday, May 9 th at 8:00 PM at District Office
Teaming Meeting for 4th Gr Parents	Wednesday, May 10 th at 9:30 in the Library
Talent Show Dress Rehearsal (All Acts)	Thursday, May 11 th at the PAC (Directly after school.)
Talent Show	Friday, May 12 th at the PAC

Attachments from the School

Page 3	6 th Grade Get Together
Pages 4 – 7	West Side Run
Page 8	The Fresh Air Fund
Page 9	CSH Huntington Soccer Club
Page 10	CSH Public Library Youth Services
Page 11	The Waterfront Center Junior Summer Programs
Page 12	Heckscher Family Hour
Page 13	Vaping Letter for 5 th and 6 th Grade Parents

WEST SIDE & LLOYD HARBOR
6TH GRADE GET TOGETHER
AT
THE SPORTS HUB

Join your future classmates for fun and games such as kickball, soccer, relay races, wiffleball....

Date: Sunday, May 7, 2017
Time: 5:00-7:00pm
Where: The Sports Hub 165 Eileen Way, Syosset
Cost: \$20.00

Pizza and drinks will be served.

Any questions please contact Aviva Franz at franzanity101@gmail.com

Please cut and return to school via backpack by April 10th.
Attn: Aviva Franz/6th grade get together.

Childs Name(s): _____

Amount Enclosed: _____

Please make checks payable to WSS-PTG



WEST SIDE RUN

5K & 1 Mile Run Sunday May 21, 2017

Check In: 1 Mile: 8:00-8:30 / 5k: 8:00-9:00
Run: 1 Mile: 9:00 am / 5k: 9:30 am

For Information Contact:
West Side Run, 1597 Laurel Hollow Rd., Syosset, NY 11791 Attn:
Cat Bauer (516) 224-4092
Cold Spring Harbor C.S.D.



Dear West Side Families,

This year we are celebrating the *25th Anniversary* of the West Side Run on Sunday, May 21, 2017. Our goal for the Run this year is to raise **\$25,000**. The money raised will go to a special outdoor play space that the PTG is in the process of planning.

We are counting on our generous West Side Family and Business Sponsors to donate towards our aggressive goal this year!

We appreciate all the family and business sponsors who have donated to this wonderful event over the past 24 years! We hope you will be able to sponsor this year's event.

Thank you to all of those who continue to donate and support our amazing school. We hope that we can count on you to help us make this event our best one yet!

The Business & Professional Sponsorship minimum donation is \$250. This will include your logo placed on the back of WSS Run T-shirts, your company name printed in the 2018 program, and your company name placed on the WSS Sponsor Board located in the parking lot. Over 500 T-shirts will be circulating throughout the community with your logo on it!

The Family Sponsors will have their names printed in the 2018 program and placed on the WSS Sponsor Board located in the parking lot.

We look forward to running with you on Sunday, May 21st. Thank you in advance for your generosity and for supporting a long standing tradition and fun family event!

The West Side Run Committee: Cat Bauer, Scott Bowden, Ted Hilton, Jack Sergi, Carol Solinger, Ana Shammah and Michelle Rampi



Directions to West Side Run

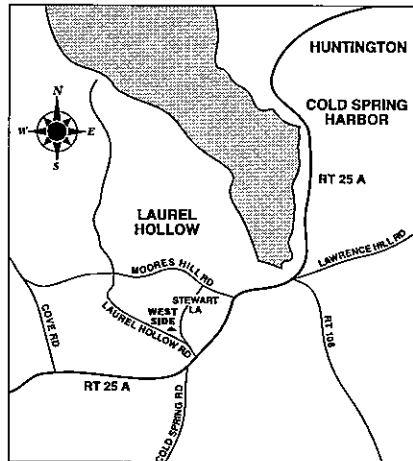
The West Side School is located just one block north of Route 25A in the village of Laurel Hollow, Syosset, NY.

From the West

Take the LIE or Northern State to Route 106. Turn left - North, to Route 25A, Northern Blvd. Turn right - East, on 25A. Continue for 3.2 miles, just past the 4th traffic light, turn left onto Laurel Hollow Road (don't go down the hill on 25A). Follow the signs to the parking area.

From the East

On 25A continue through Huntington and Cold Spring Harbor past the Fish Hatchery, on left, and the Cold Spring Lab, on right, up to the top of the hill on 25A. Turn right on Laurel Hollow Road at the hilltop, before the traffic light. Follow the signs to the parking area.



West Side Run
1597 Laurel Hollow Rd.
Syosset, NY 11791
Att: Connie Robins



I, intending to be legally bound, hereby, for myself, my heirs, my executors, my administrators and assigns, do hereby waive and release any and all rights and claims for damages I have against the West Side School Parent Teacher Group Inc., Cold Spring Harbor Central School District, the Village of Laurel Hollow, the Oyster Bay Fire Department, Just Finish Inc., their representatives, employees, agents, successors and assigns for any and all injuries suffered by me in the West Side Run of May 21, 2017. I attest and verify that I am physically fit and properly trained and conditioned to run the 1 mile and/or the 5k (3.1 miles).

Application Form

NAME _____ PHONE _____

ADDRESS _____ TOWN _____

ZIP _____ AGE (as of race date) _____ SEX _____

EVENT: 5K \$20.00 1M \$30.00 PHYSICALLY CHALLENGED

APPLICANT SIGNATURE (Parent, if under 18) _____



Fill out race application, detach and return with check.

25th Annual



25th Annual
WEST SIDE RUN

West Side School
Laurel Hollow
Cold Spring Harbor C.S.D.



WHEN:

May 21, 2017 (rain or shine)
1 Mile Run at 9:00 am
5k Run at 9:30 am

Check-in: 1 Mile: 8:00-8:30
5k: 8:00-9:00

WHERE:

West Side School
Laurel Hollow Road
Syosset, New York
(1 block north of 25A)
(516) 692-7900

WHO:

All are welcome
Age Groups: 4 and under, 5-6, 7-8, 9-10,
11-12, 13-19, 20-29, 30-39,
40-44, 45-49, 50-54, 55-59,
60-69, 70+,
Physically Challenged

COURSE:

This is the twenty fifth year of the successful 5K and 1 Mile West Side Run! It is unique in that it attracts a wide cross section of runners from children and families up to the serious runners. Both runs go through the scenic rolling hills of the beautiful village of Laurel Hollow.

The first West Side Run was held as an event in celebration of the 200th birthday of West Side School in 1990.

REGISTRATION:

Preregistered runners are guaranteed T-shirts.

Make checks payable to:
West Side PTG

Mail registration form to:

West Side Run
West Side School
1597 Laurel Hollow Road
Syosset, New York 11791
Att: Cat Bauer

FEE:

Preregistration:
\$20.00 for 1 Mile or 5k
Day of Race:
\$20.00 for 1 Mile or 5k

Preregistered runners may pick up T-shirt and race numbers on Saturday, May 20, 2017 between 6:00-8:00 pm.

AWARDS:

Awards will be given for the first, second and third place finishers (male and female) in each age category for the 1 mile and 5k, as well as the overall winners, male and female, for the 1 mile and 5k.

TIMING & RESULTS:

Just Finish Inc. www.justfinish.net



2016 SPONSORS

- Acker Family
- Arneja Family
- Axle Teknology
- Bauer Family
- Baxter Family
- Berg Family
- Bobelian Family
- Bruzzese Family
- Callaghan Family
- Celestino Family
- Coco Family
- Cotek Family
- Dalli & Marino, LLP
- Diane O'Connor Signature Realty
- DiMaio Family
- Discala Family
- Fokas Family
- Franzese Family
- Fruchtman Family
- Gagnon Family
- Gellerman
- Orthodontics
- Goldstein Family
- Gray Family
- Harborside Press
- Intercity
- Plumbing & Heating Corp.
- Jasinski Family
- Jusko Family
- Kean
- Development Company Inc
- Keegan Family
- Ketterer
- Koinis Family
- Law Firm of Patrick Boyle
- Leopold/Ginobbi Family
- Lombardo Family
- Lynch Family
- Mama Theresa's
- Mario's Pizzeria
- Masata Family
- Mazzei Family
- McCarey Family
- McHale Family
- Mittleman Family
- Moriarty Family

- Mulada Family
- Munyak Family
- Nassau Sports
- Physical Therapy
- Nemshin Family
- Newman Family
- Pultz Family
- Rampi Family
- Rosata Family
- Schoonmaker Family
- Shammah Family
- Sheridan Family
- Slaven Family
- Smith Family
- The First National Bank of Long Island
- The Ryan Family
- Thompson Family
- Tighe Family
- Vardy
- Orthodontics
- Ventura Family
- Vitagliano Family
- Will Family
- Wright Family
- Zarboutis Family
- Zazarino Family

West Side Run Sponsorship Form

Name _____
Address _____
Phone _____

- Family Sponsor \$200 \$150
 \$100 \$50
- Business Sponsor \$500 \$250

Please make checks payable to:

West Side PTG
Mail form to:
West Side Run
West Side School
1597 Laurel Hollow Road, Syosset, NY 11791
Att: Cat Bauer
Contact Cat Bauer at (516) 224-4092 or West Side School (516) 692-7900 with questions

Make this a summer to remember!

Open your heart and home to a Fresh Air child...

The Fresh Air Fund, an independent, not-for-profit agency, has provided free summer experiences to more than 1.8 million New York City children from low-income communities since 1877. Children come to experience a cultural exchange with you and your family. Children on first time visits are between the ages of 7 and 12.

Hosts are needed in Suffolk County and the surrounding areas!

Host a child for JUST ONE WEEK

Buses come to Hicksville and Commack on

July 8-15 and July 29- August 5. and to Riverhead and East Hampton on July 12-19 and August 1-8

Other dates can be arranged!!!

For more information, please contact:

Jackie Shapiro at 516-702-1203 or

Jacqueline.shapiro@friendlytown.org



COLD SPRING HARBOR HUNTINGTON SOCCER CLUB AND EXCEL SOCCER

SUMMER CAMPS

JULY 17-21, 2017 & AUGUST 7-11, 2017

Half Day (9a-12pm)
\$165

Full Day (9am-4pm)
\$250

**Boys and
Girls Ages
6-16**

Camp will be run by
professional licensed
trainers provided by Excel
Soccer and CSHHSC DOC
Dave McCarthy

****Multi-Camp Discount****

Register for both camps and
recieve a \$25 discount on the
total cost

REGISTER TODAY AT:

cshhsc.sportssignup.com/site

Contact: Megan Strout : excelsoccer01@gmail.com

FULL TIME CAMPERS MUST BRING THEIR OWN LUNCH

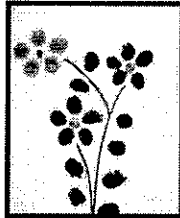
**For Kids & Teens! Programs from Cold Spring Harbor
Library's Youth Services Department. Registration Required!**

SAVE THE DATE!

**MOTHER'S DAY
FINGER-PLANT ART**

Monday, May 8 @ 11 am

FOR CHILDREN AGES 2-5 with Adult



MOTHER'S DAY WELLIE PLANTERS

Tuesday, May 9 @ 4:30 pm

FOR CHILDREN IN
GRADES K-6



**MOTHER'S DAY CARDS
FOR CHILDREN OF ALL AGES**

Friday, May 12 @ 3:30-4:30 pm



For more information about any Kids or Teen Programs, contact a Youth Services Librarian at

TEEN & IN BETWEEN

Cold Spring Harbor Library and
Environmental Center
95 Harbor Road
Cold Spring Harbor, NY 11724



**FOR PARENTS
AND STUDENTS**

**College Admissions:
Your Roadmap to Success!**
What 9th, 10th and 11th grade
students and parents
need to do now!



In this 1 1/2 hour session, students and parents will learn:

- The 5 KEY STEPS students must take to maximize their admissions and scholarship potential
- How to determine which colleges are TRULY BEST FOR YOU
- How to DIFFERENTIATE YOURSELF from all other applicants
- SAT/ACT – how to maximize your admissions possibilities
- How to get colleges to say YES!

Presented By: Michael Binder, MS, MBA
President and Founder, Your College Navigator, LLC
www.YourCollegeNavigator.com

THURSDAY, MAY 4, 2017 7:00-8:30 PM
Cold Spring Harbor Library
Call 631-692-6820 to register.

Some recent testimonials:

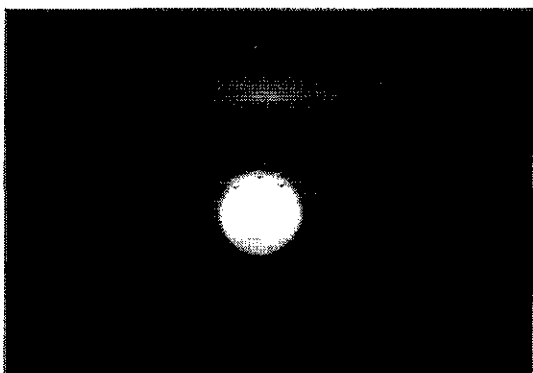
- "Great presentation; very informative; thoroughly enjoyable."
- "We thought we had the whole process under control. We learned things we never thought possible."
- "Amazing! I learned more in your 1 1/2 hour session than I did putting our other two daughters into college."



Michael Binder is one of the premier college consultants on Long Island, having successfully guided hundreds of students through the college planning and admissions process. Mr. Binder is a noted speaker and author on the college preparation, selection, admissions, financial aid and scholarship process. Over the past several years, Mr. Binder has been invited to speak at over 70 libraries, high schools, PTA's, Banks and CPA firms in Nassau and Suffolk counties. He has been published in numerous newspapers and internet blogs, and issues a regular newsletter for interested students and parents. Mr. Binder has been interviewed by numerous publications and TV programs, most recently by *Newsday* and "Money & MainStreet", Verizon FIOS News.

Programs and Services from the Information Services Department

Sunset Photo Shoot
with John Spoltore
Tuesday, May 9 at 7pm



In this hands-on program, students will practice actual shooting techniques and experiment with adjustment settings to their cameras to obtain various image effects. An outdoor, sunset photo shoot is planned, weather permitting.

Please bring your camera and instruction manual and fully charge your camera batteries prior to class.

Limited to 10 students. Free and open to all.
Advance registration is required.

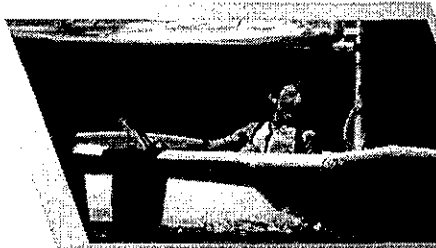
For more information about any Adult Program, contact Information Services at the Cold Spring Harbor Library at 631-692-6820.

Junior Summer Programs

Making every summer the one to remember!

Meet new friends, achieve greater goals and engage in unique activities while exploring and recreating in the marine environment.

Visit our **Open House April 2nd & May 7th 1:00 - 3:00 pm**
Learn more about our amazing programs!



Sailing

Junior Sailing Programs are designed to promote skill progression and continuity with options for every age and skill level. For children entering 3rd - 12th grades.



Marine Discovery

Discover the marine environment and engage in aquatic research while having fun fishing, kayaking, seining, and sailing. For children entering 1st - 12th Grades.



Racing

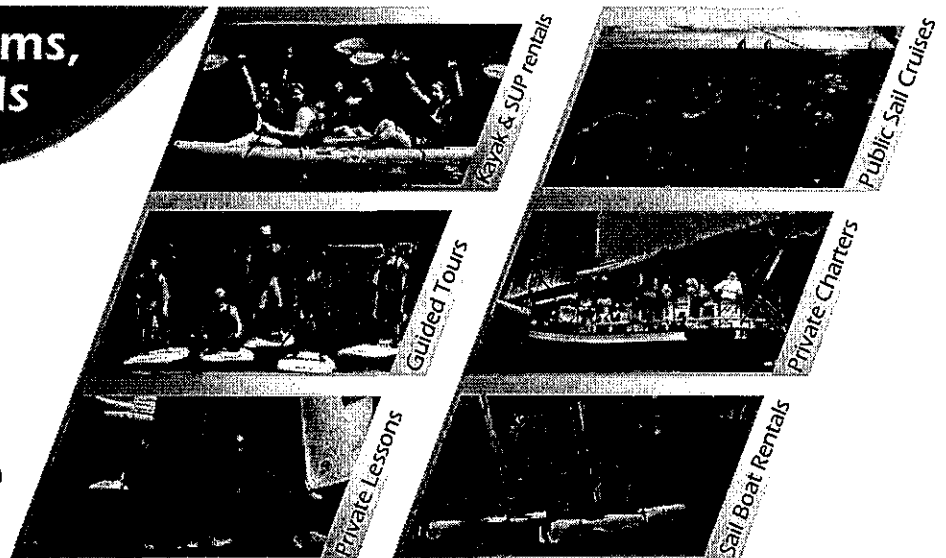
Sailors practice performance sailing, learn racing rules and strategy in preparation for competing at area regattas on Long Island Sound and beyond.

Adult Sailing Programs, Charters, and Rentals

The WaterFront Center offers a variety of programs suited for sailors of all abilities and ages.

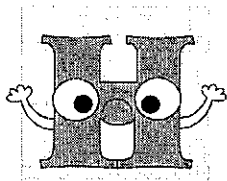
As a US Sailing accredited school, we offer the highest standard of quality instruction and facilities.

Whether you are a first time sailor or a seasoned racer, interested in dinghies, keel boats or cruising, we have an experience for you.



The Heckscher Museum of Art

2 Prime Avenue, Huntington, NY 11743 | 631.351.3250 | Heckscher.org



HECKSCHER FAMILY HOUR Guided Tour & Activities

1:00 pm - 2:00 pm

Children ages 5 - 10 years

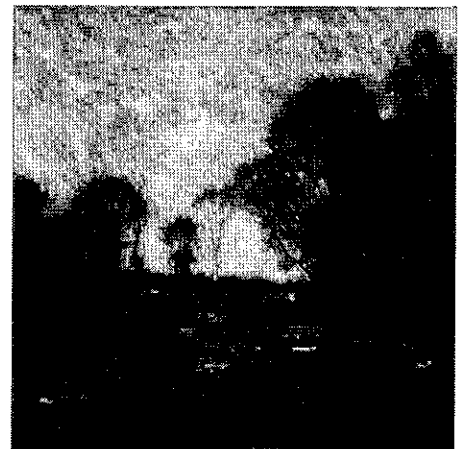
Sunday, May 21, 2017

Earth Muse: Art and the Environment

Sunday, September 17, 2017

Ebb & Flow: Seascape and Shoreline Views

Children and their families are invited to join museum educator Tami Wood for a family-friendly tour of the Museum's exhibitions. Experience the artwork through close looking, lively conversation, and hands-on gallery projects.



Registration is recommended. Space is limited.

Members and Children Free

Non-Members Museum Admission

\$5 activity fee per child

Images (Top to Bottom):

Tami Wood with students in the gallery. William Merritt Post, *A Bend in the River*, n.d [detail]. Heckscher Museum of Art; August Heckscher Collection. (On view in *Ebb & Flow: Seascape and Shoreline Views*)

The Heckscher
Museum of Art

UPCOMING AT THE HECKSCHER MUSEUM

97th ANNIVERSARY CELEBRATION

Weekend of July 8 & 9, 2017

Free Admission & Family Activities

Like & follow
@heckschermuseum



Lloyd Harbor/West Side Schools

(631) 367-8800 LHS / (516) 692-7900 WSS
Valerie R. Massimo, *Principal Lloyd Harbor School*
Kurt Simon, *Principal West Side School*

April 27, 2017

Dear Parents:

As school leaders, the safety, health and welfare of our students is our first priority. We are writing to alert you to a growing concern regarding the use of e-cigarettes and vaping devices. These two activities have become increasingly more popular for children in middle school and high school. Below you will find important information regarding these behaviors:

Some Basic Facts:

- E-cigarettes and vaping devices produce a vapor. Using them is called vaping.
- E-cigarettes and vaping devices use cartridges filled with a liquid that often contains nicotine, flavorings, and/or THC (the main psychoactive substance found in marijuana).
- Most e-cigarettes and vaping devices do not look like cigarettes at all. Many look like pens, highlighters, small flashlights or USB ports.
- These devices and liquids that are sold are currently unregulated by any government health or safety agency.
- Liquid vapors and e-cigarette paraphernalia are sold in local tobacco and vape shops and are readily available online.
- The liquid that is "vaped" does not necessarily have an odor and therefore may not be easily recognized for the substance it may contain.

Tips for Parents:

- Research shows that teens who have conversations with their parents and learn the risks of using drugs are 50% less likely to use them.
- Talk early and often. Health risks are being studied.
- Set clear expectations.
- Discuss rules and enforce reasonable consequences. Let them know they are illegal to possess under the age of 21 in NY. School prohibits any possession or use of vaping devices.
- Be vigilant! Vaping is discrete and allows for more covert use.
- Remember, you are the #1 influence in your child's life.

Some available resources:

- www.drugabuse.gov
- www.cdc.gov
- www.safekidsamerica.org

As always, our health educators, mental health staff and administrators welcome any questions or concerns you may have.

Sincerely,

Valerie Massimo, *LHS Principal*
Kurt Simon, *WSS Principal*