

Check In: 1 Mile: 8:00-8:30 / 5k: 8:00-9:00 Run: 1 Mile: 9:00am / 5k: 9:30am

For Information Contact: West Side Run, 1597 Laurel Hollow Rd., Syosset, NY 11791 Attn: Cat Bauer (516) 692-7900

Cold Spring Harbor C.S.D.

## Celebrating 225 years!

## **Application Form**

I, intending to be legally bound, hereby, for myself, my heirs, my executors, my administrators and assigns, do hereby waive and release any and all rights and claims for damages I have against the West Side School Parent Teacher Group Inc., Cold Spring Harbor Central School District, Village of Laurel Hollow, Oyster Bay Fire Department, JustFinish Inc., their representatives, employees, agents, successors and assigns for any and all injuries suffered by me in the West Side Run of May 3, 2015. I attest and verify that I am physically fit and properly trained and conditioned to run the 1 mile and/or the 5k (3.1 miles).

EMAIL	PHONE
ADDRESS	
ZIPAGE (as of race	date)SEX
EVENT: 5k \$25.00 1 M \$25.00	HYSICALLY CHALLENGED