

20th Annual



5K & 1 Mile Run

Sunday
May 20, 2012

West Side School
Laurel Hollow
Cold Spring Harbor C.S.D.



Directions to West Side Run

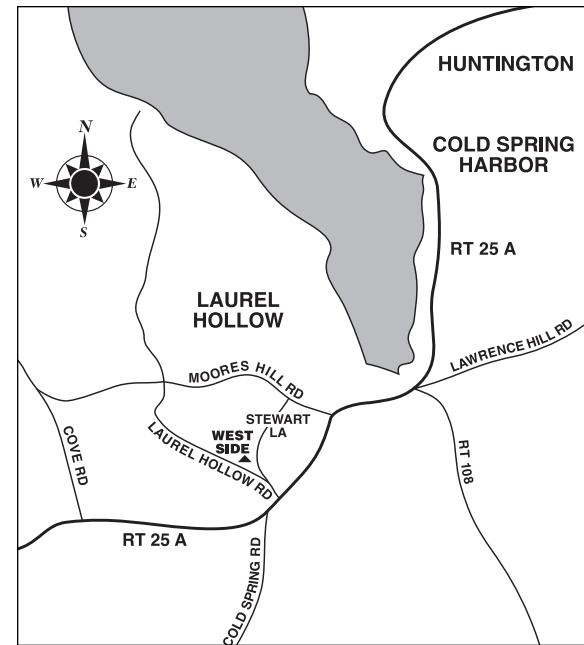
The West Side School is located just one block north of Route 25A in the village of Laurel Hollow, Syosset, NY.

From the West

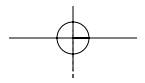
Take the LIE or Northern State to Route 106. Turn left - North, to Route 25A, Northern Blvd. Turn right - East, on 25A. Continue for 3.2 miles, just past the 4th traffic light, turn left onto Laurel Hollow Road (don't go down the hill on 25A). Follow the signs to the parking area.

From the East

On 25A continue through Huntington and Cold Spring Harbor past the Fish Hatchery, on left, and the Cold Spring Lab, on right, up to the top of the hill on 25A. Turn right on Laurel Hollow Road at the hilltop, *before* the traffic light. Follow the signs to the parking area.



West Side Run
1597 Laurel Hollow Rd.
Syosset, NY 11791
Att: Connie Robins



Application Form

I, intending to be legally bound, hereby, for myself, my heirs, my executors, my administrators and assigns, do hereby waive and release any and all rights and claims for damages I have against the West Side School Parent Teacher Group Inc., Cold Spring Harbor Central School District, the Village of Laurel Hollow, the Oyster Bay Fire Department, their representatives, their employees, agents, successors and assigns for any and all injuries suffered by me in the West Side Run of May 20, 2012. I attest and verify that I am physically fit and properly trained and conditioned to run the 1 mile and/or the 5k (3.1 miles).

NAME _____ PHONE _____

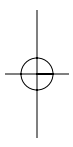
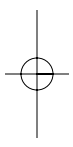
ADDRESS _____ TOWN _____

ZIP _____ AGE (as of race date) _____ SEX _____

EVENT: 5k \$18.00 1 M \$18.00 PHYSICALLY CHALLENGED

APPLICANT SIGNATURE (Parent, if under 18) _____

Fill out race application, detach and return with check.



WHEN:

May 20, 2012 (rain or shine)
1 Mile Run at 9:00am
5k Run at 9:30am

Check-in: 1 Mile: 8:00-8:30
5k: 8:00-9:00

WHERE:

West Side School
Laurel Hollow Road
Syosset, New York
(1 block north of 25A)
(516) 692-7900

WHO:

All are welcome
Age Groups: 4 and under, 5-6, 7-8, 9-10,
11-12, 13-19, 20-29, 30-39,
40-44, 45-49, 50-54, 55-59,
60-69, 70+,
Physically Challenged

COURSE:

This is the twentieth year of the successful 5K and 1 Mile West Side Run! It is unique in that it attracts a wide cross section of runners from children and families up to the serious runners. Both runs go through the scenic rolling hills of the beautiful village of Laurel Hollow.

The first West Side Run was held as an event in celebration of the 200th birthday of West Side School in 1990.

REGISTRATION:

Preregistered runners are guaranteed T-shirts.

Make checks payable to:

West Side PTG

Mail registration form to:

West Side Run
West Side School
1597 Laurel Hollow Road
Syosset, New York 11791
Att: Connie Robins

FEE:

Preregistration:

\$18.00 for 1 Mile or 5k

Day of Race:

\$20.00 for 1 Mile or 5k

Preregistered runners may pick up T-shirt and race numbers on Saturday, May 19, 2012 between 6:00-8:00 pm.

AWARDS:

Awards will be given for the first, second and third place finishers (male and female) in each age category for the 1 mile and 5k, as well as the overall winners, male and female, for the 1 mile and 5k.

TIMING & RESULTS:

Race Management, Inc.



2011 SPONSORS

Trophies:
Robins Family

- 2 JP's Limousine
- ACC Construction Corp
- Adelhardt Construction
- Adomaites Family
- Angelides Family
- Arneja Family
- Aronow Family
- Bacchi Family
- Bagel Master
- Basil Family
- Battillo Family
- Belfi Family
- The Benjamin Companies
- Blau Family
- Bliven Family
- Burkett Family
- Bushwick Commission Co
- Carey Family
- Cashin Family
- Celestino Family
- Connors Family
- Cover Family
- Davis Family
- Discala Family
- Donaldson Family
- Drexler Family
- Elie Harouche MD
- Emanuel Family
- Fare Family
- Fastuca Family
- The First National Bank of Long Island
- Fort Hill Estates Inc
- Frey Family
- Garden City Dermatology
- Genser, Dubow, Genser & Cona LLP
- Gilchrist Family
- Glassman Family
- Grey Family
- Herschlein Family
- Howard Family
- Huntington Indoor Tennis
- Intercity Plumbing & Heating Corp
- Israeli Family
- JVK Operations Ltd
- Ketterer Family
- Kipnes Family
- Kopp Family
- Kraft Family
- Maccarone Plumbing
- Marasciullo Family
- Mccauley Family
- Mccrorie Family
- Milhim Family
- Miller Family
- Mohr Family
- Molinari Family
- Morris Family
- Munyak Family
- Naccarato Family
- Nagel Family
- Napolitano Family

- Nassau Sports Physical Therapy & Rehab
- Natoli Family
- Nemshin Family
- Nesi Family
- Novick Family
- Ottimo Family
- Oyster Rides Taxi Service
- Paston Family
- Paternoster Family
- Paterson Family
- Paw Seasons/Manetto Hill Animal
- Plancher Family
- Reichbach Family
- Reiter Family
- Reynolds Family
- Richmond Family
- Rose Family
- Rose Gagliardi Insurance
- Rush Family
- Samuel Family
- Sanna Family
- Schwartz Family
- Sleepy's
- Stark Family
- Striano Electric
- Tannenbaum Family
- Tighe Family
- Tuohy Family
- Tyree Realty
- Vattes Family
- Vavassis Family
- Visconti Family
- Vitagliano Orthodontics
- Wright Family

West Side Run Sponsorship Form

Name _____

Address _____

Phone _____

Family Sponsor \$200 \$150
 \$100 \$50

Business Sponsor \$500 \$250

Please make checks payable to:

West Side PTG

Mail form to:

West Side Run

West Side School

1597 Laurel Hollow Road, Syosset, NY 11791
Att: Connie Robins

Contact Connie Robins at (516) 921-8529 or West Side School (516) 692-7900 with questions