

West Side Story

Issue 3
Spring 2010



From the Editor's Desk...

Dear Readers,

Welcome to our third edition of *West Side Story*, the literary magazine at West Side School.

This edition features personal student memoirs, poems, Haikus, How To's, newsletters, and Dreamtime Stories. A new addition to the magazine are excellent photographs that were taken by students in the Photo Club.

Students spent a lot of time in the computer lab creating their writing entries. I would like to thank all of the teachers who en-

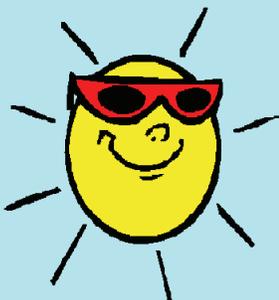
couraged their students to contribute and share their work to the *West Side Story*, and Mrs. Herschlein for her constant encouragement and support for creative writing. I would also like to thank Mrs. Levesque for her help in teaching the students how to create, organize, and research the information in the computer lab for the newsletters and Dreamtime Stories.

I hope this edition will be informative and enjoyable.

Have a wonderful summer!

-Ms. Piccolo

Spring
2010



Message from the Principal

Dear students,

Thank you so much for sharing your writing with us! I appreciate that you took the time to revise and edit your pieces so that they could be pub-

lished in our magazine and enjoyed by the entire West Side School community.

As writers and thinkers, you have so much to say! Thank

you for your stories, articles, and poems. Keep writing!

Happy Summer!

Love,

Mrs. Herschlein

WEST SIDE STORY



“Each moment of the year has its own special beauty.”

-Ralph Waldo Emerson

Submitted by Mackenzie S.

EDITION 3
SPRING 2010



Submitted by Mackenzie S.



“Swinging on a Spring Day”

Submitted by Katie N.



“The Sign”

Submitted by Christopher B.



“Sky after school”

Submitted by Loren Y.

STUDENT MEMOIRS

My Sister

By Stamati S.

My sister is tough because she can throw so far. But the best part of her is that she is so cute. She was born on May 20th. When she came home she was asleep. When she woke up, my dad and I were fixing a chair for her. Then she was able to talk. She was perfect!

My Trip to Woodloch

By Anthony N.

My name is Anthony. I am eight years old. I love football and my favorite team is the New York Jets. I have brown hair and brown eyes. My favorite color is green. My favorite subject is social studies.

The first time I went to Woodloch Pines I was four months old. Woodloch has a lot of trees and four Bocce ball courts. Woodloch has a slide in the summer and tubing in the winter. Woodloch also has one big game room and one small game room.

I went on vacation with twelve other people! I went with my mom and dad. I also went with my sister, Mia, my four cousins, my two aunts, and my two uncles.

I felt sad when I found out that my aunt, my uncle, and my cousins could not come to Woodloch. I felt horrified when this happened. It is my favorite place to go with them because it's like having another brother and sister.

Even though we were sad that my cousins, uncle, and aunt couldn't come, we found out that we could have a lot of fun with just ourselves. We went on the tube run, we went ice skating on the lake and we went on a hay ride on the frozen lake. We drank hot chocolate and the best thing of all was that we could go ANYWHERE whenever we wanted to! I was so glad when we found out that my whole family is coming to Woodloch in the summer of 2010. I can't wait!

My Trip to Washington, D.C.

By Ben C.

My name is Ben. I am eight years old. I have green eyes. I love to play games with friends. I like computers. I also like movies. I have three pets, one big dog and two cats.

I went to Washington D.C. with my family on vacation. We spent an hour trying to find the hotel. The Pope was visiting D.C. at the same time. Security did not let us cross the street, because the Pope was coming by. After that we had fun.

We stayed at a hotel where my dad's friend works. It was near the White House. Mom and I walked to the White House one day, we had fun. We also went to the Mint, we saw people make money. It was my favorite part. We also went to many other museums.

The one thing that I really wanted to do was go into the White House. They did not let us in the White House because we did not have tickets. I was mad when we could not go in. I think it would have been a good experience.

We tried to fly home to NY and the plane could not take off because the Pope was leaving NY. The NY airports were closed. They did not let us leave D.C. We had to wait until the Pope left and then we could come home. Even with the problems, I had a great trip and would do it again. I really loved seeing the White House.



Jackie's Memoir

By Jaclyn D.

My name is Jackie. I have brown eyes and I am a girl. I am nine years old. I have a dog named Teddy who is really cute. I love Abercrombie clothing and my favorite sport is soccer. I have glasses and two sisters. My favorite color is blue-green. I'm nice and friendly. My best friend is Noa S. and my favorite song is "One Time" by Justin Bieber.

My family and I went to Aruba on a plane. Once we got there it was really hot. After we discovered how hot Aruba was, we had to take a bus to our hotel. The hotel was nice and fancy. I hoped that it was the same in our room. When we got to our room it was the same as I wished, nice and fancy. Next we went to the pool. It was shaped like a slimy monster. After that, we had lunch and do you know what was there? Iguanas! They scared me so I put my feet up on my chair. Next, we went to the beach because my sister Olivia wanted to check out the ocean. After visiting the beach, we went to the hot tub. After an exhausting day, we went to change into new bathing suits. We went on a bus to go swim with the dolphins. The dolphins smelled like rotten fish and one dolphin swam under me! The fun was over when we went back to the hotel. We were all wet in our bathing suits and smelled like fish.

I went to Aruba with my family and family friends. My family and I went swimming with the dolphins together. Every day I went to the pool with my family and our friends. We got mudslide drinks every time we went there. They were really good.

The day was going great until we got out of the dolphin pool. We smelled terrible! We smelled like fish. It was a bad smell. I thought I was going to throw up. The worst part is we had to walk in the hotel with that horrible fish stink. People in the hotel started holding their noses, it was really bad. Our family friends just laughed. I was embarrassed.

We went to our room in the hotel. We took showers and every one smelled a lot better. Next we got dressed in nice outfits for lunch. I had nachos for lunch.

I love nachos. Lunch was great! Next, we went to the pool and drank more mudslides. The day was really good.

The Big Game

By Sammy G.

My name is Sammy. I'm eight years old. I love writing and reading. I go to West Side School. It's located in Cold Spring Harbor. My teacher is Mrs. Pellicone. I'm a hard worker in school. My favorite sport is basketball.

One day after school, my dad came to pick me up. When I got home, I changed into my basketball uniform. I went back to school when I was dressed and ready for my game. My basketball game was at Goose Hill School. Goose Hill is for kindergarten and first grade. The game was in the cafeteria.

My teammates were Brent, Drew, Cole, Alex R., Alex W., and Luca. My friends Timo and Anthony were on the other team. My team was called the Celtics and the other team was called the Lakers.

On January 10, 2010, I had a rough day at school because I was thinking about the big basketball game that night. My team was not very good, so every game was important. One of my best friends, Anthony, was on the team we were going to face. Anthony's team beat us once before, so they had a better shot at beating us this time.

When I got there, I started shooting hoops for warm up. Then, the buzzer rang! Our coaches matched us up. I got Anthony. It was tough guarding him. We didn't do well in the first quarter and we didn't do well in the second quarter, either. Nor the third! But, we destroyed in the fourth quarter. My teammates and I played really hard. We worked together really well. We finally won our first game!



My Favorite Present

By Harrison C.

The best present I ever got was an iPod 32 GB iPod. The iPod is awesome. You can just touch the screen and slide it either up and down or side to side. It can hold 14,000 songs!! You can download as many games as you want. You can make your own background, put videos and pictures on it, your e-mail address, a calendar, you can go into the app store, you can check the time, the weather, and you could go into your music and shuffle your playlist. The iPod is a great electronic.



Ski Tournament

By Sean R.

One day I was skiing with my friends when I saw a freestyle ski competition. As I was watching it I asked my dad if we could get tickets to the Dew Tour. He said, "I'll look into it." I was so excited to see what my dad said. Then I thought, "I want to do this!" I got so tied up with freestyle skiing I forgot all about the Dew Tour.

A few weeks later I was biking with my friend Henry. I walked inside and my dad said, "I got tickets to the Dew Tour!" I was so excited I didn't know what to say. That weekend I came to Mount Snow to ski in the morning and watch the Dew Tour in the afternoon. My sister, my mom, my dad, and I skied the parks for the morning. The trails were called Nitro, Carinthia and Inferno. I liked the trail Nitro because they had a mini house that you could jump on and off. They also had butter boxes, rails, metal pipes, a wood log and a mini half pipe.

Then we got ready to see the Dew tour. We saw Simon Dumont do a double barrel roll. About 2 weeks later I saw a sign that said, "Amp Light the Night Rail Jam, Feb.27." I asked my family if I could do the rail jam. They said I could. I was so excited. I started practicing. The requirements were difficult because I didn't know what they were going to put in the competition.

Three weeks later I entered the competition. There was a butter box with a 3 foot gap. There was a rail that you had to jump on to and a metal pipe. I ended up coming in 31st place out of 121 people. I did a backside on the butter box.



The World Series: Yankees versus Phillies

By Harrison C.

It was a nice night in the Bronx. It was 8:00pm and Game 6 of the World Series was starting. It was between the New York Yankees and the Philadelphia Phillies. The year was 2009. The 2008 World Series champions were the Philadelphia Phillies. This game was supposed to be good. The final score in Game 1 was 6-1 Phillies. The final score in Game 2 was 3-1 Yankees, Game 3 was 7-4 Yankees, Game 4 was 8-5 Yankees, and Game 5 was 8-6 Phillies.

“Up first for the Phillies is Jimmy Rollins. It is the top of the 1st inning. Here’s the pitch to Rollins and he swings and hits a line drive up the middle and he’s going for 2, but he is thrown out by Brett Gardner. The side was retired when Raul Ibanez lined out to shortstop.”

“Up first for the Yankees is Derek Jeter. Here’s the pitch to Jeter and he swings and hits a long fly ball to deep right field and it will drop in and he is rounding second and will be in there with a triple. Next up is Johnny Damon and he walks on 4 pitches. Now up is Mark Teixeira and he crushes a pitch to right field and that is gone for a homerun!”

The side was retired, but the Yankees scored 3 runs on 3 hits with no errors and the inning was over.

“Up now for the Phillies is Matt Stairs and he hits one deep to right field, but Nick Swisher jumps the wall and catches it. The side was retired. Up next for the Yankees is Hideki Matsui. The pitch to Matsui is swung on and drilled deep to right field and it is gone.”

“Now up is Brett Gardner and he hits a line drive up the middle and it gets past Raul Ibanez and Gardner is rounding second and heading to third and will be in there with a standup triple. Up next for the Yankees is Derek Jeter and he hits a shot down the 1st base line and Gardner scores and Jeter has an RBI single. The score was 5-0 Yankees. Up next is Johnny Damon and he lays down a sacrifice bunt to get Jeter over to second base. Pedro Martinez retrieves it and throws to first for the out. Jeter is now on second.”

“Now up for the Yankees is Mark Teixeira. They intentionally walk him so he doesn't hit a homerun. Now up is Alex Rodriguez and he hits a ground ball to Chase Utley and he got the force out at second but A-Rod beat the throw to first for a fielder's choice. There are 2 outs in the bottom of the 2nd inning. Up next for the Yankees is Jorge Posada and he hits a ground ball to the third baseman and is thrown out to end the bottom of the 2nd inning. In the top of the 3rd inning it was Carlos Ruiz and he hits a line drive up the middle for a base hit. Up next is Ryan Howard and he hits a long fly to deep left field.”

“Pedro Feliz grounded out to shortstop Derek Jeter for the first out. The side was retired when Miguel Cairo grounded into a double play to end the top of the 3rd inning. Up for the Yankees in the bottom of the 3rd inning is Nick Swisher and he gets aboard with a base hit. Up next is Robinson Cano and he hits a ground ball to the third baseman Miguel Cairo and he tries to get the force out at second base, but he throws it away to get Swisher to third and Cano to second.”

“Next up is Hideki Matsui and he hits a high fly ball to deep right field and it bounces up against the right field wall and Swisher scores and now Cano scores. Matsui is in there with a standup double and the score is 7-2 Yankees. The side was retired. In the top of the 4th inning Raul Ibanez lead off with a solo homerun. The score is 7-3 Yankees. The side was retired when Jason Werth hit a high fly ball to Jorge Posada and Matt Stairs thought it wouldn't be caught so he went to second, but it was a turned double play.”

In the next 5 innings no one scored, so it was the top of the 9th inning and Pedro Feliz led off with a fly out to Johnny Damon for the first out. The Yankees were two outs away from the World Series title. Up next for the Phillies was Jimmy Rollins and he hit a line drive up the middle and he was on first base. Up next was Miguel Cairo and he hit a ground ball to Mark Teixeira and he threw it to second and on to first. The umpire called him out!

The Yankees are champions of baseball. It has been 9 years since they won their last world series in 2000. Everyone had a celebration at the end in the dugout. Game over! Yankees win 7-3! This was their 27th world series and the first at the new Yankees Stadium. Hideki Matsui was the MVP and the GAME WAS OVER!



Dirt biking

By Sean R.

The fresh wind flying into your face

Going off jumps while flying like superman

Making a sharp turn when the dirt showers like raindrops

Feeling great when going full speed on a flat surface

Riding, feeling like a racer with all my gear on

Following my friend, going off jumps, doing tricks

Never taking breaks for water or food

Going off a jump at full speed

My heart starts racing

Happily flying like superman

Soaring through the air



Fall

By Sean R.

Fall is one of the best seasons. You get to watch the leaves turning red, yellow and green. I love watching the birds fly south or the squirrels collect food for hibernation. I try to take many pictures of the trees fading to different browns. Just like the leaves falling from the trees and losing the warmth of spring, I notice little kids coming up to my door and yelling “TRICK OR TREAT” in my ear as I get ready to go trick or treating.

I hear children having shaving cream fights and silly string fights. I listen to little kids screaming in other people’s ears, “TRICK OR TREAT” while collecting candy myself. I taste candy melting in my mouth as my mom makes a large dinner feast with apple cider and hot cocoa. It was astonishing. I also taste juicy apple pie and chewy pumpkin pie and the most important remarkable blue berry buckle.

I can smell the odors like apples gazing out of its crust. People biting into sweet and sour apples as they drink warm vital apple cider.

I touch the wind as it rub against my face and when I run in the leaves they blow against my body. And the different textures feel so unbelievable against my hands.

That is what I do in the fall.



Poems

Florida

By Julianne R.

Sunny Florida,
Listening to the ocean,
Watching GATORS basketball,
Dunking every chance we get,
Shooting 3-pointers,
Getting the foul shots,
Winning every...GAME!!!



A Summer Night

Keri, 5B

A warm summer night, the sound of the breeze howling its song
The sound of the crickets chirping, loud and strong
Hearing the winter silence is wrong
I wish on the full moon for things that I long

As the lush bright flowers dance
All of the trees look as if they are in romance
The leaves moving like ants
Most plants swaying with ambience



As I see the wind swing with ease
The forest floor buzzing like bees
The pond is rippling along with the breeze
Everything is real that I see

When I hear the wind start to slice
My blood turns to ice
Then the breeze goes back to being nice
I stop shaking like a bowl of rice

The warm air blowing through the window
The dim and musty light flooding in illuminating the dust to look like snow
It will be bright soon but the wind will still blow
And everything in my room will take on a shimmering glow

School

By Claudia G.

School is a wonderful place
Especially the teacher's face
The kids are lots of fun too
It is as fun as a zoo
You learn about a base!



West Side

By Dominic D.

Teachers, kids, specials

Math and Social Studies too

Crafts for me and you



Specials

By Dominic D.

Science

Physical Education

Extra Recess

Choices

Internet

Art

Library

Singing



West Side Haiku Poem

By Dominique M.

West side school is fun

Recess, children, lunch, learning

Teachers, girls, and boys

West Side Acrostic Poem

By Emilie R.

Wonderful West Side

Excellent district

School is great

Think a lot

Spectacular

Incredibly cool

Dictionaries it has

Embrace your knowledge



Haiku

By Emily D.

Teachers are teaching

Girls and boys learn all day round

I love West Side School

Free Poetry

By Emily D.

When I think of school I think of learning.

When I think of friends I think of happy times.

When I think of my life I think of West Side School.

West Side School

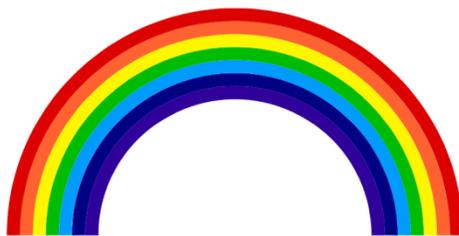
By Emily D.

Everybody seems happy to be there
Since second grade I have gone here
Teachers I look up to
Seeing people happy
I love West Side School
Days pass, I can't tell
Everybody loves West Side School

Color Poetry

By Emily D.

Red books, as red as raspberries
Orange pencils, as orange as a orange
Yellow posters, as yellow as a lemon
Green pens, as green as grass
Blue peacocks, as blue as a whale
Purple post-its, as purple as grapes



School

By Isabelle M.

Sometimes fun, sometimes not

Carts of books

Having fun at the same time

Overall the best learning techniques

On and on studying for tests

Learning things everyday

Book

By Isabelle M.

Lovely, Colorful

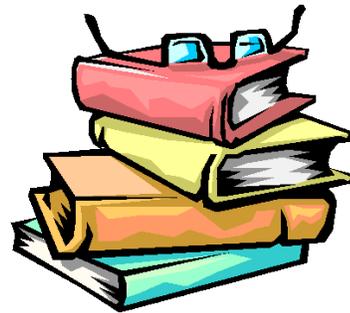
Interesting, Learning, Reading

Movie in your mind

Touching, Outstanding, Comforting

Thick, Thin

Novel



West Side Acrostic Poem

By Katherine K.

Wonderful things to do
Everyone getting along and being true
Studying has to be done
Teachers doing the West Side Run

School work is done
I know it is not very fun
Don't be mean
Everyone will be seen



West Side

By Kelly M.

Best teachers in the world
Books surround me I almost twirled
We are all a family here
When I leave for the summer I tear
For the school talent show my hair was curled

West Side School

By Niall C.

The recess doesn't have one game,
Sadly, we don't have a hall of fame,
One hour left, not too much time,
Well, I think it is time to end this rhyme.



TEACHERS

By Olivia K.

Teaches children

Exciting

Awesome

Creative

Happy people

Excellent

Rock

Smart



Subject Poetry: West Side

By Robert S.

Parking lots

Lots of children

Pencils, erasers

Greenest fields

Freshwater lake

Big library

Yellow buses

Bright, multi-colored, flowers

Mrs. Herschlein

Fun recess playground

School



Peacock

By Tatiana P.

Peaceful

Entertaining

Awesome

Colorful

On a roll

Complaining

Kooky



NEWSLETTERS

3P'S POLAR PRESS

Written and published by Aidan A.

What would you do if you got chased by orcas and polar bears? A walrus has to dive down to get away from predators. Walruses live in Antarctica.

Walruses have fangs to keep away predators. Walruses are brown. They have whiskers on their faces. Walruses have flippers on each part on their bodies. They eat clams and fish.



Did you know that walruses are hunted by polar bears and killer whales? Walruses have blubber to keep them warm. Walruses have wrinkly bodies. They like to live on rocks. Sometimes walruses blow up their chest to float. Walruses are big because they have blubber.



Walruses are the only seal with tusks.

<http://go-passport.grolier.com/>

3P's Polar Press

Written and published Erin T.

March 15, 2010

Tiny Flying Penguins in the Arctic

Did you know there's a flying animal that looks like a penguin? It's called a puffin! It lives in the Arctic.

A puffin has a white head and belly. It has a black body and an orange beak. Also, it has gills. The puffin eats zooplankton, capelins, lances and much more.

The puffin has hair on the back of its head. It has a hole on its back that it drinks oil out of. Did you know that some people think of puffins as sea parrots? Puffins are cute and tiny polar animals that have a life jacket made out of feathers!



<http://go.grolier.com/>

The puffins have wings so they can fly. The puffin is collecting grass for its nest.



Google.com

The puffins communicate through their noises.

3P`S POLAR PRESS

Written and published by Jack V.

March 15, 2010

Do you know the life span of an average seal is 22 - 30 years of life? Seals also live in Antarctica. Their predators are orca whales and leopard seals. Did you know baby seals can gain 250 pounds in the first six weeks of life?

Seals can be up to ten feet long. They weigh up to 1,000 pounds. Did you know seals have silver and grey fur? They eat a lot of cod fish.



Seals usually dive into the water. They do this to find food. Another fascinating fact is that seals use their whiskers to find their way around the dark ocean.

The seal population is 800,000 in the arctic world. Seals are cool.



The seals look like they are sleeping.

<http://go.grolier.com>

3P's Polar Press

Written and published by Maxx K.

4/10/10

Do you know that an orca whale goes under the water and under the ice? It breaks the ice with its nose which makes the seal slide off.

An orca lives in the arctic. Orcas physical characteristics are they have sharp teeth and black and white skin. They have dorsal fins. Their diet is made up of fish, seals and sea lions.



Some more fascinating facts are that Orcas are whales. Orcas are mammals. Females live longer than males. Scientists found the remains of 13 dolphins and 14 seals in an orca!



This is a picture of an orca whale jumping out of the water.

<http://go.grolier.com/>



3P's Polar Press

Written and published by Molly T.

March 15, 2010

Did you know foxes are difficult for people and predators to catch? It's very hard because foxes are fast and sneaky. Foxes live in the arctic. Foxes have bushy and long tails. Arctic foxes are orange and red. Foxes are carnivores. That means foxes eat meat. Foxes also eat berries, fruits and nuts.

Foxes have small paws. Young foxes are called cubs, kits and pups. Female foxes are called vixens. Fox cubs leave their parents when they're three months old. Foxes have strong jaws and sharp teeth. Some foxes are light brown and white.



This fox is hiding from its predators.

<http://go.grolier.com>



3P'S Polar Press

Written and published by Noa S.

March 15, 2010

Do you know that Polar Bears can swim distances of more than 100 miles? A Polar Bear's scientific name is "Ursus Maritimus." Wild Polar Bears live up to 15 - 18 years. Ringed seals are Polar Bear's main food. Polar Bears hunt all year round.

They also eat bearded seals, walrus and beached whales. Polar Bears live in the Arctic. Polar Bears have black

skin under their fur. Adult Polar Bears usually live alone.

At mating time, two or three Polar Bears fight for one female. Polar Bears mate in the spring. Polar Bears roam coastal areas in parts of the United States, Canada, Russia, Norway, and Greenland.



<http://go.grolier.com/>

A polar Bear jumps from one ice chunk to the other.

Harpy Eagle

By Joshua K.

- Lives in South America
- Has a beak for ripping flesh
- Wing spans up to 7 feet
- Crest of feathers on head
- Sharp talons that are longer than a grizzly's claws
- Eyesight that helps for hunting
- Uses talons to hunt
- Eats nineteen types of reptiles and birds



Toucan

By Noa S.

Where does it live?

- Lives in the Central/ South America, canopy layer

What does it look like?

- Has a big banana shaped beak
- Has lots of colors (black/yellow)

What does it eat?

- Ripe fruit, berries, and seeds
- Bird eggs
- Insects, snakes, spiders, and lizards

Interesting facts

- Can camouflage
- Bright colors scare away predators



DREAMTIME STORIES

Dreamtime stories belong to Australia's Aboriginal people. These ancient and sacred stories tell about creation; how the land, ancestors and animals came to be. Dreamtime stories are told aloud and have been passed on for countless generations.

How the Armadillo Got Its Tail

By Alex and Royce, 3P

Once upon a time there was an armadillo named Coffee. One day he was trotting in the woods when he came across a shell that was just the right size for his body. He needed a shell for protection.

Coffee put the shell on and it would not come off. Coffee was mad, but on the bright side, at least he was protected! From that day on all armadillos had shell armor for protection that wouldn't come off.

Many years later, there was a great war. The armadillos were ready. The monkeys were ready too, but the armadillos won the war. From that day on, all the animals lived happily and the armadillo was happy because it got its coat of armor.



Illustrated by Alex



Illustrated by Royce

How the Boodie Got Its Tail

By Kelly G. and Cole A.

A wise old man once told me how the Boodie got its long tail. One day the Boodie was taking a nap. The Boodie was a very noisy sleeper. The Boodie had big scary black eyes and his body was brown.

Sometime later, the wise old man came along and almost stepped on the Boodie. The wise old man saw the Boodie's big eyes and his fat body and he screamed. The Boodie did not know what to do, he was scared to death! The wise old man said, "You need a tail so it thumps on the ground so people can hear it and they will not step on you, like I almost did by mistake!"

The wise old man said, "It's okay little Boodie, I will make you a tail!" When the wise old man finished making the tail, the Boodie tried it on and smiled happily. The Boodie became friends with the wise old man and that's how the Boodie got its long tail.



Illustrated by Kelly G.

Illustrated by Cole A.



How the Pallid Bat Got Its Wings

By Stephen D. and Molly T.

One night a baby bat said, "I wish I could fly." Then the mother bat said, "I wish I could fly too." The other bats said, "We want to fly too." The other bats started looking for food in their caves.

The bats got trapped by tigers and they started fighting. The bats wished they had wings so they could fly away. Unfortunately, more and more tigers arrived where they were hanging out. The bats did not know what to do!

Twenty birds died that night, so their wings fell off and landed on the floor. Next, the koalas came with gum from the gum trees. The bats stuck the gum to the wings and the bats put the wings on and flew away. The bats carried the koalas away with them on their backs. The koalas and bats were safe and this is how the pallid bat got its wings.



Illustrated by Stephen D.



Illustrated by Molly T.

HOW TO...

How To Choose Music For Ballet

By Anna R.

Do you want to learn how to choose music for ballet? Well, learn from me! I would prefer that dancers read the directions written below. I am an authority at this because I take ballet and concentrate on the music a lot. Another reason I am an authority at this is because I have been dancing since I was three.

Materials You Will Need:

1. CD player
2. Ballet music
3. A big room

Steps:

1. Put one disc of ballet music in the disc slot of your CD player.
2. Press the play button on your CD player.
3. Start doing your dance or exercise.
4. If the music is going too fast or slow, try another disc.
5. Repeat step four if your music still isn't working out for your dance or exercise.



Tip: You may need a lot of music with you!



How To Take Care of a Toad

By Cole A.

Do you like toads, but not know how to care for them? I had two toads until my brother let one loose and one died. So that makes me an authority on toads.

Tip: If you feed the toad fat crickets all the time he will go bathroom a lot!

Materials You Will Need:

- Toad
- Water
- Crickets
- Bathtub
- Sink
- A high shelf



Steps:

1. Make sure there are no tiny holes in the cage.
2. Put the toad in the cage and give it some crickets.
3. Put the cage on a high shelf. (So no one can touch it!)
4. To clean the cage, put the toad in the bathtub and close the drain every 2-4 days. Put crickets in and put a little bit of water.
5. Clean the cage while the toad eats.

That is how to take care of a toad! Make sure you take it outside every once in a while and let it hop around.

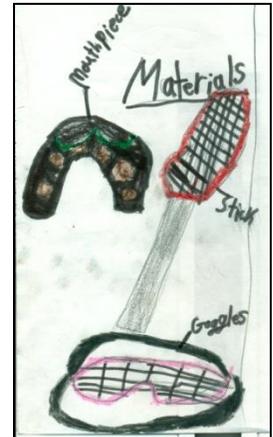
How To Gear Up For Lacrosse

By Kelly G.

If you want to play lacrosse but you do not know how to gear up, read this how to. I've been playing since kindergarten so I am an expert. It does not take long to get all the gear on. These are the steps to gear up for lacrosse.

Steps:

1. Get your mouthpiece and put the open part on your top teeth.
2. Get goggles and hold them on your eyes.
3. Put one strap of your goggles over your ponytail and one strap under your ponytail.
4. Get your lacrosse stick.
5. You are all geared up!



TIP: If you are a girl, always wear a ponytail. Also, once you buy the mouthpiece boil it in hot water for 20 seconds. ONLY THE FIRST TIME!

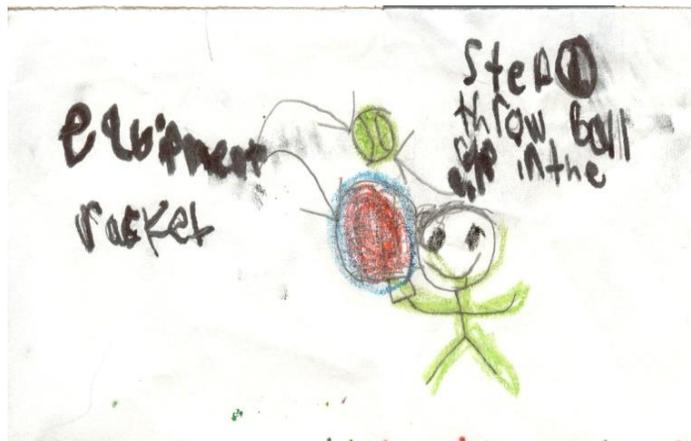
How To Hit a Tennis Ball

By Felix M.

People who might want to play tennis should read this. I am the authority at tennis because I practice a lot. I have been playing for three and a half years.

Materials:

- Partner
- Balls
- Net
- Racket



Steps:

1. Throw ball up in the air.
2. Swing arm back straight.
3. Swing and hit the ball.
4. Slightly turn the racket up so the ball will go over the net.
5. Hit straight so the ball won't go over to the side.



Tips: Practice a lot, just like me and bond with the sport.

How To Do a Camel Catch Spin

By Erin T.

If you want to learn how to do challenging things in ice skating then you should read this. I'm an authority at skating because I have been ice skating for a long time.

TIP: You need to learn the basics about skating (especially a catch spiral, spiral and a spin), before trying this move.

MATERIALS:

- Ice Rink
- Skates
- Jacket
- Gloves

STEPS:

1. First, tie your skates very tight.
2. Then, get on the ice and warm up.
3. After you're warmed up and ready to go, do a right three turn around where you're going to do the spin.
4. Then, do backward crossovers like you would usually do for a spin.

5. On the last crossover, pull your arms back and pick up your foot from under the cross.
6. Then, on your left foot, make a number nine and whip around and pick up your right foot high and lean over.
7. Stay like that for four turns (revolutions.)
8. Then catch your foot and pull it up, but still be leaning forward.
9. Then, let go of your foot and cross over your knee.
10. Push the foot down and push your hands down too.
11. Your foot should cross the foot that's on the ice.
12. Then, lift up that foot a little and put it on the ice quickly. Lift up your left foot high and bend your skating knee.
13. Put your left hand in front. **THAT IS YOUR LANDING!**

