

## SIT Notes 13-14 12/1/13

Present: T. Sajewski, D. Lauro, S. Lauro, M. Terracciano, C. Homer, J. Monastero, I. Gitlin, K. DiMaio, M. Strunk, T. Bhatia and J. Pickering.

- Kara Santucci – SUSS program – There is no cost to the school for the program – In 20 schools now
- Caps Agency – Students united for safe school
  - Based on social norming like SADD
  - Students have a voice and power in changing the school climate
  - Call each other on poor behavior
  - Start with a needs assessment that is an anonymous survey (Survey will be mailed to Mr. Homer)
    - Use this data to move towards respect
      - One for 7-8
      - One for 9-12
    - Start a group often with government or SADD
    - Survey is done online
  - They tease out what is bullying and not
  - What is conflict and what is bullying
  - There are many activities that can be done to help
    - No name calling week
    - Mix it up day
    - Etc.
    - 3 Per year (or more)
    - All to promote kindness and respect
  - Power Point Presentation occurred
    - See PPTX for the goals of the activity
- Student training takes about 90 minutes
  - Get a broad representation of students to participate in the training
  - Ask staff to recommend students
- The program is very similar to Natural Helpers
- There is a need for a faculty advisor to run the activity
  - The levels of integration can vary greatly from district to district
- The program helps set up campaigns to spread positive messages in the building
- The training for the students occurs every year
  - Group should be around 30 students for the program
  - Discussion about a survey on stress
  - How to deal best with different types of stress in a student's life
  - Find out what these stresses are
  - Mr. Homer discussed the stress reduction program he utilizes in his High School Health Class

- Discussions on an open gym night
- Pros and cons for types of open gyms
  - Grade levels (7-8, 9-12 and/or 7-12)
  - Dates and quantity of dates
  - Times and activities
- Discussion of goals
  - Awareness of stress that students feel by staff (Multiple tests on same day)
  - Provide more details to staff about the school climate survey
  - Discussion on stress
- Adjourned 4:20