

THE FRIDAY NOTES

Lloyd Harbor School • April 26, 2013

Monday 4/29	Student Council Meeting 8AM Grade 4Field – Tin Lanterns
Tuesday 4/30	Grade 5 & 6 – SWWAT Grade 4Diehl – Tin Lanterns
Wednesday 5/1	Grade 4Classi – Tin Lanterns Grade 3 Has Talent – 7PM
Thursday 5/2	Grade 4Caputo – Tin Lanterns Grade 2 Bash the Trash – LT
Friday 5/3	Parent Leader’s Brunch Grade 4 Engeman Theater Little Mermaid Cast A – LT 3:15PM

FROM THE SCHOOL

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****AFTERNOON ACTIVITIES - DISMISSAL ****

All students attending an after-school activity will be picked up at the back circle. Please follow the traffic pattern of the PM dismissal (reverse traffic flow). As always, the safety of our children is paramount. Children are not permitted to cross between cars or through the parking lots.

BOARD OF EDUCATION

The next regular Board of Education meeting will be held on **Tuesday, May 14th** at 8PM at the DO.

AFTERNOON BUILDING ACCESS

Please note there will be no access into the school after 4:15PM unless it has been previously arranged or approved.

CHANGE IN DISMISSAL – FOR “PLAY DATES”

If you are planning a play date for your child that involves a change in transportation, please make sure the other child is aware as well as the other child’s parent and the teacher.

BAND REHEARSALS

Just a reminder that attendance at early morning band rehearsals is a requirement for participation in the Spring Concert on May 9th. Rehearsals begin promptly at 8AM in the Band Room. **6th grade band rehearses** on Tuesday mornings and **5th grade band rehearses** on Thursday and Friday mornings.

4th grade band rehearsals will be held on the following dates: Tuesdays, May 14, 21 and 28, Thursdays, May 16 and 23. All rehearsals will start promptly at 8AM in the Band room. Students should bring their instruments and Essential Elements Books to every rehearsal. Attendance will be taken and is a requirement to participate in our Spring Concert at Lloyd Harbor School on May 30 at 7PM.

FROM THE NURSE

Parents of all 3rd graders, please submit physicals and dental clearances from this academic year (9/12 through 9/13). Parents of all 5th graders, please submit physicals with updated immunization records from this academic year (9/12 thru 9/13).

THE SEAHAWKS BOOSTER CLUB

The Seahawks Booster Club is pleased to announce we are raising funds to build a walkway from the high school parking area to Seahawk Field. This will allow fans and athletes alike to walk comfortably and safely from the high school parking area to the lower turf field - eliminating the need to walk along the roadway or on the existing dirt path. The new walkway will be approximately nine feet wide, with a center asphalt walking surface bordered by inlaid bricks. To assist us in funding this effort, we are offering the opportunity to the Seahawk community to

engrave these bricks to commemorate their support of Cold Spring Harbor High School, its students, faculty and athletic programs. This is a family and community effort. We want to include as many students, families, friends, neighbors and local businesses as possible. Please consider purchasing a brick in honor of a new graduate, a favorite teacher or alumni, a special event, or in your family name. Our first phase is expected to be installed over the summer, so the first bricks must be purchased by June 15th! To purchase your personally engraved brick, please visit the Seahawks Booster Club website at www.cshathletics.com.

FROM THE LHS/PTG

Please visit the LHS*PTG Website at lhsptg.org

LHS*PTG Website

Make sure to sign up at the bottom of the Home Page, "Follow this Blog" to receive e-mail updates when a new post appears on the website. Find links at the bottom of the Home Page to follow us on Twitter @lhsptg and Facebook (Lhsptg).

GoodSearch/GoodShop/GoodDining

Remember to use GoodShop when searching and shopping! Relatives and friends can use GoodSearch and help support Lloyd Harbor School as well. Set up GoodSearch on all of your computers and devices. Use GoodSearch for all of your searches and shopping and the LHS*PTG receives a donation at no extra cost to you. Find the link on the LHS*PTG Website (www.lhsptg.org). Go to the "Easy Ways To Give" page where you will find a GoodSearch icon to click on. Thank you!

Value Drugs

Remember to use your Value Drugs key fob every time you shop there. LHS*PTG receives a donation from Value Drugs at no extra cost to you.

LHS Vegetable Garden

We are looking for some parents to help with the vegetable garden. It would not be a big commitment. Any help we could get would be great! Please contact Augusta Reese augustareese@verizon.net. Thank you!

LHS*PTG Staff Appreciation Day

We're using VolunteerSpot (the leading online signup and reminder tool) to organize our Staff Appreciation Day. Please sign up for the Staff Appreciation Luncheon - here are the steps:

Click this link to go to our invitation page on VolunteerSpot: <http://vols.pt/TpaLqx>

Enter your email address: (You will NOT need to register an account on VolunteerSpot)

Click on the big clipboard. Pick your category and click on the yellow/orange square (SIGN UP HERE!)

Click on the little icon to the right of this square. It looks like the 'thoughts in a bubble'. 'Comment here.'

This is where you'll see what others are bringing and where you can type in your choice.

Hit add in the green box. Close

LHS*PTG Event Announcements & Reminders

All LHS*PTG members receive Weekly Reminders every Monday and a great deal of event announcements and reminders via e-mail. Make sure your information is updated. Please e-mail Randi Solis at lhsptg@gmail.com to confirm. On the bottom of all e-mails you can "manage your subscription" yourself, please add your e-mail address to the LHS 2012-2013 list and your children's grades as well. Thank you.

Sixth Grade Activities

Thanks to all the parent chaperones who made the Lloyd Harbor/West Side Bowling Party a big success! They include: Dianne Breitstone, Therese Fox, Dana Service, Kim Toscano, Pam Bell, Terri Coyne, Jean Ann Suter, and Lisa Martin. A special thanks to all the committee members who helped make this year really special for our sixth graders!

Fresh Air Fund

Come learn about hosting an inner city child for one week this summer through The Fresh Air Fund, on April 30th from 10:30am-12:00 pm at the Cold Spring Harbor Library. Can't make it? Contact Jacqueline Shapiro at (516) 702-1203 or jacqueline.shapiro@friendlytown.com or go to www.freshair.org.

Third Grade Talent Show

The 3rd Grade Talent Show is on Wednesday, May 1st, from 7:00 pm to 8:30 pm in the gym at Lloyd Harbor School. Family and friends are welcome to see this spectacular display of singing, dancing, piano playing and much more. Thank you to all the parents and kids who have joined us on this wonderful endeavor.

LHS*PTG Parents Play

Thank you to our parents that came to play with the children today! The next Parents Play will take place on Friday, May 3rd. Sign up as many times as you like!

Fun Run

The Little Apple Fun Run will take place on Sunday, May 5th. Volunteers are still needed! We also need food donations! Please bring cereal bars, granola bars, small plates, water bottles, plastic forks, knives and spoons outside the Little Theater anytime from now until the morning of the race. We need munchkins and cut-up fruit platters on the morning of the race. Contact Terri Coyle at pnpterri@gmail.com to volunteer and to let Terri know which items you are able to bring. If you have a teenager that wants to earn Community Service Hours, please contact Laura Morris at lauraljm@aol.com. Thank you!! Have you seen the Apple yet? Look for the Apple at pick-up!!

SEPTA

Please join us for our next discussion, held Tuesday, May 7th, at 10:00 am at the Cold Spring Harbor Library as Dr. Connie Russo presents, "Dyslexia: The Gift". Dr. Russo has helped a number of parents as she discusses the prevalence of dyslexia and how it is often misunderstood and under diagnosed. Next Tuesday she will show us how to celebrate the child who learns differently. If you know of someone who would benefit from this discussion please encourage he/she to attend - all are invited. Also, if you or someone you know is interested in a board position with SEPTA please reach out to Christina Goetjen at CSLewisGo@gmail.com.

LHS*PTG Meeting

The final LHS*PTG Meeting of the current school year will take place on Thursday, May 9th, at 9:15 am.

COLD SPRING HARBOR ELEMENTARY SCHOOLS

MAY 2013

AVAILABLE DAILY: \$ 2.75
SERVED AS COMPLETE MEALS
 BAGEL LUNCH W/ CHEESE OR YOGURT
 CHEESE SANDWICH
 JELLY SANDWICH
 PIZZA SLICE
 ASSORTED SEAHAWK SALAD SHAKERS
MONDAY - TURKEY ON A ROLL
TUESDAY - HAM & CHEESE ON A ROLL
WEDNESDAY - TURKEY WRAP
THURSDAY - BEEF BOLOGNA & CHEESE
FRIDAY - TUNA SALAD WRAP
 ALL COLD CUTS BOAR'S HEAD BRAND

BREAKFAST SERVED DAILY 8:30 - 8:45am \$1.75
INCLUDES MILK, JUICE AND FRUIT
 AVAILABLE DAILY - BAGELS AND CEREAL
MONDAY & WEDNESDAY - FRENCH TOAST STICKS
TUESDAY & THURSDAY - PANCAKES
FRIDAYS - EGG & CHEESE BAGEL
 BREAKFAST IS AN IMPORTANT START TO EVERY DAY

SERVED DAILY
 MILK CHOICES: 8oz
 WHITE SKIM or 1%,
 FAT FREE CHOCOLATE
 100% FRUIT JUICE - 4oz
 APPLE OR ORANGE
 FRESH FRUIT BOWL
 CHILLED CUPPED FRUIT
 FRESH BABY CARROTS
 WE OFFER WHOLE
 GRAIN BREADS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>BEEF (B) TURKEY (T) PORK (P) CHICKEN (C) OFFICE OF FOOD AND NUTRITION GERRI TIGER SCHOOL LUNCH MGR 367-6970</p>		<p>1 LITTLE ITALY CHEESE RAVIOLI MARINARA SAUCE ITALIAN BREAD CRISP GREEN SALAD SLICED PEARS CHOICE OF MILK</p>	<p>2 FRENCH DIP SLICED BEEF STEAK GRAIN ROLL GRAVY DIP SLICED CARROTS SLICED PEACHES CHOICE OF MILK</p>	<p>3 T.G.I.F. PIZZA PIZZA WEDGE VEGETABLE STICKS WITH DIP SALAD CUP CHILLED FRUIT CUP CHOICE OF MILK</p>
<p>6 CHICKEN NUGGETS ALL WHITE MEAT RICE PILAF SAUTEED ZUCCHINI CHILLED APPLESAUCE CHOICE OF MILK</p>	<p>7 PRETZEL SANDWICH HONEY HAM AND CHEESE CARROT & CELERY STICKS MACARONI SALAD CHILLED MIXED FRUIT CHOICE OF MILK</p>	<p>8 PASTA PASTA STUFFED SHELLS MARINARA SAUCE ITALIAN BREAD FRESH APPLES CHOICE OF MILK</p>	<p>9 SWEET & SOUR MEATBALLS(C) BROWN RICE BROCCOLI FLORETS PINEAPPLE CHUNKS CHOICE OF MILK</p>	<p>10 MY OWN PIE INDIVIDUAL MINI PIZZA FIELD GREENS SALAD SLICED PEACHES CHOICE OF MILK</p>
<p>13 POPCORN CHICKEN ALL WHITE MEAT SWEET FRIES CAULIFLOWER PARMESEAN SLICED PEARS CHOICE OF MILK</p>	<p>14 SOUP & SANDWICH GOLDFISH GRILLED CHEESE HOT SOUP CHOICE BABY CARROTS FRUIT CUP CHOICE OF MILK</p>	<p>15 MAMA MIA MEATBALL HERO PARMESEAN MIXED FIELD GREENS FRESH FRUIT BOWL CHOICE OF MILK</p>	<p>16 CHICKEN BURRITO WHEAT WRAP CHICKEN, RICE AND BLACK BEANS SIDE OF SALSA FROZEN FRUIT CUP CHOICE OF MILK</p>	<p>17 PIZZA PIZZA CHEESE OR PEPPERONI(P) TOSSED SALAD GREENS WITH DRESSING APPLESAUCE CUP CHOICE OF MILK</p>
<p>20 BREADED CHICKEN BREAST WHOLE GRAIN BUN OVEN BAKED POTATOES GARLIC GREEN BEANS CHILLED PEACHES CHOICE OF MILK</p>	<p>21 WRAP IT UP TURKEY WRAP POTATO SALAD VEGETABLE STICKS RANCH DIP FRESH FRUIT BOWL CHOICE OF MILK</p>	<p>22 PASTA PASTA SPAGHETTI WITH MEAT SAUCE(B) CAESAR SALAD FRUIT COCKTAIL CHOICE OF MILK</p>	<p>23 HERO DAY AMERICAN HERO TURKEY, HAM AND CHEESE CRISPY OVEN FRIES ORANGE SMILES CHOICE OF MILK</p>	<p>24 PIZZA PARTY PIZZA SQUARE OR PIZZA BAGEL VEGETABLE PASTA SALAD CHILLED PEARS CHOICE OF MILK</p>
<p>27 MEMORIAL DAY</p> <div style="text-align: center;"> </div>	<p>28 TACO TUESDAY MEAT(T) & CHEESE LETTUCE & TOMATO SIDE OF SALSA BROWN RICE CINNAMON APPLESAUCE CHOICE OF MILK</p>	<p>29 ASIAN STYLE TANGERINE CHICKEN & BROCCOLI WITH RICE PINEAPPLE BITS FORTUNE COOKIE CHOICE OF MILK</p>	<p>30 CSH SLIDERS TWO MINI BURGERS OVEN FRIES PICKLE CHIPS FRESH FRUIT CHOICE OF MILK</p>	<p>31 DOUBLE CHEESE STUFFED CRUST PIZZA RAW VEGGIES WITH DIP ORANGE SLICES CHOICE OF MILK</p>

2013 6th Grade Yearbook Order Form

Graduation is right around the corner
Order your keepsake yearbook today!

Cost \$ 42

Please make checks out to LHSPTG

Deadline for Yearbook Orders is

4/30/13

Students Name: _____ Class: _____

Parents Email Address: _____

Phone # _____ # of Yearbooks _____

Please make checks out to: LHS PTG

Please indicate "Yearbook" and your child's name in the memo.

Questions? Contact: Deneel Berlinghof at Berlinghof@optonline.net

Thank You!!

From the Cold Spring Harbor Library

Mother's Day Crafts

Mother's Day Sugar Scrubs

Wednesday, May 1, 4:30 p.m.

For children in grades 5-8

Give your loved one a spa-like experience with a variety of homemade sugar scrubs.



Mother's Day Pottery

Monday, May 6, 4:30 p.m.

For children in grades 3-6

Mold your own pottery to give as a Mother's Day gift.

Mother's Day Potholders

Tuesday, May 7, 2:00 p.m.

For children ages 2-5 with adult

Decorate a potholder to give as a Mother's Day gift.



Mother's Day Decoupage Vases

Wednesday, May 8, 4:30 p.m.

For children in grades K-2

Decoupage a glass vase to give as a Mother's Day gift.

Registration Required!



Read it in Good Health!

NEW!

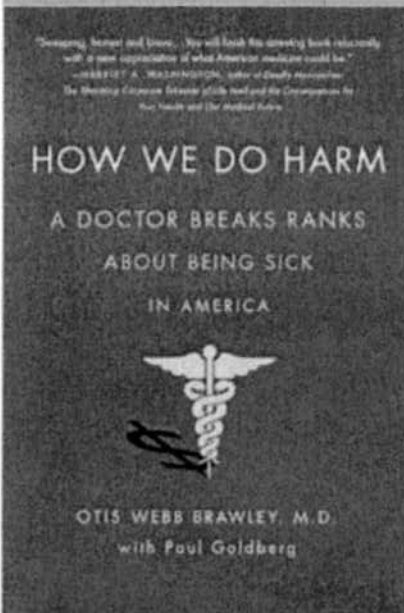
This group will discuss both fiction and non-fiction books that focus on contemporary topics in health and medicine today.

Saturday, April 27th from 11 a.m. to 12 p.m.

How We Do Harm: A Doctor Breaks Ranks About Being Sick in America

by Otis Webb Brawley and Paul Goldberg

Dr. Otis Brawley is the chief medical and scientific officer of The American Cancer Society, an oncologist with a dazzling clinical, research, and policy career. *How We Do Harm* pulls back the curtain on how medicine is really practiced in America. Brawley tells of doctors who select treatment based on payment they will receive, rather than on demonstrated scientific results; hospitals and pharmaceutical companies that seek out patients to treat even if they are not actually ill (but as long as their insurance will pay); a public primed to swallow the latest pill, no matter the cost; and rising health-care costs for unnecessary—and often unproven—treatments that we all pay for. Brawley calls for rational healthcare, healthcare drawn from results-based, scientifically justifiable treatments, and not just the peddling of hot new drugs.



Cold Spring Harbor Library & Environmental Center

95 Harbor Road, Cold Spring Harbor, NY 11724

(631) 692-6820 www.cshlibrary.org