

Photo Credit: www.wikipedia.org



The Honorable Life of George H. W. Bush

By Alex Wright



What do you think of when you hear about our late 41st president, George H.W. Bush? For some reason, over the past twenty years, unlike with most former presidents, people seem to have forgotten his importance and, in turn, have minimized his legacy.

Do you even know what H.W. stands for? Often mocked in recent years as the Texas oil man, a one-term president, the president who lost to Bill Clinton, “Dubya’s” father, and Barbara’s husband; Bush seems to have gained a reputation as an unpopular, ineffective president. Despite common belief, this is simply not the case. When President Bush left office in 1993, his approval rating was 56%, and believe it or not, in 2008, 60% of Americans gave his presidency a positive rating. To be a one-term president does not always mean that president was bad, but in many instances, it means he is simply forgotten.

During his presidency (1989-1993), President Bush’s important accomplishments included those in both domestic and international policy, but he was famously quoted telling reporters he enjoyed foreign policy more. In the landscape of foreign policy, President Bush found his greatest support and success, juggling multiple foreign conflicts simultaneously. For example, just months into his first term, he both responded swiftly to the dissolution of the Soviet Union and oversaw the U.S. military’s removal of Panamanian dictator Manuel Noriega from power when Noriega refused to give up control after a democratic election. Not long after, Bush responded to then Iraqi President Saddam Hussein’s invasion of Kuwait, creating a national coalition and leading a military strike to drive him out of the country. This is widely regarded as his greatest foreign policy achievement.

On the domestic front, President Bush pioneered and enacted one of the single most important pieces of civil rights legislation in American history, the Americans with Disabilities Act (ADA). This act prohibits discrimination against individuals with disabilities in all areas of life: at work, school, and all public places, as well as on public transportation. A landmark initiative for our country, this act made certain that people with disabilities are granted the accommodations to ensure them the same rights as all American citizens. Following President Bush’s death last month, reporters and news anchors

highlighted the many inspirational, selfless acts of kindness he performed, some having only come to light after his death. For instance, under the pseudonym George Walker, at age seventy-seven, Bush sponsored a seven-year-old boy named Timothy in the Philippines. For the next ten years, he frequently sent Timothy heartfelt letters, photos, and gifts – some of which were flagged by the Secret Service to protect the President’s identity. Only after the boy aged out of the program, Compassion International, did he learn that he had been corresponding with a former U.S. president and was quoted as saying that “the revelation was a life-changing event.”

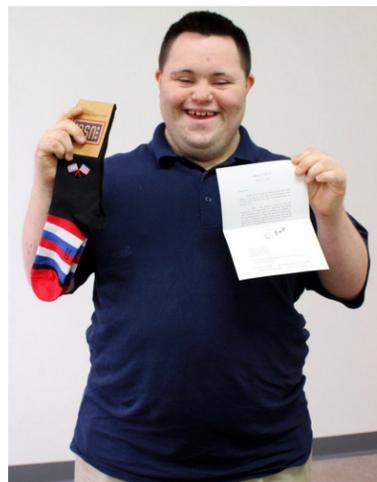


Photo Credit: www.johnscrazysocks.com

Throughout his presidency, Bush was a champion for people with disabilities, demonstrated by his passage of the ADA. This support came from deep within his heart. In his nineties, President Bush developed a connection with a Long Island entrepreneur and founder of John’s Crazy Socks, John Cronin, who has Down Syndrome. Bush proudly wore socks from John’s company and sent him letters, even asking John to design a pair of socks to wear to his wife Barbara’s funeral. This pair was adorned with books because she was a champion for literacy.



Photo Credit: seattletimes.com

One particularly admirable quality of the late president was his charismatic lease on life. In addition to all of his extensive humanitarian work and genuine acts of compassion, even as he aged, he continued to experience life to its fullest. Famously, he commemorated his 75th, 80th, 85th and 90th birthdays by skydiving, showing that even in retirement from the highest office in America, a person can still continue to set and achieve new goals for himself or herself.



Photo Credit: flicker.com

So who is George H.W. Bush? He is not a forgotten, one-term president. He is our 41st President, our 43rd Vice President, a two-term congressman from Texas, a United Nations Ambassador, a former CIA Director, a commemorated WWII naval airman, a compassionate humanitarian, a father of six children, and a faithful husband of seventy-four years.

And by the way, H.W. stands for Herbert Walker.

*President George H.W. Bush
June 12, 1924 – November 30, 2018.
Rest in Peace.*

365 Days, 14,622 Deaths, 1 Killer

By Juliana Wells

The new year is upon us. 2018 has come and gone. Most of us started the new year with a celebration at midnight and resolutions, but for 14,622 Americans, this privilege was stolen by gun violence.

Gun violence is a hot topic. March For Our Lives, started by teen survivors of the Parkland shooting, is continuing to grow and new supporters are joining every day. The 14,622 deaths by guns this year averages out to 40 people per day. 40! There were 340 mass shootings this year. That is almost one per day. There were 56,874 incidents involving a gun, and 1,597 of those were unintentional shootings. The rest were intentional. 55,277 times someone purposely used a legal or illegal gun to shoot someone.

How many more people have to die? When will the government realize that gun laws are a necessity. Americans make up less than 5% of the world's population but own 45% of all the world's privately held firearms. When you look at these statistics, things start to make sense. Thousands of people are dying because thousands of people own guns. This needs to stop.

I have been told what to do in case my school is ever under attack. Lockdown drills are even performed in elementary schools. No child should feel scared when coming to school. How awful is it that we need to learn how to hide under our desks because the government is incapable of effectively regulating guns?

More than 220,000 students have experienced gun violence at school since the tragedy at Columbine. Will we never learn from our mistakes? Columbine should have been the end of school shootings. Columbine should have been the deciding factor in imposing stricter gun laws. But it wasn't. Instead, immediately following a mass shooting, politicians send their prayers and condolences to victims' families and often say it's too early to discuss gun control. Then time marches on, people move on to other things, and nothing changes.

When discussing this topic, it is hard to stay hopeful for our future. It's hard to keep fighting for a future that doesn't seem possible. But things are

MARCH FOR OUR LIVES



changing. The size of the NRA's 2018 federal campaign is just 1/3 of its 2014 spending. March For Our Lives has grown into a nationwide organization and has dramatically affected the NRA's bottom line. Thousands of people are taking to the street to end gun violence. The movement is happening. Things are changing.

At the time of this writing, we are only six days into 2019. 189 people have already died from gun violence. There have been five mass shootings, and 30 unintentional shootings have occurred. These numbers are terrifying and should upset every American. 714 incidents involving a gun in six days. The new year has just started, and 189 people don't get to experience the rest of it.

This needs to stop. Stricter gun laws need to be implemented. There is no more time to wait. This violence will go on if we sit and do nothing. Our government is making a mistake. Our President is too oblivious to see the repercussions of his silence.

Enough is enough. This is an easy decision. Choose the right path, and people will stop dying. Choose the wrong path, and let the bloodshed continue.



Photo Credit ... March for Our Lives | by Phil Roeder



WINTER ESSENTIALS DRIVE

JANUARY 3RD to FEBRUARY 14TH



There are countless homeless people across Long Island in need of warmth and protection against the dangerously cold temperatures of winter.

We are hosting a drive with the Long Island Coalition for the Homeless to collect winter items. Please consider of donating to help someone this winter. A collection box can be found by the front desk!

SUGGESTED ITEMS:

Coats (all sizes, preferably size large)

Hats, mittens or gloves, and scarves

NEW socks and underwear

Sleeping bags

*Both new and clean gently used items are welcome!

*Remember people come in all ages and sizes!

*Please contact Mr. Homer or Caitlin McCoy for more information



LAX EQUIPMENT GETS DONATED TO HARLEM

By Makayla Read

This year one of our 11th grade students, Hannah Terry, made her 2nd annual donation to Harlem Lacrosse. She organized a donation for lacrosse equipment that goes to kids and families who are not fortunate enough to afford it. Since our community is very much involved in lacrosse, Hannah asked students to donate their gently-used equipment. Hannah shared that in her two year's of organizing the collection, she has "collected over 300 items for Harlem Lacrosse as well as raised money for them."

In the video, "A Day in the Life--Harlem Lacrosse," the Harlem Lacrosse students tell how, in the past, they have only played basketball and football since these sports only require a ball. With the help of Hannah and the Cold Spring Harbor students' donations, Harlem Lacrosse students are able to fulfill their dreams and create a new passion, lacrosse. The children also say that lacrosse allows them to forget about all of their problems and have fun with friends. Some of the Harlem students state that they never imagined they would be traveling to different states, and one boy, in talking about the program, states, "I see things in a bigger way... and I appreciate it making a difference in my life."

"I chose to be a part of Harlem Lacrosse because they are such an amazing organization and are taking something I love and using it to better other kids' lives," Hannah shared. She adds that she is "currently working on buying brand new lacrosse sticks for the girls' program."

Hannah's organization of equipment and our community's donations allow for the purchase of a legal girls' sticks. With these legal sticks the girls will be able to play in games and show the talent that they worked extremely hard to achieve.

The lacrosse equipment collection was a worthwhile effort. Our students were eager to donate equipment to help out another community.



Photo Credit: CSH Security

THE LESSONS OF WRESTLING

By Ben Bruno and Jacob Bruno

In an individual sport with fifteen weight classes, the wrestler is only on the mat for about six minutes. Although it does not seem like a long time, what is needed to prepare for these six minutes is where some of life's greatest lessons are learned.

"It's a sport that prepares you for the real world. It prepares you mentally, through its highs and hardships, to go out on the mat and compete by yourself," head wrestling coach Mike Ferrugiari said when asked about why he loves the sport of wrestling with such a passion. Wrestling teaches an individual how to surpass his comfort zone to discover what he is capable of. Being on the mat alone, with no one to blame but yourself, is what shapes the unique "will and determination to get better every day." The sport is one of perseverance; every time you step on the mat, you may not win, but through the work put in day in and day out, eventually you will obtain the most satisfying feeling: getting your hand raised at the end of a match.

Although wrestling is a seemingly individual sport, the omnipresent support of your coaches and teammates creates an incredible sense of comradery among all involved. Coach Ferrugiari explains: "From the beginning of the season, the group of guys has turned into much more than a team; they have become a family." The wrestling team spends almost every day from late November to late January together in the room, working to set new individual and team goals.

The term "family" has grown into something much greater for our team this season. During the first weeks of the season, our assistant coach, Randel McCoy, was diagnosed with ALS. From the day we learned of his illness, we have strived to make sure that every day we live is fun and exciting and have worked as hard as ever in his honor. Our team has taken other steps to help support our coach as well. One of our captains, Ray Costa, has devoted his whole season to supporting the ALS Association by developing a fundraiser for him.

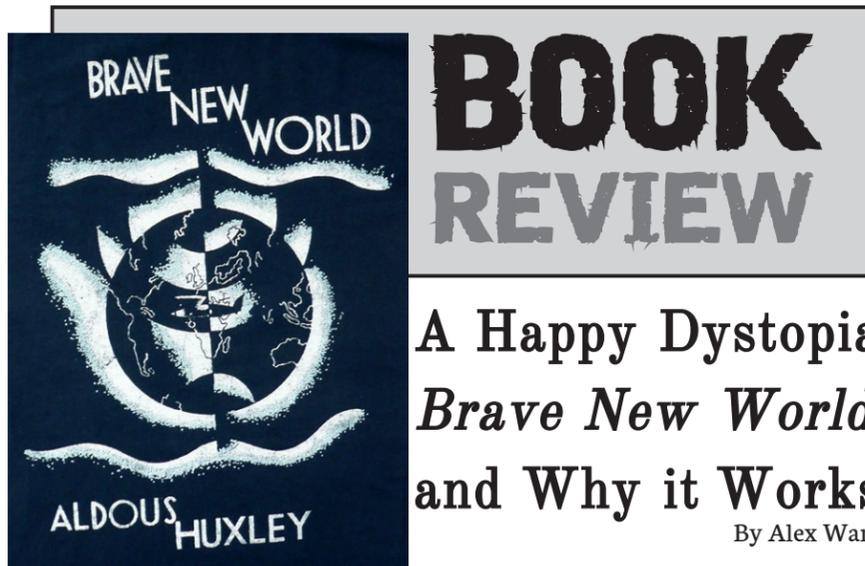


Overall, wrestling is much more than what some would perceive as a fight. Wrestling is a journey of individual growth and also one that develops a brotherhood that will last forever. The life-changing characteristics taught by the sport can be best summarized by the most famous wrestling coach of all time, Dan Gable: "There is no mat space for malcontents or dissenters. One must neither celebrate insanely when he wins or sulk when he loses. He accepts victory professionally, humbly; he hates defeat but makes no poor display of it. More enduringly than any other sport, wrestling teaches self-control and pride. Some have wrestled without great skill; none have wrestled without pride."

Photo Credits: Judi Nelson Ferrugiari



If you would like to support Coach Randel by donating to the ALS Association through Ray Costa's fundraiser, please visit <http://raymond-costa.getvizable.com>.



A Happy Dystopia: *Brave New World* and Why it Works

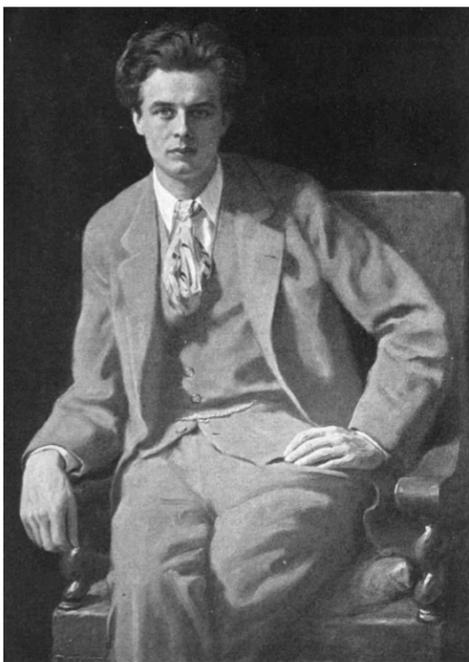
By Alex Wang

“O brave new world that has such people in it!”

In Aldous Huxley’s *Brave New World*, nearly everyone is happy. Life goes on without a hitch for those in the World State (which consists of the majority of the world’s population). Merriam-Webster defines a dystopia as “an imaginary place where people lead dehumanized and often fearful lives,” so why is the World State considered one? The answer lies in the workings of the novel’s government, which places happiness above all. In the World State, children aren’t born; they are “decanted,” meaning that they are grown in labs. They are genetically modified as embryos to enjoy and fulfill their chosen roles in the social hierarchy. “Alphas” are designed for intellectual work, whereas the “semi-moronic Epsilons” are tasked with undesirable jobs such as sewage labor. Between these two extremes are the “Betas,” “Gammas,” and “Deltas.”

Once decanted, the children undergo “conditioning” to shape them into World State citizens. The primary conditioning method is “hypnopaedia,” a process in which audio tracks detailing societal standards are played for the children while they sleep, eventually ingraining all the proper morals into their minds. Whenever something out of the ordinary happens that upsets someone, there is always “soma,” a drug created by the World State that causes happiness. The government engineers the citizens of the World State to play their roles compliantly to avoid their causing instability in the system. They are not truly human: their lives are laid out from the start.

The key elements Huxley uses to emphasize the immorality of the novel’s society are normalization and abnormalization. Actions that seem completely unethical for us are described with nonchalance, making the reader realize that the characters’ behavior is completely normal for the novel’s citizens. For example, in the children’s conditioning, young children are encouraged to “join in the ordinary erotic play” in order to train kids from the start to be comfortable with sex” (32). Additionally, soma is the go-to remedy for any negative occurrence in one’s life. In fact, it is government sanctioned, with hypnopaedic sayings like “a gramme [of soma] is better than a damn” and “One cubic centimetre cures ten gloomy sentiments” being commonplace (55, 54).



Portrait of Aldous Huxley by John Collier, 1927
Original Source: The Graphic
www.commas.wikindia.org

By our society’s standards, drugs are an awful way to cope with negative emotions. Abnormalization of our standards is perhaps even more prevalent than the normalization of those of the World State’s. In respect to the children’s erotic play, the characters of the novel are astonished at the thought of childhood sex being considered immoral. Also, the World State frowns upon the notion of family, with the idea of a mother associated with

“every kind of perversion from sadism to chastity” (39). Ironically, the normalization of the World State’s government leads the reader to look upon it with even more disgust.

Brave New World tackles many themes that are relevant even to this day. Huxley bashes an emphasis on technology through the World State’s use of it to control its people. Giving the government so high a level of technology presents the danger of said government’s controlling its citizens. The government essentially uses genetic engineering to force citizens into social castes. The world needs people to do manual labor, and through that engineering, the government is able to attain its goal without the risk of revolution. Additionally, the use of soma contributes to the government’s obsession with political stability. Whenever anyone begins to become upset with the way things are, he or she can take soma instead of questioning the government. The World State uses technology to keep the people happy with where they are, even if their position is not a desirable one.

Most importantly, Huxley presents the debate between happiness and truth. With government keeping people blissfully ignorant of their own personal struggles, the lower castes actually enjoy their work. The jealousy of higher castes that one would expect out of normal society is nonexistent. The argument in favor of truth comes in the form of John, a “savage” from a reservation for the “uncivilized” people remaining in the world. He gets the opportunity to experience the “civilized” world but is immediately horrified at the artificiality of their lives. Just like in George Orwell’s *1984*, Ray Bradbury’s *Fahrenheit 451*, and countless other dystopian classics, the question is posed: Is the truth preferable to happiness?

We as a society are barreling forward into an unprecedented technological boom. We have just begun to explore the basics in genetic engineering and are able, through surgery, to increase the chances of having a child of one sex over the other. This use of science is not nearly at the level portrayed in *Brave New World*, but we’re in the beginning stages. Additionally, our society’s reliance on artificial happiness, whether through Netflix or narcotics, is increasing.

Despite some complicated and confusing passages, this novel left me with a lot of questions about the future of our society if we continue to head in the same direction and is thus worth a read.

Brave New World

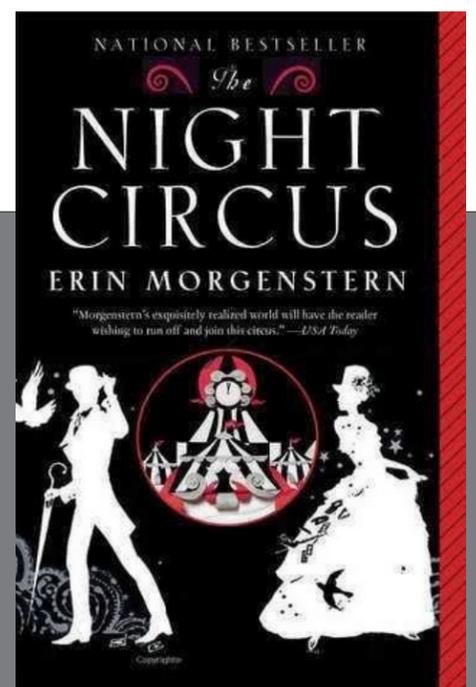
By Aldous Huxley, 259 pp. Harper Collins Publishers, 1932

Join The Book Club

**Wednesday,
February 27, 2019**

*for a discussion of
Erin Morgenstern’s
The Night Circus*

**6 p.m. in the
High School Library**



See Mrs. Glynn or Mrs. Clark, the Book Club advisors, if you have any questions or would like to sign up to attend the discussions.

Knitting For The Needy

By Julia Wallace

Knitting for the Needy is a club that was reinstated about four years ago after a hiatus of several years. The club has a wonderful mission: members knit garments for underprivileged people. Students get to knit while also doing good, and if students who don't know how to knit want to join the club, current members will teach them.

I spoke to club president Alexa Squicciarini about what the club's plans are for this year. She told me that a major change they're making this year is that the members have begun using looms because they are a quick and efficient way to make hats and scarves. The club used the funds from its most recent bake sale to buy new looms so they can have more members working on projects at once. Later this year the group has a field trip planned to go to the city to donate all of the items they make.

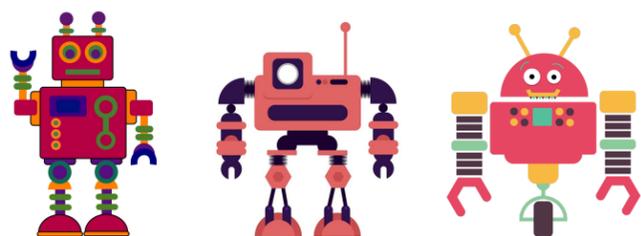
Knitting for the Needy has had an amazing impact so far and continues to do so. Their efforts are commendable. It is fantastic that these students have found a way to help people by doing something fun and teaching others to do it too.



For more information about Knitting for the Needy, contact Alexa Squicciarini or Mr. Natale.



Photo Credit: Julianna Wells

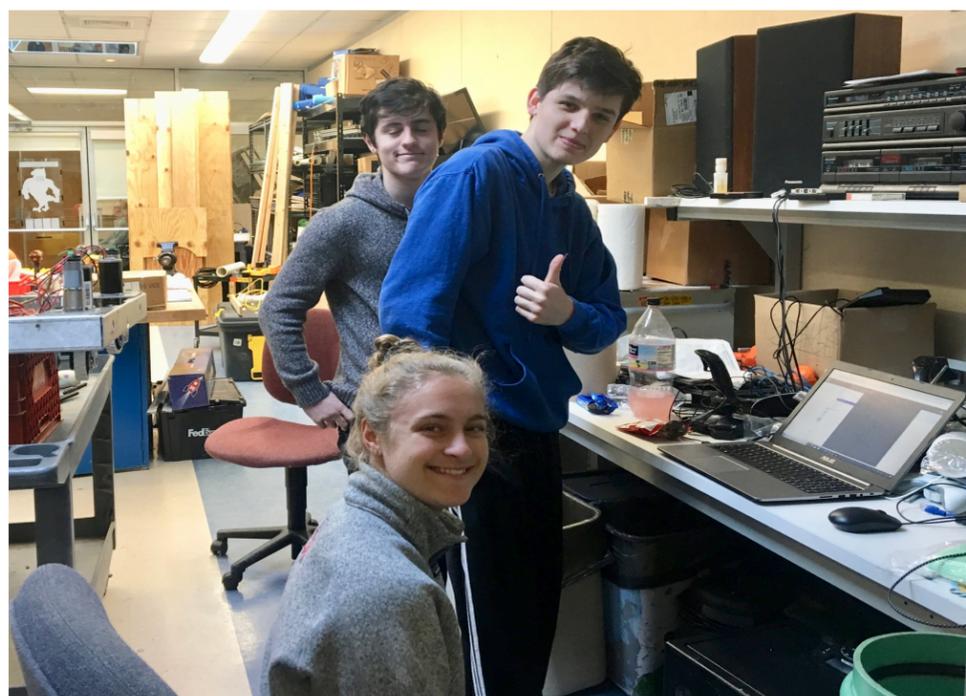


ROBOTICS CLUB: DESTINATION DEEP SPACE

By Victoria Caselnova



Did you ever imagine the skill, creativity, imagination, and perseverance you need to build a robot? Building a working and functioning robot is a hard rope to climb; however, Cold Spring Harbor's Cyberhawks are more than equipped with the necessary expertise and skills to do so.



As a proud member, I'm pleased to report that the Cyberhawks have grown in number in recent years and are thriving with a great group of hardworking individuals.

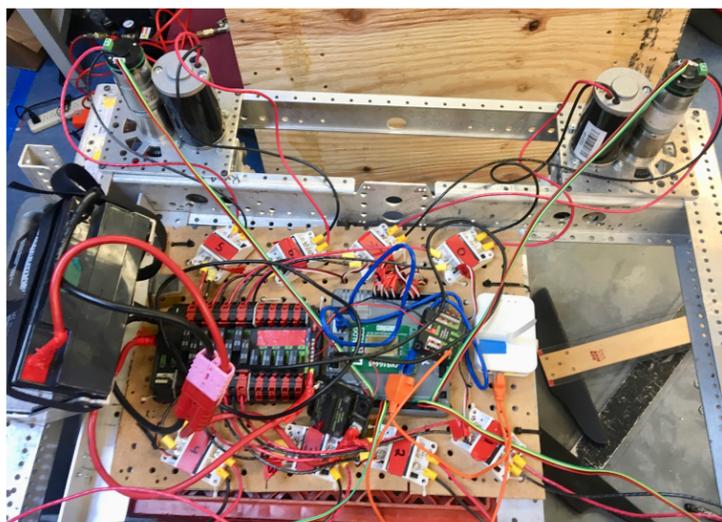
Photo Credits: Amal Siddiqui



Working together we will strive to reach our destination and win this year's competitions.

Robotics club meets every Tuesday and Friday preparing for "go time," the competition season, which began on Saturday, January 5th, when FIRST Robotics revealed this year's challenge entitled "Destination: Deep Space." We will participate in two competitions starting in March, one at RPI and the other at Hofstra. At these events we will compete with teams from around the country and the world. If we qualify during these competitions, we can advance to the World Championship in Detroit. It is a great experience to get to work together with other teams, and it's incredibly interesting to see how different teams choose to build their robots to accomplish the given task.

Don't be fooled. Robotics is not just fun and hard work; it is also filled with family and close friends. Ms. Vegna, the new advisor of the club, works hard to make sure every person is involved in our task, treated well, and united as one team. Julia Wallace, a committed member of the Cyberhawk family for about two years, says of the group, "We are a good group of people, and it's fun that over the season you get to be pretty close with the people in the club because you're literally with them during most of your free time doing the things you like."



The Harbor View

Calling All Writers, Photographers, and Illustrators in Grades 7-12:

The Harbor View Newspaper Club is looking for additional staff members to work on this year's upcoming issues.

See Julia Kopp, Alex Wright, Julianna Wells, Ms. Cirino, or Ms. Henry with questions. Check the bulletin board in the main entrance for upcoming meeting dates.



Are New Year's Resolutions a Sham or Should We All Make Them?

By Victoria Caselnova

New Year's resolutions have been a tradition for as long as the new year has been celebrated--that is, for thousands of years. As we embark on another year, we all like to promise ourselves that, "Okay, this year will be different and better than last." We stop and try to tell ourselves, "I will do this to be a better me." The most cliché saying, "New year, new me," is ringing in the distance. Don't you think?

Making New Year's resolutions is now just a learned behavior that many of us try to comply with in the hopes that they will help us improve. Not to be a negative Nancy, but to me, making resolutions is just a culturally-dictated habit that really has no impact--just like putting cookies out on the table for our jolly big man with a sack on his back. But if you can commit to "new year, new me," then I say go for it, and I'm happy that someone else in this world can quit the dirty habits that flood what has the potential to be a happy year.

Let's embark on a new year, another year we inhabit this world that was given to us by some "superior being or entity." Maybe our general resolution could be to stop making politics involved in every syllable a person pronounces, and then maybe I wouldn't have to say "superior being or entity."

Improv Holiday Show

By Julia Stingi

On January 21st, the last day before Winter Break, the CSH Improv Comedy Troupe performed their annual pre-holiday show. Taking place four times throughout the day--periods 1, 3, 7, and 9--the show included amazing performances by the troupe and their advisor, Mr. Miller. Channeling months of hard work, the performers used their quick thinking and sharp wit to entertain the English classes.

It's not easy to get up on stage, and doing improv requires even more courage and a lot of work. Improv Club members range from students in ninth grade to seniors. After school on Mondays and Thursdays, the group gets together in H-18 to practice and plan for the annual event.

Mr. Miller is very proud of their work, saying "I think it's a group that's really collaborative; they really enjoy working together. There's a natural chemistry."



Photo Credits: Ms. Henry

With the troupe dressed in festive and funny holiday sweaters, the show consisted of several games and activities, including Four Corners, Emotional Bus, and Question This, all of which were fueled by suggestions from the audience.

CSH students always enjoy the show, but a highlight of the production is the return of the troupe's alumni. This year the alumni were particularly active in the audience, and their presence livened up the room with their witty suggestions.

The troupe's work certainly paid off, and both students and faculty were able to begin their break with some laughs. Everyone is looking forward to the spring show!



Annual Gingerbread House Decorating Contest

By Morgan McBride

In the days leading up to the Winter Break, students in both Home and Careers and Culinary Arts competed in the Cold Spring Harbor Annual Gingerbread House Contest. The students worked with their predetermined kitchens (teams) to construct a stable, festive, and visually pleasing gingerbread house.

Photo Credits: Ms. Georgiou



H & C 8
PERIOD 3 EVEN
KITCHEN 2



H 7 C 8
PERIOD 7 EVEN
KITCHEN 1



H & C 8
PERIOD 3 ODD
KITCHEN 4



CULINARY ARTS
PERIOD 6
KITCHEN 4



H & C 8
PERIOD 7 ODD
KITCHEN 4



H & C 8
PERIOD 5 ODD
KITCHEN 2

Decorated in various fashions--some with snow sprinkled on the ground, others with fully decorated Christmas trees--each kitchen created an intricate and different look for their gingerbread house. After all of their hard work, students displayed their assembled houses in the conference room so the teachers and staff had the opportunity to place their votes for the best gingerbread house.

This year's holiday contest featured six winning teams with one from every participating class. Although this festivity is now over, Ms. Georgiou and Ms. Pickering's after-school baking club provides a similar opportunity for students to learn some basic baking skills and have fun in the process. The Baking Club is available for all junior high students, and new members are always welcome!

Feel free to stop by the Culinary Arts room for the next Baking Club meeting in February at 2:30 in room A-12.

From Ugly Sweaters to Holiday Lights:

A December to Remember

By Amal Siddiqui

'Twas the day before Winter Break,

and all around the school, students were bustling about in their ugly holiday sweaters. They were covered in tinsel, bells, and lights, trying to add points to their grade's total from previous spirit week festivities. Meanwhile, teachers showed movie classics or just put on cheerful melodies to keep a mellow aura before the vacation.

When I asked my fellow students what they thought about Ugly Sweater Day, one sophomore stated, "Seeing all the students wearing their sweaters expresses their holiday spirit." Another student added that, "I was waiting to wear my Christmas sweater all week!" The green and red knitted shirts reflected the jubilation and merry spirits that filled the hallways and classrooms. The days leading up to Christmas are already filled with magical memories of family and friends, but one way to make them even more joyful is by wearing comical sweaters.

Throughout the school year, there are special days, similar to this one, when students can earn points towards the Seahawk Cup by participating in the Numbers Game. In order to win points students can dress in Cold Spring Harbor attire, holiday clothing or simply school colors. Every student in each grade is counted as a single point, and all points are then added to their classes' totals. The winners of the Ugly Holiday Sweater contest were the junior class followed by the freshman, then the sophomores. Tied for fourth were the seniors. The eighth graders were fifth, and the seventh graders were sixth. At the end of the year, whichever grade has earned the most points will be awarded the Seahawk Cup, our school mascot encased in glass box, along with money that will count towards their prom and field day. The points earned by the grades thus far will be added to the totals gained in February during the Class Olympics.



Photo Credit: Amal Siddiqui

Prior to the Ugly Holiday Sweater Day for the students, the faculty and staff had their own ugly sweater competition. On Friday, December 14th, they had a potluck breakfast and luncheon to celebrate the upcoming holiday and dressed in ugly sweaters to add spirit and fun to the celebration.

During the event, Mr. Borland brought his guitar into the faculty room and sang Christmas songs to make the day even more spirited. The winner of the faculty Ugly Sweater contest was Chris Phelan, with Lauren Blackburn coming in second place. Each received a trophy created by the 3D printer in Mr. Healy's workshop and painted by Ms. Hayes's art class.

To top off the December festivities, the senior class threw a holiday party with bagels and pizza bought by the school and parent groups. They all pitched in to decorate the senior commons with lights and streamers, and even included a miniature Christmas tree.



Photo Credit: Amal Siddiqui

All the events and decorations of the month added to the magic that was experienced before holiday vacation. Here's hoping we can match or even exceed this school spirit in 2019.

Administration, Faculty & Staff Celebrate Ugly Sweater Day on Friday, December 14th.



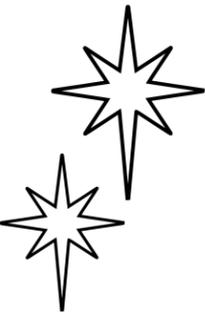
Photo Credit: Karen Spehler

POET'S Corner & Grok

Space in Between

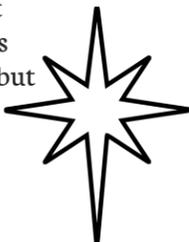
By Julia Kopp

I press flowers in between
the pages of old textbooks
that won't ever get read
(not even when I'm dead),
and I sing myself songs
not meant for any ears,
and I sell my soul
to strangers I'll never meet
(not that that's any relief).



My heart stopped
pumping blood long ago,
and now words rush
through my veins in its place
(and they rush past my lips into the
air when I won't show them on my face).

You can carve me open
and see what you find
when you look into the corners
of my heart and soul and mind,
(sometimes even I forget what
lies behind the skin and bones
when the nights get too late), but
that doesn't mean the stars
should stop shimmering.



I love the night
the most during the day
(and I always speak the most
when I have the least to say).
I paint the stars in your eyes
and the shadows in mine
when there's nothing left
but a sun that continues to shine.

"Space In Between" was previously published in *Grok 2018*. If you are interested in getting involved with our high school literary magazine, see Ms. Henry.

Photo Credit: Ms. Oswald



High School Artists of EXCELLENCE

By Emily Berlinghof

Advanced Visions 15, an exhibition of high school artists, was on display at LIU Post's S.A.L. Gallery in Schwartz Memorial Library from December 11, 2018 to January 9, 2019. Two of the select sixty-three students from across Long Island hail from Cold Spring Harbor. Works by seniors Julianna Sousa and Payton Odierno were proudly on display within the gallery.

Incorporating each other into their art, Julianna's work was a two-panel photography piece featuring Payton, and Payton's was an oil portrait on canvas of Julianna. Julianna uses many elements that convey hidden meaning in her work and states: "I've always used drawing, painting, film and photography, but I want to expand what photography can be and bring all four mediums together." Payton's art came from a picture he had of Sousa. "It made for a good composition and a good painting," says Odierno. His painting was a crowd favorite, which helped him to receive an honorable mention for the piece. He enjoys experimenting with oils and explains that "It's fun and the process is a challenge."

Having two Cold Spring Harbor students' work displayed at Advance Visions 15 is just one of many art accomplishments and exhibition opportunities for Cold Spring Harbor students. We look forward to seeing more from Sousa, Odierno, and others in the future. Both Sousa and Odierno also look forward to advancing their art careers in college.

Best of luck. Julianna and Pavton!

ANYTHING GOES *Is Coming to CSH*

By Mimi Monti

Cold Spring Harbor's 2019 performance of *Anything Goes* is bound to be an exciting one! This musical--with music and lyrics by Cole Porter and a book by Guy Bolton and P.G. Wodehouse that was later revised by Howard Lindsay and Russel Crouse-- was originally written in 1934. It tells the story of an Ocean Liner travelling from New York to London, and aboard this ship is Billy Crocker (Alex Wang) who is in love with Hope Harcourt (Sianna Monti). One major obstacle stands in his way, however, and that is Hope's engagement to Lord Evelyn Oakleigh (Augustine Maiorino). A night club singer who works on the ship, Reno Sweeney (Katherine Tuohy), and "Moonface" Martin (Dylan Dukes) help Billy to win Hope's heart.

Anything Goes is currently being directed by Mrs. McLees and choreographed by Ms. Whitney, with Mr. Beja as the vocal director and Mr. Chiarello as the musical director. Ms. Cirino is the set designer, and Yuriy and J.T. have constructed a fabulous set. According to the cast members, being a part of *Anything Goes* has been an amazing and fulfilling experience. Katherine Tuohy, who is playing Reno Sweeney says: "[Being in] *Anything Goes* has been one of the most amazing experiences of my life. The caliber of talent in the cast is incredible; they are so supportive and fun. I couldn't do it without them! At every practice I learn something new from the directors, always leaving excited for the next [rehearsal]. Each and every person involved in the show, from the set and crew design to the directors, brings something special to the table, creating an inspiring and professional atmosphere. I will forever be grateful for the experience to play Reno Sweeney and hope everyone loves the show just as much as the cast and I love performing it!"



A fellow cast member, Sianna Monti, who is performing as Hope Harcourt states: "There is such a wonderful energy during the rehearsals of this show....I really believe this show is a great learning experience for anyone wanting to pursue musical theater in their future."

Photo Credits: Ms. Henry



Popular songs performed in this musical are "Anything Goes," "You're the Top," "I Get a Kick Out of You," and "Blow Gabriel, Blow." The cast of *Anything Goes* will be performing on February 8th and 9th at 7 p.m., and February 10th at 2 p.m. Tickets are available during lunch periods, after school, and online. For online purchases, go to the Bit.ly link on the high school website.

The International Thespian Society Returns to Cold Spring Harbor

By Anna Tesoriero

The Cold Spring Harbor Drama Club is happy to announce the reintroduction of the International Thespian Society, an honorary organization that has not been active in the school since 2013.



Established in 1929, the International Thespian Society was created in order to recognize student achievement in theater arts programs. The organization provides many benefits for its members, such as eligibility for various scholarships, grants, and awards, as well as access to members-only online resources. Members of an official Thespian troupe are also given the opportunity to participate in the International Theater Festival, a summer program at which students can participate in a variety of theater workshops and meet with college recruiters to interview and audition for college admission and scholarships.

Induction into a Thespian troupe is accomplished using a point system. One point is equivalent to about ten hours of work; and ten points, 100 hours of work, are needed in order for a student be inducted. There are multiple categories through which Thespians can earn points, including acting, production, directing, writing, and business. Different jobs in each category may earn a different number of points depending on the level of involvement that goes with them. Not only that, but in order to encourage would-be Thespians to understand the work that goes into every aspect of putting on a production, points must be earned through at least two different categories. For example, a student who may normally only act on stage may work in set construction for one show, giving him or her both a better appreciation for that type of work and the ability use the acquired skills in the future. Members can continue to earn and are credited for points they receive after induction as well.

The concept of the Cold Spring Harbor Thespian Troupe was only introduced to members of Drama Club and the school plays early this year. In order to give interested students multiple chances to earn any points they may need, inductions will occur after the junior high musical some time this spring. This way, hopeful inductees will have had the opportunity to attain points in three separate junior-senior high productions at different times in the year.

The reintroduction of the Cold Spring Harbor Thespian Troupe is exciting news for the theater students of the school. and it is cause for looking forward to the future of Theater Arts in Cold Spring Harbor.

Skip The Straw

What It Means & What Can Be Done

By Amal Siddiqui

Thousands of people have joined the trend of forgoing the use of plastic straws as the “Skip the Straw” movement has become increasingly widespread in the past few years. As of 2010, the world population produced more than 300 million tons of plastic. To cut back the straw waste being produced, the Plastic Pollution Coalition began “The Last Plastic Straw” project, which aims to make straws an antiquity and alter the way the public thinks about the accumulation of plastic over the next several decades.

The call for the erasure of plastic straws has finally been answered by some large companies as California Pizza Kitchen joins the movement, using metal straws as a substitute for plastic ones. Another chain café that is moving away from detrimental plastic utensils is Starbucks; they have created cup covers that are similar to those on on-the-go mugs.



Decomposing albatross chick with a stomach full of plastic. Credit: US Fish and Wildlife Service, Dan Clark



Photo Credit: Erica Cirino



Photo Credit: Erica Cirino

The anti-plastic-straw movement provides a growing awareness of the detrimental impact plastic has on the environment. For example, plastic has overcome the oceans to the point that one commonly sees animals caught up in a web of garbage. One globally-viewed YouTube video with over 33 million views shows an innocent sea turtle with a plastic straw so impacted in its nostril that the turtle’s rescuers must use significant force to remove it, causing visible pain for the creature. Environmentalists argue that superfluousness of plastic has to be recognized, not only for the animals in danger, but also to prevent the planet from circling down the drain.

The good news is that there are dozens of ways each individual can help. One way would be excluding straws and other plastic utensils from meals when ordering takeout. Another way would be to use a reusable water bottle rather than purchasing a pack of plastic bottles every week. There are so many ways to aid the anti-plastic movement. A good way to start is by simply saying, “No straw, please.”

Thirsty for change!

Natural Helpers Retreat

An Inside Perspective

By Victoria Caselnova

The Natural Helpers, a group of Cold Spring Harbor students guided by Mr. Homer and Mrs. Lanteri, have a common goal: to make positive changes in our community and our world. They are a trustworthy and loyal group that focuses on supporting others--without judgment--in times of difficulty or crisis.

The Natural Helpers came together for a full day retreat on Saturday, Nov 17th from 8:00 a.m. to 8:00 p.m. at the High School. The day consisted of fun team-building and empathy-building exercises that brought the group closer and brought out emotions ranging from joy to sadness. One trust-building exercise required students to move around the room with their eyes closed while being directed by a student partner. Another consisted of sitting in a circle and sharing feelings of all kinds. Regardless of the task, the Natural Helpers worked together. Though mentally and physically draining, the day was a success, bringing the group closer together and solidifying team spirit and a common goal.

When asked how he feels about being an advisor for the Natural Helpers, Mr. Homer said, “It is truly an honor being the co-advisor for the Natural Helpers club because I am able to help students try to make a difference in their own lives and those of others. Sometimes the Natural Helper is also able to find new paths and ways to help others because that Helper has been introduced to some amazing resources and skills.” He added that “It is wonderful to work with Ms. Lanteri. She has always had an incredible way to reach students, and I have always admired her connections with them” and states that “The retreat is one of the most powerful experiences a person can go through.”

The Natural Helpers are now ready to help others in both our school and our world. If you are ever in need of someone to talk to, a Natural Helper is a good place to start.



Photo Credit: Natural Helpers Club

One person can make a change; Natural Helpers are all one person under the same mind set and under the same beating heart that strives to make a change.



Learning the True "PRICE OF FREE"

By Aina Khan and Sophie Stein

Hidden inside overcrowded factories are the stories of children across the globe who are subject to slave labor. *The Price of Free*, an award-winning documentary aiming to shed light on this pertinent issue, was recently released for international streaming. On November 14th, the film's premiere date, The Social Justice, Save the Children, Gender Equity, GSA, and SADD clubs joined forces to screen this eye-opening film for the Cold Spring Harbor community.

The documentary follows the story of Nobel Prize winner Kailash Satyarthi, who dedicates his life to saving and rehabilitating imprisoned children. Viewers accompany Satyarthi, a man who left his career in electrical engineering to help end child slavery, on his gripping secret raids and quests, meeting children like Sonu, a young boy who has been separated from his family for eight months and works under treacherous conditions for hours and days on end. 87,000 rescued children later, Satyarthi eventually gained international attention and starts the "Global March Against Child Labor" movement and the "100 Million" campaign.

The Social Justice, Save the Children, Gender Equity, GSA, and SADD clubs hope that both the viewers and those reading this article will be more conscious of the impacts of the "Fast Fashion" industry, which includes popular stores such as H&M and Zara. Seeing kids of high school, middle school and elementary school age, who should be learning, instead working tirelessly in these factories just to make ends meet for their families is something that is hard to fathom here in America. However, as Americans we can now understand that if we have the means to do so, we should shop more sustainably in order to help end the terrible reality of unregulated childhood labor.

Mrs. Glynn, Dr. Acconi, Dr. Chase, and Mr. Homer deserve special thanks for making this movie night possible and successful. With their help, the clubs now plan to donate the money raised from donations and the pizza sale toward the 100 Million campaign, which will aid Kailash Satyarthi and his team in their fight against child labor.



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Students who attended the movie night shared their reactions:

"The movie has caused me to be more conscious about what I buy by investigating which companies have been accused of employing children."
- Elijah Farkash

"It was an incredibly powerful film. The Price of Free shed light on the use of child labor in the fast fashion industry and will definitely make me reconsider the industries I support when shopping."
- Rachel Friedlander

"The Price of Free puts our every day issues into perspective and opened my eyes to the horrors and truth of child slavery."
- Julia Wilcox

Long Island Football Class IV Championship Winners

Head Coach: Jon Mendreski
Assistant Coaches:
Lou Santoli, Mark Green, Mike Passuello, Mike Ferrugiari
Cold Spring Harbor HS
Football Athletic Director: Michael Bongino



Overall Record for Season: 10-2



Photo Credits: Mr. Bongino

Team Roster:

- #2 Milana, Thomas* -WR/DB -Sr
- #4 Reynolds, Casey -WR/DB -Jr
- #10 Hill, Brendan -WR/DB -Sr
- #11 DeNatale, Luke -WR/DB -Sr
- #12 Costa, Raymond* -QB/DB -Sr
- #13 Catala, Thomas -WR/D -Sr
- #14 Visconti, Nick -QB/DB -So
- #17 Striano, Daniel -RB/DB -Sr
- #20 Spehr, Will -RB/DB -So
- #21 Bruno, Jacob -RB/L -Jr
- #22 Striano, Richie* -FB/LB -Jr
- #23 Samuels, Steven -WR/DB -Jr
- #24 Schlaugies, Max -WR/DB -So
- #30 Curry, Ben -FB/LB -Sr
- #32 Passarella, Eric -RB/LB -Sr
- #34 Bruno, Ben -RB/LB -So
- #35 Celestino, James -OL/DL -So
- #40 McAuley, Sean -OLO/DL--So
- #41 Schlaugies, Michael -OL/DL -Sr
- #44 Adomaites, Aidan* -TE/DE -Sr
- #47 McKean, Aidan -OL/DL -Fr
- #50 Arvans, Charlie -OL/LB -Sr
- #52 Naccarato, Anthony -OL/LB -Sr
- #55 Wu, Zachary -OL/DL -Jr
- #58 Striano, Dom -OL/DL -Jr
- #59 Striano, Peter -OL/DE -Jr
- #60 Romanoff, Chris --OL/D -Jr
- #61 Burdo, Ethan -OL/DL -Jr
- #65 Molinari, Blake -OL/DL -So
- #70 Chadha, Akshat --OL/DL -Sr
- #71 Gagnon, Kolton --OL/DL -Jr
- #75 Wang, Alex -OL/DL -Sr
- #82 Burdo, Aidan -WR/DB -Fr
- #80 Leonard, Peter -OL/DL -Jr
- #85 Vavassis, Jack -TE/DE -Sr
- #88 Spry, Spencer -WR/DB -Sr
- * Captain



All County Honors:

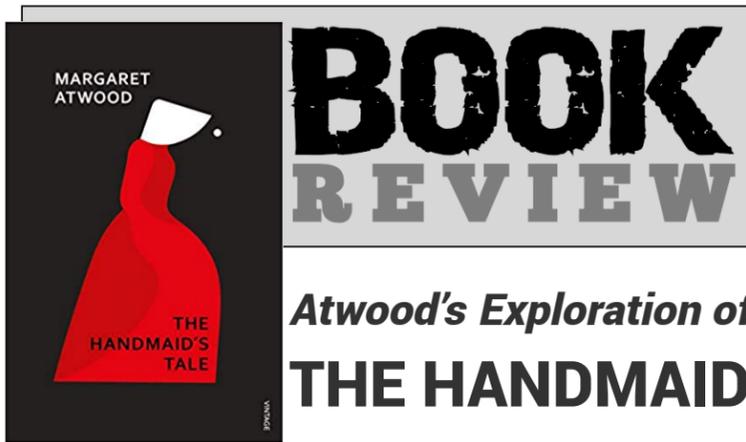
Aidan Adomaites, Ray Costa, Thomas Milana, Dom Striano

All Conference:

Ethan Burdo

Second Team All Long Island:

Thomas Milana, Casey Reynolds, Richie Striano



Atwood's Exploration of Misogyny THE HANDMAID'S TALE

By Christine Chau

Throughout history, many great writers have explored the topic of dystopian societies. Displaying worlds absent of freedoms, novels such as *1984* and *Brave New World* have been lauded by critics and highlighted in lists of top 100 novels of the 20th century. In *The Handmaid's Tale*, Margaret Atwood gives these novels a run for their money, heightening the concept of absolute censorship in her depiction of dystopia.

The Handmaid's Tale tells the story of the Republic of Gilead, a body of government that has overthrown the United States of America. Due to chemical spills that have occurred, the reproduction rates have dropped drastically, leaving many couples unable to produce children. The Republic of Gilead remedies the issue of infertility by providing prominent couples with "handmaids," or women who serve as vehicles to bear children. The novel follows the story of Offred, a woman assigned to the Commander and his wife, Serena Joy. In this society, Offred has one purpose: to provide the Commander and his wife with healthy children. Because of this, she, like the rest of the women in society, is not seen as a person, but rather as a utility. This "utility" is not granted personal freedoms, though; instead, the governing body makes each and every decision for her regarding her choice of dress, her day-to-day activities, her doctor appointments, etc.

Oftentimes, 20th century works of literature shy away from the use of taboo language. Atwood, however, uses this genre of diction and phrasing to emphasize the reality at stake for the handmaids in The Republic of Gilead. She tells Offred's horrid story in a declamatory manner, being sure not to miss any of the atrocities Offred faces. Atwood is not afraid to utilize profanities in order to convey the brutal treatment of the women in this piece. Although this language may seem shocking to some readers, it is, in fact, necessary in order for the reader to see the inhumane nature of Offred's duties, juxtaposing Offred's prior life -- the one in which she found love and purpose within her family --with her current position. Now her life is caught in a monotonous cycle of the government's using her sexuality against her.

Atwood also explores various themes throughout the book, a prominent one being the power of language. The Republic of Gilead prohibits women from reading, writing, and engaging in any other intellectual stimulation within its control. On her routine walks to the town, Offred notes that every sign on display includes no words. She reflects fondly on the times when she had the freedom to read and gain an education. In this new society, the government realizes that knowledge grants power and believes that women are not deserving of such power.

Atwood emphasizes this theme when Offred finds a note from the handmaid who previously resided in her quarters. The message is written in Latin, a language Offred is not familiar with in any capacity. Despite this, Offred finds great joy in the fact that she has uncovered something unknown to the rest. The idea that the government, a body that watches her each and every move, is not aware of this breach of protocol makes her feel empowered, almost as if she were regaining some of her personal freedoms stripped from her all that time ago.

One of the most prominent aspects of this novel that also contributes to this overarching theme is the language used to name each character throughout the book. Although Offred is referred to as "Offred" in the novel, this is not her real name. Her name stems from the word "Of" and her Commander's name. This naming system helps to further the idea that, in this world, women are seen as objects, and not as humans. They are the possessions of men and are disposable in the eyes of the government. When they produce children that are not "fit" to the standards of the elite couples, the Republic ships them away to a hellish place, and discards their children like faulty products in a factory.

In Atwood's interpretation of a dystopian society, she challenges societal norms of the present in a hyperbolized fashion. Her ideas seem far-fetched but actually act as commentary on today's perception of women. Although we live in a time in which women are seeing more equality than ever before, archaic notions regarding women still exist. With her writing, she highlights the misogyny and inequality that many women continue to face today.

The Handmaid's Tale by Margaret Atwood - First Anchor Books. April 1998. pp. 295

Giving Thanks & Giving to Others

By Alex Wright

Helping Hand Rescue



What comes to mind when you think of Thanksgiving? For many, the answer is a large meal on the table, too much turkey, too many side dishes, and an array of pies. Sound familiar? In many ways, the modern Thanksgiving dinner is a pure embodiment of gluttony. While we all know the point of Thanksgiving is to give thanks for the food we have on our tables, and many of us do just that, there is an expectation that food will be on the table. For many people, however, this is simply not the case. In our local communities, there are many families that regularly struggle to put food on the table, and for these folks, the reality of a Thanksgiving dinner with all of the trimmings is unattainable. To help combat this problem, many local organizations work to collect and distribute food to families in need. Recently, to help contribute to this effort, one of our students, Matthew Wright, teamed up with Mr. Homer to organize a Thanksgiving food drive.

With the help of Senora Segura, students in the National Honor Society made a concerted effort to contribute along with many other students and staff members. The drive was a success, yielding over 400 items of canned and dry foods to be donated to a local charity, the Helping Hand Rescue Mission, which has been providing Thanksgiving meals to families in the town of Huntington for the past fifty-four years. This year, the distribution provided full Thanksgiving meals--with a turkey and all of the sides--to 83 families, a new record for the small, family-run organization.

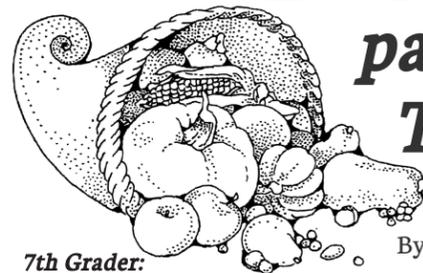
In response to the food drive, Reverend Kim Gambino, the president of the mission, said, "Thank you to the students of Cold Spring Harbor High School for a wonderful Thanksgiving food drive this year! We appreciate your community mindfulness and effort to help us fill those Thanksgiving baskets."



Photo Credit: Mr. Homer

Hopefully in future years Cold Spring Harbor High School will be able to continue to partner with this worthy organization and help people in need, so that all families can enjoy the holidays in a way many of us take for granted.

What is your favorite part of Thanksgiving?



7th Grader:

By Makayla Read

"My favorite thing about Thanksgiving is that I get to spend a lot of time with my family. I get to see my mom's side of the family every day since we go to school together and live near each other, but my dad's family lives in Pennsylvania. This Thanksgiving, we drove to spend the break with them and see my other cousins. They were so excited to see us, and we had a great time! My favorite thing that my grandma makes is her apple pie. She can make an apple pie like no other. It tastes delicious!"

8th Grader:

"My favorite part of Thanksgiving is all the good food! This year my whole family came to my house. We celebrated together and of course had to take a big family photo. My mom cooked the main foods, and my sister and I helped out with the desserts. We made apple pie, almond cookies, brownies, and cheesecake. I like the turkey and mashed potatoes with gravy the best."

Junior:

"My favorite thing about Thanksgiving is taking a break and being able to relax and spend time with friends and family. My favorite Thanksgiving foods are mashed potatoes and cranberry sauce. I also enjoy wearing a cute Thanksgiving outfit and [seeing] how my family dresses up to celebrate."

Junior:

"What I enjoy most about Thanksgiving is spending time with my family, relaxing, and eating good food. I love to bake desserts with my cousins for Thanksgiving dessert. Another thing I love about Thanksgiving is waking up in the morning to a nice breakfast and watching the Macv's Thankseiving Day Parade on TV."

POET'S Corner & Grok

A Dollar's Journey

By Julianne Massa

A dollar sits on the kitchen counter,
singular and alone.
It lies crinkled next to my unpaid bills
that rest beneath the broken paperweight.
It came from hours of back-breaking labor,
received in a white paper envelope
surrounded by other greenbacks.
But they were spent, and so am I.

Eventually this dollar will be gone, too,
vanished from the countertop.
And before I notice it's missing,
it will have taken up residence
in a new kitchen on a new counter.
It will lie flat and clean
next to the keys to the Bentley parked outside.
But loose money never lasts
in a house with an abundance of it.
It must be spent.
So it is taken to the local mall
and traded for a pair of shoes.

The dollar's next adventure
begins on the counter
of an old-fashioned ice cream store.
Sticky, yet folded carefully,
it's exchanged for a soft-serve cone.
A pair of wide eyes peek over the counter,
waiting anxiously for the treat.

And so, the dollar will continue its journey,
traveling from counter to counter,
having no control over where it ends up
or what state it will be in when it gets there.
But the dollar is forced to continue
because in order for money to make the world go round,
money must go around the world.

CSH EMBARKS ON A SCULPTURE JOURNEY

Look out for our new art course offering for 2019-20:

"Freelance 3D Art and Design"
Build a portfolio and design using a wide range of materials.



Coffee House Jam Review

By Victoria Caselnova

Highlighting the importance of the relationship between music, words and their impact on this world and our school, Coffee House Jam was created to represent the students of Cold Spring Harbor High School. The show, which took place on November 16th at 7 p.m., presented a combination of both serious and comic routines. Attending the Coffee House Jam for the first time, I was impressed by the aspiring talent and devotion all the students possessed.

Students came together with staff members, including the host, Mr Miller, to perform. Performers jammed on covers of well-known songs, as well as several savvy songs of their own, which were meaningful, smart, and funny. With brilliant acoustics including pianos and guitars, student acts wowed the audience. Mr. Miller commented on the event, saying, "Our 27th Jam was another electric event. The talent was special, and the crowd was awesome."

The Coffee House Jam was the perfect way to have a fun and educational Friday evening. It put a smile on my face and made my night. Look for the Coffee House Jam when it returns al fresco in the spring. **You won't be disappointed.**



Photo Credits:
Island
Photography



OUR SENIOR MURAL



By Gillian Drexler

In keeping with tradition, the senior class has created a new mural in the senior commons. In order to choose a design, members of the senior class submitted their work to the class advisors. The advisors then created a poll, and the senior class voted, choosing a photo taken by Samantha Healey of the can in Cold Spring Harbor.

The mural artists picked out paint to match perfectly the colors in the photo. They started off by projecting the photo onto the wall and then sketched out the outline of the design. After four long days of work, the mural was completed. "One of the hardest things to paint was the water. We had to spend a lot of time blending the paint to achieve certain effects and colors," said Ellie Fox. Overall, the team did a great job replicating the photo. It will be difficult for next year's mural to top this one.



Inspiration Photo Credit: Samantha Healey

Participants:

Isabelle Alyskewycz, Emily Berlinghof, Maddy Cover, Gillian Drexler, Ellie Fox, Claire Futter, Samantha Healey, Aina Khan, Ileanna Kufner, Morgan McBride, Avery Pusey, Sophia Taglich, and Grace Tauckus

Photo Credit: Ms. Henry



December 2018/February 2019
Volume 56, Number 2/Number 3
Cold Spring Harbor Jr./Sr. High School
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Cold Spring Harbor, N.Y. 11724

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