

Junior High School Physical Education

PHYSICAL EDUCATION 7

PHYSICAL EDUCATION 8

Full Year Alternate Days

Course Description

This core program affords students in grades 7 & 8 the opportunity to develop a general knowledge and overall appreciation of a wide variety of physical education activities. The emphasis at this level is on improving specific skills learned at the elementary school level and to develop more advanced skills primarily in the area of team sports. The program is designed to foster a positive attitude toward physical activity, participation and fitness. In addition, students will participate in a four-week CPR certification program. This course also involves students in project adventure/cooperative game activities.

Grading and Attendance

The following information has been reviewed with all physical education classes. For the 2010-2011 school year, physical education is now a letter grade. It is a requirement of New York State and a student must attend, dress appropriately and participate in order to receive a passing grade. Medical students are required to have a doctor's note on file and should be in constant contact with their physical education teacher. Written assignments will be given to those students who are unable to participate. Those assignments must be turned in by the end of the quarter or an Incomplete will be given as a grade. Any incomplete not made up will result in a failing grade.