

COLD SPRING HARBOR ATHLETIC DEPARTMENT

"A COMMITMENT TO EXCELLENCE"

COACH'S AUTHORIZATION FOR TEAM MEMBERSHIP AND COMPETITION

Name: _____ Sex: ___ Grade: ___ Sport: _____ Level _____

Home Tel. # _____

Mother Work # _____ Father Work # _____

Mother Cell # _____ Father Cell # _____

Mother's Email: _____ Father Email: _____

Student-Athlete's Email: _____

Emergency Contact Name & No. _____

Family Physician & No. _____ **Date of Birth:** _____

PARENT PERMISSION: I hereby give my son/daughter permission to engage in interscholastic athletics, with the understanding of the risks involved in participation.

Parent/Guardian Signature: _____ **Date:** _____

NURSE AND ATHLETIC DIRECTOR'S AUTHORIZATION: The sports physical and/or pre-participation evaluation has been completed and the above named student is approved for participation in interscholastic athletics.

Nurse's Signature _____ Date _____

Athletic Director's Signature _____ Date _____

All three (3) signatures are required prior to any practice or participation in an interscholastic athletic activity.

HEALTH CONCERNS/ALLERGIES:

Locker Info: _____

COLD SPRING HARBOR SCHOOL DISTRICT

ATHLETIC PRE-PARTICIPATION HEALTH UPDATE

Name: _____

DOB: _____

Grade: _____

Sport: _____

Sport Level: V JV JH

Since Last Medical Exam:

1. Have there been any illnesses or injuries requiring medical attention? _____

2. Is the student under a doctor's care or taking any medication? _____

3. Any feeling of faintness, dizziness or fatigue upon exertion? _____

4. Does the student wear contact lenses? _____ Glasses _____

(Safety Lenses are MANDATORY during participation in athletic activities.)

5. Are there any known allergies? _____

6. Are there any chronic diseases? _____

7. Has the student had a concussion or serious head injury? _____

8. Is there any reason this person cannot participate in any sport? _____

If yes to any of the above, please describe:

We understand clearly that the questions are asked in order to decide if this student is in a proper condition to participate in the sport named at the top of this form. The answers are correct as of the date this form is signed. All answers will be kept confidentially in his/her health record in the school health office.

Signature of _____

Parent/Guardian: _____ Student: _____ Date: _____

COLD SPRING HARBOR
EXPECTATIONS FOR PARTICIPATION IN
STUDENT ACTIVITIES AND ATHLETICS

Participation in extracurricular and co-curricular activities is an important part of the educational process, both academically and socially, in our School District. Such participation is a privilege and brings with it a responsibility, both academically and otherwise, when representing the School District. Standards of behavior are necessarily high and a willingness to adhere to such standards is an expectation for participation in student activities and athletics. Consistent with these expectations, students participating in extracurricular and co-curricular activities, as well as parent(s)/guardian(s), are required to sign this statement.

Attendance Requirements:

A student must attend class/school for a minimum of five (5) periods in order to participate in that day's event.

Other Eligibility Requirements:

Students who participate in extracurricular activities should recognize that they have an obligation to themselves, their teammates, and the school community to strive for excellence. Thus, such students are expected to:

1. Dress in a neat and appropriate manner, one which reflects pride in themselves, their home, and their school.
2. Understand and abide by the rules and regulations of the game/activity, respect the integrity and judgment of the officials, and exercise proper conduct; sportsmanship, citizenship, behavior, self-control and mutual respect for others at all times.
3. Use appropriate and acceptable language in dealing with other students, officials and spectators.
4. Attend scheduled practices/rehearsals, games and meetings, arrive on time, and participate in a cooperative and acceptable manner with respect to the coach/teacher/supervisor's expectations, training or other requirements.
5. Respect, properly care for and return all school property, lockers, equipment and uniforms issued by the school.
6. Behave in a manner that brings credit to the school, program, and/ or team.
7. Set a positive example by living a healthy lifestyle that includes refraining from the use and/or possession of alcohol, tobacco products and all forms of illegal drugs.
8. Take steps to prevent and not participate in any type of hazing or related initiation ceremony in conjunction with any school activity or involving any person associated with the school, regardless of where it occurs.
9. Treat fellow teammates, club members and others during the school day or at school-sponsored events whether on or off school grounds in a respectful and appropriate manner.

Summary:

Students who elect to participate in student activities and athletics are expected to serve as a role model and positive example by making good decisions and choices in both school and social settings. Students are expected to use good judgment to protect the health and safety of themselves and fellow students. Students who do not meet the basic expectations listed herein or the Cold Spring Harbor Student Code of Conduct will be subject to school discipline sanctions and, in addition, may be disciplined relative to their participation in extracurricular and/or co-curricular activities. This may include, but not necessarily be limited to removal from a meeting, practice or game and/or suspension or removal from the activity or team by the coach/teacher/supervisor.

Name of Student (Print)

Sport or Activity

Please circle if applicable: Varsity Junior Varsity 7th Gr. 8th Gr. .

_____ have read this statement and understand the requirements and content set forth and agree that by signing this statement, I accept the responsibilities that go with it.

Date

Parent/Guardian Name (Please Print)

I _____ have read and discussed this statement of expectations with my daughter/son.
Parent/Guardian signature

Date