

## COLD SPRING HARBOR ATHLETICS

### IMPORTANT DATES AND INFORMATION

#### January 17

- ♦ JH Winter II Sports Begin

#### January 18

- ♦ Bond Vote for Proposed Physical Education Facility

#### March 1

- ♦ Varsity Winter Sports Awards

#### March 6

- ♦ Varsity and JV sports Begin (Except Tennis and Golf)

#### March 13

- ♦ Varsity and JV Girls Golf and Boys Tennis Begin

### 2016-2017 HIGHLIGHTS

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# The Seahawk

Highlights from the CSH Athletics, Physical Education and Health Departments

FALL 2016

FALL EDITION

## COMPETITION CHEERLEADING

On Sunday, December 4, 2016, the Varsity Cheerleading team competed for the first time in Cold Spring Harbor history. The competition team, coached by Bailey Whitney, Trish Sihksnel and Tina Velez, practice six days a week to work on their difficult and high-energy routine full of dances, stunts and tumbling. The team and coaches are extremely proud and excited to be representing the Cold Spring Harbor community for the first time. They will be competing at four more competitions during their season: December 17th at Clarke High School, January 22nd at Walt Whitman High School, January 28th at Smithtown East High School, and February 4th at Glen Cove High School. Good luck to the girls on their first competition season. This is just the beginning for the future of the Cold Spring Harbor Cheerleading program!

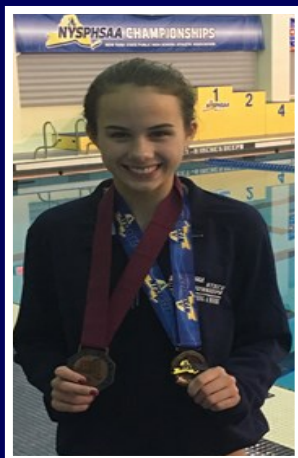


## GIVING BACK



On November 3rd, the Girls Varsity Soccer team visited the North Shore Holiday House. They helped organize clothes to sell in order to raise money to send underprivileged girls to summer camps. Coaches Steve Cacioppo and Ryan Towers brought the team and coordinated the event with Allison Halloran. Everyone worked diligently, putting damaged or stained articles of clothing into one pile for donation, and preparing the ones in good condition to be sold. It was a success. The team cleared bags and bags of clothing, even some of their own that they donated. The girls, who are already very close, thought this was a great bonding experience. They were humbled by the realities of those less fortunate than they are. It was extremely rewarding for the players to see the impact a team can have on the community outside of just athletics.

## TENNIS CHAMPS



**Camille Roberts**  
**Two Time County**  
**Diving Champ**

The Varsity Girls Tennis team had an excellent season this year. Moving from Conference II into Conference I didn't seem to affect the team which finished with a record of 12-2 securing the title of Conference I Champions. The girls went on to compete in the County Team Tournament, but lost in the Semi Finals to Great Neck North with a final score of 3-4. Returning to the team this year was ninth grader Merri Kelly Hannity who went undefeated during regular season. Merri Kelly went on to compete in the Nassau County Singles Tournament, where she defeated all of her opponents, earning her a first place finish and a spot to compete in the New York State Tournament. The State Tournament took place over Halloween weekend and started with a field of over sixty athletes. Once again Merri Kelly represented Cold Spring Harbor with the composure and tenacity of a player much older than her years. She competed in five matches over the tournament and finished 4<sup>th</sup> in New York State.



## PARENTS AND PLAYERS

The Girls Varsity volleyball team finished their season with a 3-0 win over Carle Place on Friday, October 28th. Seniors Vera Simmons, Tatiana Polsinelli, and Julia Brimeyer, were honored after the game. The victory was made special with the support of their parents in the stands, cheering them on. As a way to say thank you to all of the player's parents, the following morning the players and parents gathered for one final game. Parents, siblings, and friends all assembled in the new gym to take on the girls in a spirited game of "Parent vs. Player" volleyball. Both players and parents alike had an awesome time trying to out-play one another. In the end, the parents won the game two matches to one. The success of the season would not have been possible if not for the support of all of the parents. Thank you all for cheering on your daughters and supporting them, win or lose. The team had an amazing season. We look forward to the parent support and player success next year!



**Homecoming**  
**Pep Rally Crowd**

## MAKING A SPLASH



Cold Spring Harbor's Girls' Varsity Swimming and Diving team, which was comprised of a small roster of 16, had a successful season of competition. Camille Roberts (10<sup>th</sup> grade) made a new school diving record of 450.50 and is now a two time Nassau County Diving Champion! Camille qualified for the New York State Diving Championships in Ithaca where she competed with eleven dives and finished eighth in the state. Gabrielle Garra (7th grade) qualified for counties in the 100 yard backstroke at Division Championships. The team had three relays swimming at County Championships on November 4<sup>th</sup>.



# FALL PHOTO HIGHLIGHTS



## PE FOR PARENTS

This past November, the Physical Education department at Lloyd Harbor School had the pleasure of sharing their program with the PTG. With a focus on teaching philosophy, social and emotional learning, age appropriate activities, and physical fitness, the staff took the parents through a *Day in the Physical Education Life* of their child. From walking down the hall, to sitting on their floor numbers and participating in activities, the Lloyd Harbor parents confidently took part in a Physical Education class. They participated in new games and activities that their children have been introduced to like Eyes Up Eyes Down, Free Agent and 22 Skidoo. They were also introduced to the Rock Paper Scissors Challenge and the WOW (Workout of the Week). According to the parents, this proved to be a challenging and effective experience. These activities, some of which our staff were introduced to at the Nassau Zone Conference, help our students feel successful, included, and confident. With concepts like making eye contact when speaking to another person, being accepting of all classmates, brainstorming strategies and self-awareness, our physical education department strives to continue to serve the needs of all our students.

## OUTSTANDING PHYSICAL EDUCATION AWARD



The Nassau Zone Physical Education Award goes to a male and female student who demonstrate an active lifestyle in and outside of school. These students demonstrate responsible personal and social behavior. They also exhibit good sportsmanship, character, civility and citizenship. They act as leaders by being a positive influence on their peers. Each of these youngsters has exceptional achievement in Physical Education class. This year's Cold Spring Harbor recipients are seniors Abbey Ngai and Colin Burdo.



# Fall Sports Awards

Congratulations to all of the teams and individuals on their  
Fall Awards. Good luck to the Winter teams!

## Cheerleading

Shannon Fay – Coaches  
Grace Guglielmone – Sportsmanship  
Brooke Mohr – Coaches

## Crew

Mathais Bigger – Coaches  
Caroline Farahani – Sportsmanship  
Joseph Hubner – Coaches  
Mikayla Hubner – Coaches  
Daniel Margolis – Sportsmanship  
Annalise Story – Coaches

## Boys Cross Country

Robert Becker – Coaches  
Ryan Burns – Coaches  
Connor Lynn – Coaches

## Girls Cross Country

Annalise Giuffrida – Coaches  
Fiona Haegeland – Coaches  
Samantha Reim – Coaches

## Field Hockey

Paige DeNatale – Coaches  
Mikaela Hawkinson – Coaches  
Paige Herling – Coaches  
Grace Tauckus – Sportsmanship

## Football

Colin Burdo – Sportsmanship  
Connor Cassidy – Coaches  
David Marasciullo – Coaches  
Gavin McGowan – Coaches

## Boys Soccer

Daniel Battillo – Sportsmanship  
Reese Grossman – Coaches  
Dante Polsinelli – Coaches  
Jamie Schubauer – Coaches

## Girls Soccer

Elizabeth Cronin – Sportsmanship  
Caitlin Hooks – Coaches  
Isabelle Molinari – Sportsmanship  
Natalia Simmons – Coaches

## Swimming and Diving

Kelly Gallagher – Coaches  
Katie Northacker – Coaches  
Camille Roberts – Coaches  
Mackenzie Schwertl – Sportsmanship

## Tennis

Julia Amoruso – Coaches  
Brooke Martin – Coaches  
Madeline Richmond – Sportsmanship  
Colette Van Son – Coaches

## Volleyball

Julia Brimeyer – Sportsmanship  
Jenna Galli – Coaches  
Tatiana Polsinelli – Coaches  
Vera Simmons – Coaches

*"Set your goals high and don't stop until you get there" - Bo Jackson*



The next issue of THE SEAHAWK will be coming to you in the Winter of 2017



# VOTE

## **COLD SPRING HARBOR SCHOOLS BOND REFERENDUM**



### **BOND REFERENDUM JANUARY 18, 2017**

The Board of Education has approved a resolution to present to the district voters a proposed bond to construct a 9,798 sq. foot Physical Education Center at the Jr. /Sr. High School.

- The proposal will be a \$4.8 million bond to be funded over 20 years. The annual budgetary impact would be approximately \$98 for the average tax payer.
- This facility will be used primarily for the Jr. /Sr. High School physical education program for all students in grades 7 through 12.
- More detailed information is available on the district website ([www.csh.k12.ny.us](http://www.csh.k12.ny.us)).
- A Bond Brochure will be mailed to the community before the scheduled vote in January with further details.

(Voting will take place in the high school field house from 7 a.m.  
to 9 p.m. on January 18, 2017.

Residents may vote in person or by absentee ballots)